Library discussion will focus on the future of reading

A free discussion about digital books and the future of reading will take place in the Vernonia Library on Saturday, October 20, at 4:00 p.m. Hosted by the Friends of the Library and the library board, and sponsored by Oregon Humanities, this discussion will raise questions about the ways ebooks serve or change the act of reading. It will encourage critical thinking about the effects that reading in digital format might have on writing and on our interactions with information overall.

The discussion will be led by Mark Cunningham, the author of two historical novels: "The Green Age of Asher Witherow", which was a #1 Book Sense Pick from the American Booksellers Association, and "Lost Son" based on the life and work of the poet Rainer Maria Rilke. Cunningham also writes



Mark Cunningham will lead a library discussion on Oct. 20

occasional book reviews and cultural commentary for "The Oregonian" and his work has been published in numerous other publications.

The public is invited to take part in discussing this thoughtprovoking topic. Refreshments will be provided following the program.

Senior Center News

Do you need some creeeepy, craaawly decor for Halloween? Don't pass up the chance to find just what you want in the Vernonia Senior Center Thrift Shop. Even better, everything is halfprice during the first week of every month!

On Monday, October 29, the Five Area Lunch will be held in Vernonia. It's always fun when members of the other Columbia County Senior Centers join us for lunch, but this time a little extra activity will be added with a Senior Spelling Bee starting at 10 a.m. There will be both written and oral rounds, with certificates for the top three finishers. No fee is required to join this friendly competition, and you don't have to be a member to participate in the spelling bee, but you do have to be at least 50 years of age.

This activity is being conducted by local members of the board of directors of the Oregon Senior Spelling Bee. If you have questions or want more information, call Audeen Wagner, 503-429-9700, or Noni Andersen, 503-429-7192.

The spelling bee will be completed in time for the senior center's great noon meal. A \$4.00 donation for lunch is suggested for those 60 and over, and \$5.00 for those under 60.

If you want to know more about your local senior center, you can attend the center's Board

of Directors meeting on the second Friday of each month at 10 a.m. Don't hesitate to bring questions or suggestions for their consideration; they always make time to listen.

"55 Alive", a six hour refresher driving course for adults, will be presented in two parts on November 26 and 27, starting at 1:00 p.m. at the Vernonia Senior Center. The cost is \$12 for those 55 and older, \$14 for those under 55, and free for veterans and their spouses. In addition to being a good idea, taking this course may also be a money saver, since many insurance companies give a discount to senior citizens who complete the AARP-sponsored course.

Free blood pressure checks are available on the 4th Wednesday of each month from 11 a.m. to noon. Foot Care is scheduled on the second and fourth Fridays of each month, at \$15 per person. Call Marilyn Albro, R.N., for an appointment. at 503-429-0406.

Vernonia Senior Citizens Center:

446 Bridge Street

Hours: Monday through Friday, 10 a.m. to 3:00 p.m.

Thrift Shop Hours: 9:00 a.m. to 3:00 p.m.

Phone: 503-429-3912

CCRider changes schedules for the two Flex routes

In response to rider comments and requests, the North and South Flex route transit schedules have been revised to address better connections and coordination with the fixed route service and allow new stops along the route. The new schedules took effect October 1.

Highlights of the changes include new stops at the Scappoose and Saint Helens Senior Centers, and the Goodwill store, in addition to the regular stops on the previous schedule. The new schedule also looked at better coordination and linkage with the St. Helens to Portland and PCC/Rock Creek/Willow Creek Transit stops. Other changes include flag stops through-out the system to allow riders to catch the bus at sites that were not previously part of the route. Riders using flag stops can be picked up at the designated flag stop site by calling dispatch so the driver can be alerted that there is a rider at a particular flag stop who wants to be picked

"Revising the schedule is the result of a lot of hours of work from our Metro West drivers and the computer skills of Sharon Evinger, a dedicated volunteer who also has a lot of rider experience in our system", said Janet Wright, CCRider's Transit Director. "We couldn't have done it without their input and work".

Riders are encouraged to comment on the new schedule so improvements in service can continue. Riders will also see a new schedule format that we hope will be easier to read and understand, along with additional information about our public transit system.

CCRider Transportation System, riders can go to www. columbiacountyrider.com for information, or call dispatch at 503-366-0159.

This senior spelling bee is just for fun

challenge are invited to participate in a spelling bee on Monday. October 29. at 10 a.m. at the Vernonia Senior Center. The minimum age for eligibility is 50 years.

There will be both written and oral rounds, with certificates for the top three finishers. No fee is required to join this friendly competition.

The spelling bee will be completed in time for the senior center's regular noon meal

Seniors interested in a little For questions or for more infor- 503-429-9700, or Noni Andermation, call Audeen Wagner, sen, 503-429-7192.

Food bank accepts produce

will gladly accept your fresh, excess garden and orchard produce.

They are open from 10 a.m. to 2:00 p.m., Tuesday and

Vernonia Cares Food Bank Thursday, and are located in the American Legion Hall, 627 Adams Avenue, adjacent to the former site of West Oregon

