

Comparative Digestibility of Food

Made with different Baking Powders

From a Series of Elaborate Chemical Tests:

An equal quantity of bread (biscuit) was made with each of three different kinds of baking powder—cream of tartar, phosphate, and alum—and submitted separately to the action of the digestive fluid, each for the same length of time.

The relative percentage of the food digested is shown as follows:

Bread made with Royal Cream of Tartar Powder: 100 Per Cent. Digested

Bread made with phosphate powder: 68 1/4 Per Cent. Digested

Bread made with alum powder: 67 3/4 Per Cent. Digested

These tests, which are absolutely reliable and unprejudiced, make plain a fact of great importance to everyone: Food raised with Royal, a cream of tartar Baking Powder, is shown to be entirely digestible, while the alum and phosphate powders are found to largely retard the digestion of the food made from them.

Undigested food is not only wasted food, but it is the source of very many bodily ailments.

The Paige '36' Auto.

The Paige '36' design and equipment includes such features as: Left Side Drive, Center Control, Gray & Davis Electric Starting and Lighting System, Silent Chain Drive for Cam Shaft, Pump and Generator (all enclosed), Cork Insert Multiple Disc Clutch, Bosch Magneto, 16-inch Wheel Base, 4 x 5-inch Motor, cast en bloc, Enclosed Valves, Three Bearing Crank Shaft, Unit Power Plant, Selective Type Transmission, 3 1/2 x 4-inch Tires, Demountable Rims, Floating Type Rear Axle, Full Elliptic Scroll Rear Springs, 14 x 2-inch Brake Drums, Imported Annular and Hyatt Roller Bearings, Aluminum Cast Crank and Transmission Cases, Built in, Adjustable, Ventilating, Rain-vision Windshield, Gasoline Tank under Shroud Dash, Gas and Spark Controls on top of Steering Wheel, Dash Adjustment for Carburetor, 17-inch Steering Wheel, Irreversible Gear, Rear Door 21 inches wide, Front 19 inches, 10-inch Upholstery, Deep Tilted Cushions, Long, Clean Running Boards, Ammeter, Carburetor Adjuster, Magneto and Lighting Switches, etc., imbedded in Auxiliary Dash, convenient to operator.

Men who know motor cars recognize instantly that this Paige '36' is unequalled for value. And your most searching investigation must convince you likewise. Look at it from any angle—measure it by any known standard—ride in it—drive it—the answer is the same. Paige cars are designed and built by men who know motor car values to the last detail—and the Paige '36' is their expression of extreme value. The Paige '36' today enjoys the distinction of being the most remarkable motor car value of the year—an achievement we are naturally quite proud of because it so truly reflects Paige policy.

Five different body models are built on the Paige '36' class—a five passenger Touring, a two passenger Roadster, a two passenger Raceabout, a four passenger Coupe and a five-passenger Sedan.

PRICES, 1,300 and 1,600 P.O.B. PORTLAND. E. H. HARRIS, Agent, Jenkins' Jeweler Store.

A Good Buy

We are desirous of disposing of our grocery and dry goods stock with building and lot at Elmore Park and offer same to a hustling buyer at absolute cost. About \$1200 will handle the deal. Persons can be arranged to suit. Address Elmore Park, Rockaway.

Dairy Lands for Sale

161 acres choice dairy land, partly improved, good pasture, easily cleared, plenty spring water, no hills, no rocks. Handy barn, good community, and market for milk, 12 miles from Salem and 2 miles from Amusville. Will sell all or part. \$60 per acre. Terms in cash. Amberg Bros., Amusville, Ore.

Happy Bend.

Mrs. Krake was in town last week to see the Doctor and he pronounced her case bronchitis. She is improving.

Frank Kumm went to town Monday with a load of potatoes.

Gus Shoppard and family were up to the ranch Saturday.

Mr. Krake and son, Eldee, are working in Beaver this week.

Rev. R. Y. Blalock will preach the first Sunday of each month at Boulder; Rev. Barker at Happy Bend the Second Sunday.

Emanuel Borba is on the sick list.

Mrs. Kinnaman, who has been quite sick, is able to be out again.

Mr. and Mrs. Mills are reported sick, but are improving.

Happy Bend has organized a literary society and will meet every Friday evening. Subject for next Friday: Resolved, That more can be learned from traveling and observation than reading and meditation.

Sewer Pipe for Sale

For Sale all sizes of sewer pipe and sewer connections. See L. H. McMahan.

Restaurant Utensils for Sale. Restaurant Utensils of all descriptions for sale. Enquire at 102 First Street West, Tillamook City.

For Sale

80 acres of bottom land known as the Peter Brant place. The price is \$400 an acre. Vincent Jacob.

Methodist Minister Recommends Chamberlain's Cough Remedy. Rev. James A. Lewis, Milaca, Minn., writes: "Chamberlain's Cough Remedy has been a needed and welcome guest in our home for a number of years. I highly recommend it to my fellows as being a medicine worthy of trial in cases of colds, coughs and croup." Give Chamberlain's Cough Remedy a trial and we are confident you will find it effectual and continue to use it as occasion requires for years to come, as many others have done. For sale by all dealers.

A New Photo Studio

Will be opened in this city in one week. It will be known as the Tillamook Studio, and is managed by J. A. Dahlgren, who for several years managed the McMillan Studio here and whose work gave general satisfaction.

The Tillamook Studio will supply the finest portraits, groups, outside views and scenery, also lantern slides.

Post cards will also be made and delivered in one hour after negatives are made.

We use the latest and best processes and styles and we guarantee satisfaction, or return the money. Our prices will always be as low as any and we will appreciate a share of your patronage. We are here to stay and hope our old friends and our new ones as well, will call and see us. Located next to Sarchet's shop after March 1st. TILLAMOOK STUDIO.

Don't You Believe it.

Some say that chronic constipation cannot be cured. Don't you believe it. Chamberlain's Tablets have cured others—why not you? Give them a trial. They cost only a quarter. For sale by all dealers.

Resolutions Good For All The Year.

Resolve: That you will keep so busy boasting that you won't have time to knock.

That you will vote, talk and work for a bigger, better, brighter town.

That you will help to make this a good town so the town can make good.

That you will increase the value of your property by improving its appearance.

That you will say something good about this town every time you write a letter.

That you will invest your money here where you made it and where you can watch it.

That you will not point out the town's defects to a stranger or fail to point them out to a neighbor.

That you will keep your premises picked up and your buildings repaired as a matter of both pride and profit.

That you will never buy a thing outside your own town until the local merchants have been given a chance to sell it to you.

That you will brag about this town so much that you will have to work for this town in order to keep from being a liar.

That you will take a half day right now to pick up the odds and ends around the place and turn them into either use, money or ashes.

That you will make friends with the farmers, if a town man, or with the town folks, if a farmer, and help work together for the good of the community of which this town is the center.

Standing of the Contestants.

Standing of contestants at Mason, Pennington & Co. up to Wednesday, Feb. 26, for the upright parlor grand piano:

Table with 3 columns: Rank, Name, and Score. Lists contestants like Mrs. Krake, Frank Kumm, Gus Shoppard, etc., with their respective scores.

Old Age.

Old age as it comes in the orderly process of nature is a beautiful and majestic thing. It stands for experience, knowledge, wisdom and counsel. That is old age as it should be, but old age as it often is means poor digestion, torpid bowels, a sluggish liver and a general feeling of ill health, despondency and misery. This in almost every instance is wholly unnecessary. One of Chamberlain's Tablets taken immediately after supper will improve the digestion, tone up the liver and regulate the bowels. That feeling of despondency will give way to one of hope and good cheer. For sale by all dealers.

DELINQUENT TAX LIST, 1912.

This advertised list of delinquent taxes for the year of 1912 is in pursuance of an act of the State Legislature which is embodied in Chapter 275 of the GENERAL LAWS OF THE 1911 SESSION.

The taxes on the following advertised real property, situated in Tillamook County, Oregon, became delinquent on Monday, October 7, 1912, and are subject to a penalty of ten per cent, and interest at the rate of 12 per cent per annum from Monday, April 1, 1912 until they shall have been paid. Any day after the expiration of six months after the taxes charged against the following real property are delinquent, the sheriff is authorized upon demand of any person making application, to issue to them a certificate of delinquency, upon payment of the taxes, penalty, interest and costs of advertising.

Certificates of delinquency shall bear interest from the date of issuance until redeemed at the rate of 15 per cent per annum. S. H. Rothermel, E. 1/2 of S. W. 1/4 and S. 1/2 of S. E. 1/4, Sec. 17, Tp. 1 N., R. 9 W., containing 160 acres \$24.72

M. H. Kelley (Trustee) S. 1/2 of N. E. 1/4 and N. 1/2 of S. E. 1/4, Sec. 22, Tp. 1 N., R. 9 W., containing 160 acres \$16.15

J. P. Magninn, S. E. 1/4 of N. W. 1/4, E. 1/2 of S. W. 1/4, and W. 1/2 of S. E. 1/4, Sec. 25, Tp. 1 N., R. 9 W., containing 160 acres \$19.95

S. P. Christensen, S. W. 1/4, Sec. 23, Tp. 3 N., R. 9 W., containing 160 acres \$54.82

M. M. Little, W. 1/2 of N. E. 1/4 and S. E. 1/4 of N. W. 1/4, Sec. 15, Tp. 1 S., R. 9 W., containing 120 acres \$1.80

W. R. Owens, S. 1/2 of N. E. 1/4, Sec. 9, Tp. 2 S., R. 9 W., containing 80 acres \$4.62

M. H. Owens, S. W. 1/4 of N. W. 1/4 and N. W. 1/4 of S. W. 1/4, Sec. 10, Tp. 2 S., R. 9 W., containing 80 acres \$20.85

C. E. Black, 30 acres off E. side of N. W. 1/4 of N. W. 1/4, Sec. 13, Tp. 2 S., R. 10 W., and 30 acres off S. side of N. E. 1/4 of N. W. 1/4, Sec. 13, Tp. 2 S., R. 10 W. \$3.00

Ben Johnson, Garibaldi. Sam Johnson, Garibaldi. J. S. McDonald, Garibaldi. Wm. Kennedy, Garibaldi. John Johnson, Garibaldi. D. P. Trowbridge, Hobsonville. John Johnson, Garibaldi. H. Champe, Garibaldi. Jeff Fleck, Garibaldi. E. Reelitz, Garibaldi. F. Hingsworth, Garibaldi. Andrew Peterson, Garibaldi. K. B. Kennedy, Garibaldi. Mrs. K. B. Kennedy, Garibaldi. J. A. Johnson, Garibaldi. C. V. Stoker, Garibaldi. Mary B. Smith, Garibaldi. James Langley, Garibaldi. Emma Langley, Garibaldi. F. Buckles, Garibaldi. A. G. Johnson, Garibaldi. G. Balmer, Garibaldi. Mrs. A. G. Johnson, Garibaldi. R. Center, Garibaldi. Axel W. Anderson, Hobsonville. Mrs. C. Miller, Garibaldi. W. F. Balmer, Garibaldi. Mrs. Lulu Fleck, Garibaldi. B. H. Zavitz, Rockaway. Wm. Hartzell, Garibaldi. George Perry, Rockaway. M. Moroney, Rockaway. N. K. Emery, Bar View. F. C. Robinson, Bar View. M. Adamson, Bar View. H. Anderson, Garibaldi. J. Johnson, Garibaldi. Henry Jennings, Garibaldi. M. F. Robinson, Bar View. S. Davis, Rockaway. Mrs. R. A. Evans, Garibaldi. K. Patterson, Garibaldi. E. F. Jackson, Rockaway. M. F. Bowman, Garibaldi. Mrs. Mell Mitchell, Garibaldi. Clark Smith, Garibaldi. Joe Jessinger, Rockaway. Frank Kroth, Hobsonville. E. K. Kramlauf, Garibaldi. State of Oregon, County of Oregon, ss. County of Tillamook, ss. I, J. J. McCormick, being first duly sworn say that I am one of the petitioners above named, and have read the foregoing petition, that all of the facts and statements therein contained and set forth are true as I verily believe, and to my best knowledge and belief.

Subscribed and sworn to before me this 25th day of February, 1913. J. J. McCormick, Notary Public for Oregon. NOTICE IS HEREBY GIVEN—That said petition will be called up for action in the County Court of Tillamook County, Oregon, on the 3rd day of April, 1913, and based on said petition, said McCormick, on said last named date, will apply to said County Court for a license to be granted to him to sell within said Garibaldi Precinct and in the town of Garibaldi therein, spirituous, malt and vinous liquors, fermented cider, commonly known as hard cider, for a period of one year, from the date of said license. Dated this 25th day of February, 1913. J. J. McCormick.

A strange problem in some of the Latin-American states is why revolutionary leaders should fight each other desperately for something that can be held for only a short time, and by continued fighting.

The president elect repeats that he will not finally close his cabinet selections until the day of his inauguration. All who have been "mentioned" will consequently be on their good behavior until March 4.

By practically coincident conviction under the criminal features of the Sherman law of the men in the bath tub combination and the cash register monopoly, the government has shown power to control the worst features of unfair restraint of trade. It has been shown that not only can combinations be dissolved, but that those making them can be punished.

Notice To Water Consumers. NOTICE IS HEREBY GIVEN.—That water rents must be paid by the 10th of each month at the office of the Water Commission, and if not paid by that date water will be shut off. E. D. HOAG, Supt.

NOTICE OF APPLICATION FOR LICENSE TO SELL SPIRITUOUS MALT AND VINOUS LIQUORS AND HARD CIDER, ETC. NOTICE IS HEREBY GIVEN.—That a petition presented in and to the County Court of Tillamook County, Oregon, for a liquor license, in words, letters and figures and a full true and correct transcript therefrom and the whole thereof is as follows, to-wit: In the County Court of the State of Oregon for the County of Tillamook. In the matter of the Application of J. J. McCormick, for a Liquor License. To the Honorable County Court above named.

We the undersigned, hereby allege and show to you the following facts and petition you as follows: We, the undersigned, are residents and legal voters within Garibaldi Precinct, in Tillamook County, Oregon, and have been such for more than thirty days next preceding the date and signing of this petition and the filing thereof, having been and now are actual residents and legal voters within said Precinct for more than thirty days next preceding Feb. 24, 1913.

This we hereby petition you to grant a license to sell spirituous, malt, fermented and vinous liquors and hard cider or fermented cider, commonly called hard cider, for a period of one year from the date of the granting of such license within said Garibaldi Precinct, to the above named J. J. McCormick. Dated this 24th day of February, 1913. John A. Nelson, Garibaldi. Geo. W. Phelps, Garibaldi. Chas. R. Gatchett, Bar View. C. F. Alexander, Garibaldi. Chas. Morgan, Garibaldi. O. C. Hawthorne, Bar View. L. W. Wing, Garibaldi. A. R. Phelps, Garibaldi. A. E. McKune, Garibaldi. A. M. Hawthorn, Garibaldi. John Paquet, Garibaldi. A. F. Paquet, Garibaldi. W. H. Lerby, Bar View. Mrs. A. Anderson, Garibaldi. Mrs. Chas. Morgan, Garibaldi. W. H. Lerby, Bar View. A. F. Goff, Garibaldi. Carl E. Loll, Garibaldi. J. B. Schramm, Garibaldi. C. O. Shagen, Bar View. Mrs. E. H. Best, Rockaway. L. W. Powell, Rockaway Beach. Mrs. W. T. Johnson, Garibaldi. H. S. Hewitt, Bar View. L. W. Powell, Rockaway Beach. Mrs. M. A. Powell, Rockaway Beach. Rd. H. Wood, Rockaway Beach. Blanche Wood, Rockaway Beach. O. W. Estes, Rockaway Beach. Arthur Davis, Rockaway Beach. J. J. McCormick, Garibaldi. Geo. G. Russell, Garibaldi. Mrs. J. J. McCormick, Garibaldi. J. B. Schramm, Garibaldi. Thomas Quinn, Garibaldi. Clyde Miller, Garibaldi. S. E. Derby, Garibaldi. A. N. Evans, Garibaldi. L. L. Smith, Garibaldi. A. N. Blyling, Rockaway P.O. G. H. Benson, Bar View. Mrs. L. Lalumiere, Tillamook Beach. Geo. Lalumiere, Tillamook Beach. H. M. Davis, Rockaway Beach. Mrs. H. M. Davis, Rockaway Beach. C. A. Austin, Rockaway Beach. M. B. Shaffer, Rockaway Beach. D. W. Johnston, Garibaldi. R. S. Thompson, Garibaldi. J. Marshall, Garibaldi. J. H. Smith, Bar View. Paul Dowling, Garibaldi. Sarah E. Shaffer, Manhattan. Alfred Johnson, Manhattan. Mrs. Anney Johnson, Manhattan. Peter Schrantz, Rockaway. Mrs. Prier Schrantz, Rockaway. Elmer J. Hauby, Rockaway. J. Anderson, Rockaway. Oscar Jensen, Rockaway. James Bates, Rockaway. Ella Bates, Rockaway. Paul Schraeder, Rockaway. Lloyd C. Smith, Garibaldi. R. E. Jackson, Garibaldi. A. A. Smith, Garibaldi. C. L. Stedman, Jr., Garibaldi. M. E. Kramlauf, Garibaldi.

Bids Wanted.

Long Prairie Creamery Co will receive bids for hauling 1913 cheese from its factory to Tillamook City both to railroad and steamer wharf. Leave bids at Carl Haberlach's office before March 1, 1913. Company reserves right to reject any or all bids.

Notice.

Owing to the growth of the Pacific Telephone Company a new arrangement has been made whereby all bills are mailed to the subscribers and they are requested to remit or call at the office.

KEEPS OUT ALL THE RAIN

You don't know how much real comfort you can take out of a rainy day until you have worn a TOWER'S FISH BRAND REFLEX SLICKER. The only slicker with the famous Reflex Edge (pat. 7) that prevents water from running in at the front. Made for hard service. Two colors—black or yellow.

\$3.00 Everywhere. SATISFACTION GUARANTEED. A. J. TOWER CO. BOSTON. Tower-Clothes Limited, Toronto, 1012. TOWER'S FISH BRAND. WATER CANNOT RUN IN AT THE FRONT. REFLEX EDGE. PROTECT YOU.

FAMILY RECIPES.

The valued family recipes for cough and cold cure, liniments, tonics and other remedies have as careful attention here as the most intricate prescriptions.

Our fresh, high grade drugs will help to make these remedies more effective than ever.

Right prices are also assured.

CLOUGH, Reliable Druggist.

W. G. McGehee, M.D. PHYSICIAN & SURGEON. Office: One Block East of Post Office.

The Range With A Reputation. Some of the Reasons Why. Outwears Three Ordinary Ranges. Economical In Fuel. The Great MAJESTIC Charcoal and Malleable Iron RANGE. It Should Be in Your Kitchen. Alex. McNair Co.