

## Results of Senior Spelling Bee in Vernonia last week

Rainier resident Bruce Lee placed first in the Vernonia Senior Spelling Bee, held last week at the Vernonia Senior Center.

Beulah Blades, a Portland resident and member of the Scappoose Senior Center, placed second.

Melba Atwood of Cornelius took third place by winning the spell-off needed to break a tie with Mary Lee, a Scappoose resident and mother of Bruce Lee.

Fewer people participated than in previous local senior spelling bees, but all participants expressed enthusiasm for the event. They also had the

opportunity to meet Kim Worrall of Rainier, who took first place in this year's Oregon Senior Spelling Bee.

Worrall is also the newest member of the OSSB Board of Directors, which sponsored the local event. Four Vernonians – Audeen Wagner, Tobie Finzel, Carol Sawyer and Noni Andersen – have placed first at the state competition and are also on the OSSB board.

The 2013 Oregon Senior Spelling Bee will be held in April at St. Mary's Heritage Center in Lake Oswego. For more information, call Audeen Wagner, 503-429-9700.

## P.E.O. wreaths will once again be at Vernonia Christmas Bazaar

It is time, once again, to plan for the annual Vernonia Christmas Bazaar, and everyone is looking forward to its new location: the Commons area at the new Vernonia School. The dates this year are December 8 and 9, from 10:00 a.m. to 5:00 p.m. on Saturday, and 11:00 a.m. to 5:00 p.m. on Sunday.

P.E.O. will be selling wreaths on a pre-order basis, and are taking orders now. The price will stay the same as last year, \$18.00 for a 20-inch wreath. Please call Mary at 503-429-4814 or 503-429-7214 to place your order. The wreaths may be picked up at the bazaar, or earlier by prior arrangement. P.E.O. will also have a craft table with hand-made items and delectable goodies for sale.

All receipts from the bazaar go toward college scholarships for women in our area.

The annual Christmas Bazaar is one of Vernonia's favorite events, with many visitors from out-of-town (including Santa).

## Wellness Fair in North Plains on November 17

An Artisan, Psychic and Wellness Fair will be held in North Plains on Saturday, November 17, from 3:00 to 9:00 p.m. at the Knights of Pythias Lodge, 31520 NW Commercial St.

Listen to guest speakers (every hour on the half hour), have a reading or massage, buy some crystals, a rune set or a t-shirt, have lunch or dinner, have an experience and some fun. Admission is \$3.00.

## Senior Center News

When was the last time you checked to see if there were any changes or additions in our state's driving laws? If you're like most of us, it was a long time ago. Perhaps it's time to catch up on the latest.

"55 Alive", a six hour refresher driving course for adults, will be presented in two parts on November 26 and 27, starting at 1:00 p.m. at the Vernonia Senior Center. The cost is \$12 for those 55 and older, \$14 for those under 55, and free for veterans and their spouses. In addition to being a good idea, taking this course may also be a money saver, since many insurance companies give a discount to senior citizens who complete the AARP-sponsored course.

With Thanksgiving just around the corner – and Christmas coming up way too soon – you may be looking for some special cookware or serving dishes. Before you spend an arm and a leg on new goods, check out the Vernonia Senior Center Thrift Shop. There are a surprising number of delightful choices at affordable prices, and you may find just what you want. Even better, everything is half-price during the first week of every month! The thrift shop is open Monday through Friday from 9:00 a.m. to 3:00 p.m.

The center will be closed on Thanksgiving and the following day, November 22-23, so the floors can receive their annual sprucing up. The doors will open Monday for the normal schedule.

The annual Christmas Bazaar at the senior center will be held Saturday and Sunday, December 8-9. Rental space is available at just \$10 per table. Be sure to reserve your space early!

Call 503-429-3912 for more information.

Lunch is served Monday through Friday at noon. A \$4.00 donation is suggested for those 60 and older, and \$5.00 for those under 60. If you prefer lunch to go, for only \$5.00 you can call ahead and place your order. Breakfast for all ages is available for \$3.50/person on Fridays from 7:30 to 9:00 a.m. Maple bars are made fresh daily for \$1.00 each! If you want maple bars for a gathering of any kind, call 503-429-3912 a day or two ahead and place your order.

Enjoy great live entertainment every Wednesday at the center, with live music. Come in early, stay for lunch and enjoy fine midday entertainment along with a good meal.

Free blood pressure checks are available on the 4th Wednesday of each month from 11 a.m. to noon. Foot Care is scheduled on the second and fourth Fridays of each month, at \$15 per person. Call Marilyn Albro, R.N., for an appointment, at 503-429-0406.

The Five Area Lunch is suspended during November and December because of the many holiday activities in the communities. The January lunch will depend on the weather, so we will keep you informed.

### Vernonia Senior Citizens Center:

446 Bridge Street

**Hours:** Monday through Friday,  
10 a.m. to 3:00 p.m.

**Thrift Shop Hours:** 9:00 a.m. to 3:00 p.m.

**Phone:** 503-429-3912

### Can you help?

It's hard to believe that people in America go to bed hungry, but it is true. Food pantries like Vernonia Cares provide emergency groceries to help out. If you are able and would like to help us provide food for those in need, fill out this form and send it with your donation to:

Vernonia Cares Food Bank PO Box 126  
625 Adams Avenue, Vernonia, OR 97064-0126

Enclosed is my donation to Vernonia Cares Food Bank. (Please print clearly)

My Name \_\_\_\_\_

Street \_\_\_\_\_

City, State and Zip \_\_\_\_\_

Please choose ONE:

☐ Designate this gift towards the General Fund   ☐ The Holiday Box Fund (estimated cost is \$30)

☐ Other \_\_\_\_\_

Given in memory of \_\_\_\_\_

Given in honor of \_\_\_\_\_

Please send acknowledgment to (name and address ) \_\_\_\_\_

☐ I would like a tax deductible receipt mailed to me.