One Pure Baking Powder.

## Like Telling a Seeret

per cent. of all the baking powders sold contain either alu or ammonia, and many of these powders contain both. The ill effects upon the system of food raised by alum or ammocharacter. It would be less dangerous for the people were it fatal at once, for then such food would be avoided, but their advances is no less certain
 does finer and better work, it costs no more at retail than many of the adulterated powders.

