



The silent parade on September 11 was led by these two Vernonia Fire Department volunteers carrying the "Flag of Heroes". Vernonia Fire Department, Vernonia Police Department and other local emergency services personnel marched down Bridge Street.

Senior Center News

How's your driving record? When was the last time you checked for changes in the "rules of the road"? Think you could use a refresher driving course?

Those of us who have been driving for 40, 50, 60, or more years feel pretty confident that we know what we're doing, but it's likely that our reflexes are slower than they used to be, and that can make an important difference in our driving skills.

If anything in those first two paragraphs applies to you, it's a good time to take advantage of the opportunity to sign up for "55 Alive", a refresher driving course for adults. The six hour course will be presented in two parts, November 26 and 27, starting at 1:00 p.m. at the Vernonia Senior Center. The cost is \$12 for those 55 and older, \$14 for those under 55, and free for veterans and their spouses.

Many insurance companies also give a discount to senior citizens who complete the AARP-sponsored course. Hmm, safer driving plus an insurance discount? Sounds like a pretty smart move. Sign up in advance, here at the center.

Remember, free blood pressure checks are available on the 4th Wednesday of each month from 11 a.m. to noon, and the Senior Center Thrift Shop is open Monday through Friday from 9:00 a.m. to 3:00 p.m.

Lunch is served Monday through Friday at noon. A \$4.00 donation is suggested for those 60 and older, and \$5.00 for those under 60. If you prefer lunch to go, for only \$5.00 you can call ahead and place your order.

There is usually musical entertainment on Wednesdays, so come in for lunch and enjoy fine midday entertainment along with a good meal.

The 5 Area Lunch will be in Clatskanie on Monday, September 24, and this month's birthdays will be noted on Friday, September 28.

Vernonia Senior Citizens Center: 446 Bridge Street
Hours: Monday through Friday, 10 a.m. to 3:00 p.m.
Thrift Shop Hours: 9:00 a.m. to 3:00 p.m.
Phone: 503-429-3912

Should Vernonia become a Tree City?

With the opening of Vernonia's new K-12 school, slated to achieve LEED Platinum certification; the start of a new forestry program that will include a tree nursery, integration of the Upper Nehalem Valley Watershed Council at the school, development of a wetlands on the old mill site and planning for a new Spencer Park at the old school grounds, a number of Vernonia residents have started looking at the

process of becoming a Tree City.

If you're not sure how that differs from being a small town in the middle of big forests, you have lots of company. Here is a brief explanation.

Tree City USA is a program created by the Arbor Day Foundation over 35 years ago to provide direction, technical assistance, public attention and national recognition for urban and community forestry pro-

grams in thousands of towns across the country. It is not a top-down program run by an outside organization, and must include a Tree Board appointed by the city council to involve the community in the care and health of public trees.

The Tree City program doesn't tell a city what to do and how to do it, it simply provides help to get a community started toward annual, system-

See Tree on page 9

Extreme couponing class to be held

Saving money on food purchases is more critical today than ever. If you'd like to learn more about how to maximize your use of grocery coupons, plan to attend a special fundraiser for Vernonia Cares and the Vernonia Grange on Thursday, October 4, at 6:00 p.m.

Extreme-couponer Saretta will give a presentation on couponing with lots of tips and some surprises to share. Bring paper and pencil to take notes during this informative session.

The class will be held at the

Vernonia Grange, 375 North Street. Admission is \$10 and two cans of food for Vernonia Cares or its pet food partner,

Bailey's Pantry.

Contact Carol Davis at 503-429-9671 if you have questions.

Audition in November for show

Can you carry a tune, tap dance, read Shakespeare, play the harmonica, pull a rabbit from a magic hat?

The Vernonia Community Theater will be holding auditions on November 5 and 6 for a mid-January Variety Show.

Bring your talent to the Vernonia Grange, 375 North Street, from 7:00 to 9:00 p.m. and join in the fun. All ages welcome!

For information contact: Kinell at 503-819-0143, mt-skys@frontier.com, or Tobie at 503-705-2173, tobief@aol.com.

Help pets and win good books

Bailey's Pantry is the pet food portion of the Vernonia Cares Food Bank that serves an estimated 100 households with seven pounds of dog food per month.

Bailey's Pantry is holding a fundraiser with a drawing that will be held at Salmon Festival on October 6. Two first edition signed copies of books by W.

Bruce Cameron, *A Dog's Purpose* and *Emory's Gift*, are being raffled off. The tickets are available at the Made in Vernonia store on the corner of Bridge St. and Jefferson Ave. Tickets are \$1.00 each or six for \$5.00. All monies raised will be used to buy pet food for Bailey's Pantry.

Welcome Additions



Jasper Louis Mitchell

Jasper Louis Mitchell was born August 20, 2012, to Casey and Josette Mitchell of Vernonia. He weighed 7 pounds, 9 ounces and was 19-1/2 inches

long.

He has joined his sister, Sailor, at the family home.

Grandparents are Del and Maryjane Nyman of Bend, and Sykes and Ann Mitchell of Vernonia.

BEAR CREEK



PUB & BAR

**GOOD FOOD
 GOOD FRIENDS
 GOOD TIMES**

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 Vernonia, OR
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Open Tue., Thu. & Sat.
 10:00 am to 6:00 pm
 Sunday 12:00 pm to 4:00 pm