

Community Garage Sale date set, call to get your sale on the map

Vernonia's Annual Community-Wide Garage Sale will be held August 25 from 9:00 a.m. to 5:00 p.m. In past years, over 45 locations have participated in the Sale.

All businesses and residents wishing to be included on the

map may sign up by calling Helen Bateman at Vernonia Realty, 503-429-6203. There is no charge to be included on the map, but the last day to sign up is August 21. The map will be available Friday, August 24.

Boy Scout flamingoes are flying, you can decide where they land

Boy Scout Troop 201 has announced the return of the flamingoes to Vernonia. The flocks returned on July 11 and will 'fly away' again in late August. The flocks appear at nightfall with the sender's

anonymity protected.

This is a troop fundraiser for Boy Scout Camp so donations are welcome. For questions, or to order a flock, contact Tera Roberts at 503-429-6006.

Senior Center News

It's summer so many of you have things to do and places to go, but don't forget to keep track of your blood pressure while you're doing those things and going to those places. Get your blood pressure checked free, here at the senior center, next Wednesday, July 25, from 11 a.m. to noon. This monthly service is provided by Columbia County Public Health.

Although summer is here, it seems that it just started a few days ago, and it's a bit surprising to realize that Jamboree is just around the corner. Your senior center will again host the annual breakfast on Saturday and Sunday during Jamboree as a fund raiser for our local food bank. Watch for more details. Also during Jamboree, the center Thrift Shop will be open from 9:00 a.m. to 5:00 p.m. on Friday and Saturday, and noon to 5:00 p.m. on Sunday.

The center's regular Friday breakfast will also be served during Jamboree, from 7:30 to 9:00 a.m. Breakfast for all ages is just \$3.50 per person. Maple bars are made fresh daily for \$1.00 each! If you want maple bars for a gathering of any kind, call 503-429-3912 a day or two ahead

and place your order.

Lunch is served Monday through Friday at noon. A \$4.00 donation is suggested for those 60 and older, and \$5.00 for those under 60. If you prefer lunch to go, for only \$5.00 you can call ahead and place your order.

You can enjoy ice cream at lunch on the last Wednesday of each month, courtesy of Wauna Federal Credit Union, and the July birthday lunch will be on Friday, July 27.

This month's Five Area Lunch will be in Rainier on Monday, July 30. Sign up to join us.

Foot Care is scheduled on the second and fourth Fridays of each month, at \$15 per person. Call Marilyn Albro, R.N., for an appointment, at 503-429-0406.

Vernonia Senior Citizens Center:

446 Bridge Street

Hours: Monday through Friday, 10 a.m. to 3:00 p.m.

Thrift Shop Hours: 9:00 a.m. to 3:00 p.m.

Phone: 503-429-3912



mosquito Lodge Lavender

OPEN HOUSE July 21st, Noon - 4 pm

Lavender Season Hours
July 21st to July 29th
Noon to 4:00 pm Closed Wednesdays

Fresh and Dried Lavender \$5 a bunch

58329 Wilson Cutoff Road, Vernonia

Barb & Kathy Larsen
503-429-0589

Come see what we have growing!



Safe driving is in your hands.

All In *Open Daily 11 a.m.*

Pub & Eatery

Great Food Biker Friendly

July 21st Spin Cycle

July 28th Random Access

Aug 3rd, 4th Third Member

All Bands start at 9 P.M.

Happy Hour: Mon - Fri 4 pm - 7 pm

Ladies Night: Wed. 5 pm - Midnight

Open until midnight Sun-Thu & until 2:30 a.m. Fri, Sat.

733 Bridge St., Vernonia 503-429-9999

Driving can be frustrating at times, especially when you feel threatened or annoyed by another driver. It's really important to keep a cool head and steady hands on the wheel. You can do more to protect yourself, your passengers and other drivers by avoiding aggressive drivers—or taking it down a notch yourself.

Driving too fast is the number one threat on the roads. AAA reports that aggressive driving can double your chance of being involved in a collision. So if you notice someone else speeding, tailgating, weaving among cars, honking excessively, yelling and gesturing, don't aggravate them. It's best to avoid eye contact and make room for the driver to get by, then call 9-1-1. If you see a crash, stop safely nearby and act as a witness.

There are also a few ways all of us as drivers can keep from annoying others. Try to drive close to the speed limit and don't block passing lanes. Don't tailgate, yell, gesture or speed up when someone is trying to merge or pass. Only use one parking space.

Columbia 9-1-1 reminds all of you—our friends and neighbors throughout the county—to take safe driving into your own hands. Buckle up, stay calm, drive close to the speed limit and don't drink and drive. And if you're ever in a traffic emergency, call 9-1-1 right away because every second counts.



Your Columbia 9-1-1 Communications District, serving all of our communities since 1991.