

How to Detect the Alum Baking Powder

"Which are the alum baking powders; how can I avoid them unless they are named?" asks a housekeeper.

Here is one way: take the can of a low-priced powder in your hand and read the ingredient clause upon the back label. The law requires that if the powder contains alum that fact must be there stated. If you find one of the ingredients named alum, or sulphate of aluminum, you have found an alum baking powder.

There is another and a better way. You don't have to know the names of the alum powders. Use Royal Baking Powder only; that assures you a cream of tartar powder, and the purest and most healthful baking powder beyond question.

TEACHERS' EXAMINATIONS.

Notice is hereby given that the County School Superintendent of Tillamook County, Oregon, will hold the regular examination of applicants for state certificates at the court room, Tillamook City, as follows:

Commencing Wednesday, December 17, 1913, at 9 o'clock a. m., and continuing until Saturday, December 20, 1913 at 4 o'clock p. m.

Wednesday Forenoon. Writing, U. S. History, Physiology. Wednesday Afternoon. Physical Geography, Reading, Composition, Methods in Reading, Methods in Arithmetic.

Thursday Forenoon. Arithmetic, History of Education, Psychology, Methods in Geography. Thursday Afternoon. Grammar, Geography, American literature, Physics, Methods in Language, Thesis for Primary Certificate.

Friday Forenoon. Theory and Practice, Orthography, English Literature, Chemistry. Friday Afternoon. School Law, Geology, Algebra, Civil Government.

Saturday Forenoon. Geometry, Botany. Saturday Afternoon. General History, Bookkeeping.

Yours Truly, W. S. Buel, County School Supt.

Applicants for renewal should make requisition for blank form in time to have same filled and returned to this office by the beginning of the examination.

W. S. Buel.

Tillamook Fishermen Make Little Money.

Fishing on Tillamook Bay is practically ended for this season with the most unsatisfactory results in the history of the industry. With only one cannery operating and two companies shipping fresh fish to outside markets, the fishermen have scarce broken even for the entire season.

The run of Chinooks was very light in comparison with other seasons. Few of the men employed had anything left after paying for their gear and the necessary expenses in the work. Many are losers for the season. The cannery pack of Chinooks amounted to very little and the mild cure pack was very light. Silversides were late in coming and dragged along until now, but the aggregate run of these fish was far less than in the past. A few hundred pounds each day was all the best men on the bay could secure.

The pack of chums at the Oregon Fisheries Company has been very good, although the fish have come slowly and straggled along during the entire season. Steelheads are slow in coming in this year. A few have been taken thus far. Not enough have been caught to warrant the buyers to fix a definite price, although some are quoting 4 cents to the fishermen.

A peculiar condition has existed this season in the run of fish. There was no great division between the coming of the various kinds of salmon as in the past, but all varieties have straggled along at the same time. At the local cannery all four kinds of fish have frequently been taken from the pick-up boat in the same hoist box. And all were really in good condition—bright and fresh looking.

The American Federation of Labor shows wisdom in declaring that the time is not ripe for the formation of a political labor party. Labor seems to be getting all the legislation it wants now.

Is Farming a Business.

A writer in the Business Educator of Columbus, Ohio, thinks not. Here are his reasons:

The farmer, as a rule, does not even know, within thousands of dollars, the amount of capital he has invested. Neither does he know with any accuracy the source of his gains or his losses, or the cost of his products. His ignorance as to these business essentials is, doubtless, directly traceable to the fact that he rarely keeps any accounts worthy of the name. But this is only secondary reason. The main one is that the farmer has never got into the habit of looking upon his farm and its operations as a financial enterprise, as does the business man who operates a store or a factory. In the pioneer days, the farm was merely the farmer's home. Out of its cultivated acres, by the hard toil of himself and family, he wrestled a living. He rarely expected or thought much about a surplus. Whatever the farm produced beyond these needs was so much gained—or wasted, if there was no market. Such deterioration of plant rarely entered into his calculations. Until this habit of thought is changed radically, and the farmer can be led to take a financier's view of his occupation, farming can not be called a business.

The trouble is that almost all of the uplifting movements for the benefit of farmers overlook the fact that a successful farmer is already a business man and that the farmer who needs to be codded cannot be redeemed. The farm Bureau does not recognize any codding. We have too long considered the farmers as in a class apart. Living on the soil does not make a farmer, and a "mutt" is a "mutt" whether he lives in the country or city. The answer to this is that farming is being put on a business basis and the inefficient will not stand the test. If the present generation of farmers do not farm on a business basis, they will be merely brushed aside by the more successful farmers who are business men. That is all there is to it.

It is said that the native residents of the Panama Canal zone do not admire the Americans and do not approve of American methods of sanitation. They will have to admit, however, that we constructed the canal, and that we have kept it clean.

Secretary of Commerce Redfield is planning a comprehensive inquiry into the economic principles of various industries of the nation. The first will deal with the cost of producing clothing from the raw material to the finished output. He says that he is not pursuing any individual for wrong doing, but that he is after economic facts as a basis for future legislation. The investigation will extend over a period of at least two years in order to follow the textile industry through its natural stages and observe the natural effects of the new tariff law. Said the secretary: "It is our purpose to find out, if possible, who makes the profits, who get the high wages, who get the low wages, and just what value a man gets when he buys a suit of clothes or some other garment. It will be a scientific inquiry into the cost of living, as far as that cost is affected by the things we wear."

The declared purpose of the Wilson administration to gradually extend governmental powers of the Filipinos toward the goal of self-government and the beginning of that policy under the direction of the new governor of the Philippines, Harrison, was the target of former President Taft in his address before the Brooklyn Institute of Arts and Sciences Wednesday. Taft intimated plainly that to turn these islands loose would be to turn them over to an oligarchy of eloquent orators, who have no real conception of civil and individual liberty. Also he said that our withdrawal would mean the beginning of a relentless war between the Moros and the Filipinos. In a previous address by Mr. Taft at Pottstown on the 15th, he spoke on what a president of the United States can do and can not do, making a plea for more civil service reform to lighten the burdens of the executive. He was convinced that all of the offices except a few including cabinet ministers and federal judges should be filled under the civil service rules, thus taking a great and unreasonable burden off the shoulders of the president.

The Man Who Neglects Himself. When his condition points to kidney trouble, pain and soreness over the kidneys, nervous or dizzy spells, poor sleep, are all symptoms that will disappear with the regular use of Foley Kidney Pills. They put the kidneys and bladder in a clean, strong and healthy condition. For sale by all druggists.

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Between the ultimatum presented by President Wilson, Secretary Bryan, Special Envoy Liad, General Agent Haie and Charge d'Affaires O'Shaughnessy the heads of the Mexican Government will be puzzled to choose discreetly.

By objecting to anything that looks like a naval demonstration in Mexican waters by Great Britain, the administration has assumed full responsibility for the protection of foreign citizens and property, which means intervention whenever foreign powers ask for it.

The women of Bavaria have been given the right to vote on the election of judges and officers of the Chamber of Commerce. British militants might take note that Bavarian windows are still whole, no houses have been burned and not single statesman horseshipped.

A St. Louis woman has recovered a judgment for \$1500 against a bottling company for personal injuries received when she was run over by a team belonging to the company. The defense was that she wore a hobble skirt at the time and that this constituted contributory negligence. There was a clash of expert witnesses, but the preponderance of the testimony appears to have been that the hobble skirt is not a hobble at all, that it permits of utmost freedom of motion and that the plaintiff was exercising the normal caution that any well-dressed woman would display upon a thoroughfare. The presiding judge judicially remarked after the verdict was received that the hobble skirt stood acquitted by his court.

The clash in the Conservation Congress was not unexpected nor can future clashes be easily avoided. The question as to whether conservation shall be in charge of the state or of the nation will not go down. Advocates of national control, on the other hand, dwell on the red-tape methods of the Circumlocution Office. It is as natural for a bureau to spin red tape as it is for a spider to spin a web. They point to the fact that while the law permits certain necessary and sensible things application must be made to a bureau 2000 miles away. They say that it is almost as difficult to get a few limbs of dead trees in the Colorado forest reserve for firewood as it is to get a pension.

For Sale. 3 year old colt, well broke and gentle, for sale cheap by Frank Paul, 1 mile south of town.

Guarding Against Croup. The best safeguard against croup is a bottle of Foley's Honey and Tar Compound in the house. P. H. Ginn, Middleton, Ga., writes: "My children are very susceptible to croup, easily catch cold. I give them Foley's Honey and Tar Compound and in every instance they get prompt relief and are soon cured. We keep it at home and prevent croup." For sale by all druggists.

A 15 Watt Mazda Lamp

On your front porch can be lit every night until midnight and register not over fifty cents per month on the meter.

TILLAMOOK ELECTRIC LIGHT AND FUEL COMPANY
WILL SPALDING, Manager.

YOU!!
—man—if you want the finest old, mellow whiskey, order
OLD I. W. HARPER WHISKEY
In 50 years its equal hasn't been found.
E. F. LAUGHLIN,
Tillamook, Ore.

WATER FED THE FLAMES.

Hopeless Fight Against a Peculiar Conflagration at Sea.

When the freighter Hardy steamed out of Le Treport, France, she carried besides the mineral water in her hold a number of small wooden cases marked "metallic sodium."

The channel was rough. The vessel rolled and pitched violently. The captain saw that the ship was listing to port and, suspecting that the cargo was shifting, sent a boatswain below to investigate. As the boatswain entered the hold he saw that several cases of mineral water had broken and that the water was swishing about in the hold. Then suddenly he saw one of the wooden cases marked "sodium" burst into flame.

Immediately he gave the alarm, and the crew rushed to their fire stations. The captain directed the men to play the hose into the hold. As the first stream of water struck the burning case there were several explosions as package after package within the case caught fire. By this time two other cases of sodium had broken open, and their contents as they came in contact with the water from the hose burst into flames.

The crew could not believe their eyes. The more water they poured on the fire the more intense grew the conflagration. Then suddenly two cases flew into the air, crashed against the overhead beams and spread out in sheets of fire, the smaller pieces dropping back only to bounce and dance about, hot balls of flame, in the half swamped hold.

Panic stricken, the crew dropped the hose lines and fled above decks. But the captain ordered the cargo bung into the sea and led his men back into the hold. They succeeded in throwing several of the cases overboard. But as each case hit the waves it rebounded into the air, a flaming ball.

The superstitious crew was fast becoming unmanageable, and the captain saw that in any case he must abandon the ship. He ordered the crew to the boats not one moment too soon, for as the boats rowed away from the blazing bulk several loud explosions came from the hold. Then there was one mighty detonation. The freighter broke in two and plunged out of sight.

The origin of the fire was, of course, in the sodium. Sodium is a peculiar metal, which oxidizes rapidly when water touches it and flames as soon as the water becomes warm. According to the chemist's classification, it is the second member of the alkali group that includes lithium, potassium, rubidium and caesium. All of these elements have the same characteristics as sodium in greater or less degree. The sodium should have been shipped in hermetically sealed tin cans enclosed in wooden cases. But the rolling of the ship and the careless stowing of the cargo broke open some of these cases, and the sodium, which was not properly packed, was liberated.—Boston Herald.

Origin of a Famous Hymn. It seems to be a very solid fact that the poet Cowper, author of the hymn "God Moves In a Mysterious Way," attempted suicide—not only once, but several times. In fact, the popular hymn referred to was written right after one of such attempts. The driver whom he had engaged to take him to the river in which he had purposed drowning himself, being suspicious of his customer's intention, drove him around in the closed carriage and finally set him down at his own door. Stepping out, and finding the old familiar scenes, the poet, now repentant, rushed into the house and instantly composed the immortal hymn—"God Moves In a Mysterious Way His Wonders to Perform."—New York American.

A Common Center. "It makes no difference how irregularly objects are arranged, their combined influence at their force center is spherical." This is a fundamental fact of the entire sidereal structure. Millions upon millions of suns and worlds flying in all directions as bees in a swarm or moving in cosmic streams and as current of stars, act by means of universal gravitation precisely as though they were all condensed into a gigantic globe at their common center of gravity.—Edgar Lucien Larkin in New York American.

She Knew All Right. "Madam," half a dozen men hastened to assure her, "this is the smoking car."
"I know it," she said, calmly seating herself, "but I am sure the man in here are more polite than they are in the car ahead. I couldn't get a seat at all there. I don't mind the cigars either. They're better than my husband smokes."
No further objection was offered, and she kept her seat.—Chicago Tribune.

No Chance For Leopard. Willie—Mother, the Sunday school teacher says we should all of us try to be as spotless as we can. Mother—Certainly, Willie; that's right. Willie, after a pause, and thoughtfully—Then I'm glad I'm not a leopard.—Chicago Record-Herald.

She Hit It. Mr. Gnaggs—Madam, you will have to economize. You are very extravagant. Mrs. Gnaggs—Dear me! Mr Gnaggs—I quite agree with you.—Philadelphia Record.

A friend is one of life's best blessings. To be a friend is to be lifted a little way toward heaven each day.

Not Beyond Help at 87. Sleep-disturbing bladder weakness, stiffness in joints, weak, inactive kidney action and rheumatic pains, are all evidence of kidney trouble. Mrs. Mary A. Dean, 47 E. Walnut St., Taunton Mass., writes: "I have passed my 87th birthday, and thought I was beyond the reach of medicine, but Foley Kidney Pills have proved most beneficial in my case." For sale by all druggists.

Made My Life Worth Living

"I feel it my duty to tell others what Chamberlain's Tablets have done for me," writes Mrs. L. Dunlap, of Oak Grove, Mich. "I have suffered with pains in my back and under my shoulder blade for a number of years, also with a poor appetite and constipation. I tried all of the remedies that I heard of, and a number of doctors, but got no relief. Finally a friend told me to try Chamberlain's Stomach and Liver Tablets. I got a bottle of them and they soon helped my stomach; by their gentle action my bowels became more regular. Today I feel like praising them to all who suffer as I did, for they have cured me and made my life worth living."



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KEEPS OUT ALL THE RAIN.

You don't know how much real comfort you can take out of a rainy day until you have worn a

TOWER'S FISH BRAND REFLEX SLICKER

The only slicker with the famous Reflex Edge (pat'd) that prevents water from running in at the front. Made for hard service. Two colors—black or yellow.

\$3.00 Everywhere.



Babies will grow and while they are growing, you should have them photographed often enough to keep a record of each interesting stage of their childhood. You will prize the collection of baby's pictures more and more as the years go by Monk's Studio.

If you are thinking of buying a good Harness, horse covers, halters, or anything in the harness line it will pay you to see me.

I also carry the famous Shartkey's collar.

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