

SEVEN-SCORE OF YEARS.

The Extreme Old Age of Some Southern California Indians.

The early inhabitants of Southern California, according to the statement of H. H. Bancroft and other reports, were found to be living in Spartan conditions as to temperance and training, and in a highly moral condition, in consequence of which they had uncommon physical endurance and contempt for luxury. This training in abstinence and hardship, with temperance in diet, combined with the climate to produce the astonishing longevity to be found here, says Charles Dudley Warner in Harper's Magazine. Contrary to the customs of most other tribes of Indians, their aged were the care of the community. Dr. W. A. Winder, of San Diego, is quoted as saying that in a visit to El Cajon valley some thirty years ago he was taken to a house in which the aged persons were cared for. There were half a dozen who had reached an extreme age. Some were unable to move, their bony frames being seemingly ankylosed. They were old, wrinkled and bear-eyed; their skin was hanging in leathery folds about their withered limbs; some had hair as white as snow, and had seen some seven-score of years; others, still able to crawl, but so aged as to be unable to stand, went slowly about on their hands and knees, their limbs being attenuated and withered. The organs of special sense had in many nearly lost all activity some generations back. Some had lost the use of their limbs for more than a decade or a generation; but the organs of life and the "great sympathetic" still kept up their automatic functions, not recognizing the fact, and surprisingly indifferent to it, that the rest of the body had ceased to be of any use a generation or more in the past. Dr. Palmer has a photograph (which I have seen) of a squaw whom he estimates to be one hundred and twenty-six years old. When he visited her he saw her put six watermelons in a blanket, tie it up, and carry it on her back for two miles. He is familiar with Indian customs and history, and a careful cross-examination convinced him that her information of old customs was not obtained by tradition. She was conversant with tribal habits she had seen practiced, such as the cremation of the dead, which the mission fathers had compelled the Indians to relinquish. She had seen the Indians punished by the fathers with floggings for persisting in the practice of cremation.

At the mission of San Tomas, in Lower California, is still living an Indian (a photograph of whom Dr. Remondino shows), bent and wrinkled, whose age is computed at one hundred and forty years. Although blind and naked he is still active, and daily goes down the beach and along the beds of the creeks in search of driftwood, making it his daily task to gather and carry to camp a fragment of wood.

CANADIAN FORESTS.

Varieties of Trees Best Suited to Propagation. From present experience, says the Toronto Empire, the varieties most promising for Manitoba and the Northwest are as follows: Box elder, variously known as Manitoba maple, ash-leaved maple and negro maple, when grown from Northern seed. These lead in hardness and general adaptability. American elm and white ash also do well when grown from Manitoba seed, and show in a marked degree greater hardiness than those raised from Eastern seed. Yellow canoe and white birch, as well as the cut-leaved varieties, are promising. American and European mountain ash are showing adaptability to soil and climate in a surprising degree. Of the maples (acer dasycarpum) the soft maple and Norway maple are partially successful at Indian Head. The Russian poplars, remarkable for their hardness and rapidity of growth, are destined to be of great value to our settlers in the Western prairie region, where they form shelter belts for tenderer varieties in incredibly short periods. Experiments on the branch farms at Brandon and Indian Head thus far have demonstrated that in the line of shrubs, cleome argentea and aelignum angustifolium—this last commonly called Russian wild olive—Siberian pea tree (caragan arborea) and several varieties of the lilac, the Japanese rose (rosa rugosa) will also be useful.

HOSPITABLE CALIFORNIANS.

Food and Means of Transportation to Be Had for Less. The kindness and hospitality of the native Californians have not been overstated, says General Bissell in the Century. Up to the time the Mexican regime ceased in California they had a custom of never charging for anything; that is to say, for entertainment—food, use of horses, etc. You were supposed, even if invited to visit a friend, to bring your blankets with you and one would be very thoughtful if he traveled and did not take a knife with him to cut his meat. When you had eaten, the invariable custom was to rise, deliver to the woman or hostess the plate on which you had eaten the meat and beans—for that was about all they had—and say: "Muchas gracias, senora" ("Many thanks, madame"); and the hostess as invariably replied: "Buen provecho" ("May it do you much good"). The missions in California invariably had gardens with grapes, olives, figs, pomegranates, peaches and apples, but the ranches scarcely ever had any fruit. When you wanted a horse to ride you would take it to the next ranch—it might be twenty, thirty or fifty miles—and turn it out there, and some time or other in reclaiming his stock the owner would get it back. In this way you might travel from one end of California to the other.

Minute Sea Organisms. The surface of the sea is alive with vast swarms of minute organisms, both plants and animals, and the Challenger investigations have shown conclusively that showers of these keep dropping day and night like a constant rain toward the ooze of the bottom.

A Vain Search.

SEVERAL YEARS AND THOUSANDS OF DOLLARS EXPENDED.

An Expert Accountant and Bookkeeper of Detroit Troubled with Hereditary Scrofula in its Worst Form—Spends a Small Fortune Seeking to Find a Cure.

From the Evening News, Detroit, Mich. James H. Wallace, the well known expert accountant and bookkeeper, of Detroit, Mich., lately had a remarkable experience, and a reporter called at his pretty home 240 Sixth Street, to interview him regarding it. He found Mrs. Wallace in the midst of house cleaning, and after the reporter stated the object of his visit Mrs. Wallace said: "You had better see Mr. Wallace at the office of C. A. Haberkorn & Co., table manufactory on Orchard Street, and he will tell you of this experience much better than I." A visit was made to the office of the above concern where Mr. Wallace was seen. "I am," said Mr. Wallace, "yet a young man, still I have suffered untold agonies and tortures. I was born with that awful hereditary disease known as scrofula, and what I suffered cannot be well described. The first physicians that treated me said it was a constitutional blood disorder and by constant treatment and diet it might be cured. The blood purifiers and spring remedies I used only made the eruptions more aggressive and painful. In 1885 I was a fearful looking sight and was in fact repulsive. On my limbs were large ulcers which were very painful, and from which there was a continual discharge. In three years I spent over \$3000 in medicine and medical services and grew worse instead of better. I tried the medical baths, and in 1893 went to Medicine Lake, Washington, but was not benefited. I then tried some proprietary medicine, but did not receive any benefit. "One day in the fall of 1895 while reading the paper I noticed an article about Dr. Williams' Pink Pills for Pale People, but did not give it much attention. That afternoon while moving some books I broke an ulcer on my leg and nearly fainted, the pain made me sick and I had to stop work. While sitting in the chair I again noticed the Dr. Williams' Pink Pills article in the newspaper which was lying on the floor. I read it carefully and immediately decided to give the pills a trial, as the account which I read had been of a case similar to mine. I sent the office boy over to Frank Hoop's drug store for a box and took some that afternoon. I continued their use and before I had used one box I noticed an improvement. I grew better rapidly and all my friends noticed the improvement, and after taking eight boxes there was not a sore on my person. "I am covered with scars from the ulcers but since that time I have not seen a single indication of the old trouble. I continued the use of the pills long after I was cured as I wanted to get my system rid of that awful disease. "If I only had bought Dr. Williams' Pink Pills for Pale People at the start I would have thousands of dollars ahead and five years of health and happiness instead of torture. To-day I feel like a perfect man and my doctor says I am entirely rid of my old trouble." JAMES H. WALLACE. (Signed) DETROIT, MICH., May 7, 1897. Before me a Notary Public in and for Wayne County, Michigan, personally appeared James H. Wallace, who being duly sworn, deposed and said that he had read the foregoing statement and that the same was true. ROBERT E. HULL, JR., Notary Public.

Money to loan—Theodore Steinhilber

For a good corset ask for the H. & S. at the Racket store.

The Alderman Hotel property for sale or trade apply to G. O. Nolan.

If you want anything, no matter what, go to the second hand store.

PAGE has it

Good jack knives from 10 cts up at the Racket store.

New goods on the next boat for La Mode Millinery Parlors.

For the finest canned fruits go to Olsen's.

To Cure Constipation Forever.

Take Cascarets Candy Cathartic, 10c or 25c. If C. C. fail, druggists refund money.

"Last summer one of our grand-children was sick with a severe bowel trouble says Mrs. E. G. Gregory of Fredericktown, Mo.: Our doctor's remedy had failed, then we tried Chamberlain's Colic, Cholera and Diarrhoea Remedy, which gave very speedy relief." For sale by S. J. Sturgeon.

Educate Your Bowels With Cascarets.

Candy Cathartic, cure constipation forever. 10c, 25c. If C. C. fail, druggists refund money.

Mr. C. I. Hasbrouck, a druggist at Mendon, Mich., says all of the testimonials that have been published by the manufacturers of Chamberlain's Colic, Cholera and Diarrhoea Remedy, could be duplicated in that town. For sale by S. J. Sturgeon.

Ladies have you seen the nice duck suits at Olsen's? It not just good and them and you will be sure to buy one.

Educate Your Bowels With Cascarets.

Candy Cathartic, cure constipation forever. 10c, 25c. If C. C. fail, druggists refund money.

For fancy and staple groceries go to Olsen's.

La Sine ridad clear Havana cigars at Lamb's.

Cohn and Co. are paying 12 1/2 cts. per lb. for solid packed butter.

The only first class cigars in the city at Lamb's.

For Sale at a Bargain

160 acres of land joining the town of Woods, 6000 in improvements on place, good house, barn, water power shop, eight acres under wire fence, fruit trees and good roads. House 1/2 miles from school and P. O. Must be sold for cash at once. Price (\$600) five hundred dollars. Address P. O. Box No. 83 Nehalem Oregon.

Wanted—An Idea

Who can think of some simple thing to patent? Protect your ideas; they may bring you wealth. Write JOHN WELLS & CO., Patent Attorneys, Washington, D. C. for their \$1.00 prize offer and list of two hundred inventions wanted.

MRS. R. R. HAYS

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Will Open Sept. 6th

CAREFULLY GRADED COMMON & HIGH SCHOOL DEPARTMENT AND TEACHER'S CLASS.

YEAR DIVIDED INTO 2 TERMS OF FOUR AND A HALF MONTHS EACH.

TUITION

Per Term (in advance) \$2.50

Per Month (primary department) 1.00

Per Month (primary department) 1.00

Minute Sea Organisms.

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WAYNE COUNTY, MICH. Dr. Williams' Pink Pills for Pale People are sold by all dealers, or will be sent post paid on receipt of price, 50 cents a box or six boxes for \$2.50 (they are never sold in bulk or by the 100), by addressing Dr. Williams' Medicine Co., Schenectady, N. Y.

Pay up your subscriptions, and you can get the HEADLIGHT for one year for 75 cts. if paid in advance.

Lord Lancaster cigars at Lamb's. Bicycle enamel in all colors, in cans, or sale by C. E. Reynolds.

Five good dairy cows for sale. Call John Theiler's, Nesterton, Ore.

Do You Want Hose?

If so please remember that J. E. Tuttle keep an excellent supply of all kinds jockeyton hose rubber. Fuel, and rubber hose wound with wire. Our prices are not right.

Information Wanted

Information is wanted concerning the whereabouts of a man named William J. Stretch. He came to Tillamook from South Bend Washington about three years ago. He is about 60 years of age, and is a timber cruiser by trade. Persons sending information to this office will be rewarded for their trouble. If

Reasons why Chamberlain's Colic, Cholera and Diarrhoea Remedy is the best.

1. Because it affords almost instant relief in case of pain in the stomach, colic and cholera morbus.

2. Because it is the only remedy that never fails in the most severe cases of dysentery and diarrhea.

3. Because it is the only remedy that will cure chronic diarrhoea.

4. Because it is the only remedy that will prevent bilious colic.

5. Because it is the only remedy that will cure epidemic dysentery.

6. Because it is the only remedy that can always be depended upon in case of cholera infantum.

7. Because it is the most prompt and most reliable medicine in use for bowel complaints.

8. Because it produces no bad results.

9. Because it is pleasant and safe to take.

10. Because it has saved the lives of more people than any other medicine in the world.

The 25 and 50 ct. sizes for sale by S. J. Sturgeon.

C. A. BAILEY

—Dealer in—

STUDEBAKER WAGONS,

Osborne Mowers

Buggies, hay rakes, plows and other farm machinery. You can save money by dealing with me.

Special Prices on Buggies and Spring wagons.

C. A. BAILEY,

Tillamook, Ore.

If You Want

BOOTS and SHOES

that will rip, tear, run down at the heel and torment you continually.

Get them ready made. But if you want an article that will give you solid comfort, plenty of wear and never get out of shape then patronize

BROWN the Shoemaker

Repairing done as cheap as anywhere. Come and be convinced.

C. A. BAILEY,

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JONES BROS.

Livery & Stable

when you want

A Nice Rig and

A Good Safe Team

that you can drive with comfort and enjoyment.

Our patrons will find every thing in first class shape and our prices reasonable.

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WHY ON EARTH DON'T YOU

Put a Telephone

INTO YOUR HOME OR PLACE OF BUSINESS? THE COST IS VERY SMALL AND THE CONVENIENCE IS BEYOND ALL COMPUTATION. YOU CAN DO YOUR SHOPPING WITHOUT GOING DOWN TOWN.

You Can Talk

WITH NETARTS, NEHALEM, OR FOREST GROVE. SAVES TWICE ITS COST

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Launch Maria

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Will make regular trips between Tillamook, Garibaldi, and all way stations.

FARE

To Bay City, one way 25c

To Bay City, round trip 50c

To Garibaldi, one way 50c

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If you want a comfortable trip to all points take the Maria.

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Nice dry wood of any kind, any length desired at lowest living rates.

Fish Market

Fresh Fish of every description in their season. Are you fond of

Clams, Crabs, Fresh Smoked And Salt Fish?

IF SO GO TO

L. A. CHIPMAN'S

Market on West Main Street, Opposite Alderman Hotel Building.

L. A. CHIPMAN, Proprietor

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A Nice Rig and

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T. C. McNAMER, PROP. EMMET QUICK, DRIVER.

Leaves Forest Grove, 6 A. M., Sundays, Tuesdays and Thursdays.

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TRIP IN TEN HOURS - FARE, 4 DOLLARS

Connects With 4 P. M. Train at Forest Grove.

Finest Fishing in Oregon Along the Wilson River and Its Tributaries, Giant Trees, Beautiful scenery, University Falls and Good Accommodations.

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ALWAYS HAS ON HAND

FRESH BREAD, PIES AND CAKES