

## Between the Bookends

By Susan Cackler, Library Assistant  
Banks Public Library



We have been busy picking out colors and finishes for our much-anticipated renovation. No start date has been set for library renovations, and work will most likely not start until early March, as work at the Public Works Building must be completed first. Renovation of the Public Works Building

should start soon. In preparation for the work, the library is no longer taking donations of books until after work has been completed. Also, the community room is no longer available for rental since the library will be expanding into that space.

Soon, a floor plan of the renovation will be available at the library for anyone who wants to see what the future holds.

Winter weather can mean roads that are snowy or icy. If conditions are questionable, call the library at 503-324-1382 to make sure that we have been able to open. Also, if you are unable to come to the library to return items because of weather conditions, give us a call and we will renew them for you. This also applies if you just don't have any way to access us – let us know when you are up and running again and we will do what we can to help.

Join us for craft night Wednesday, February 18, from 6 p.m. to 9 p.m. in the community room. Enjoy some lively conversation while you work on your favorite craft. Come and meet some new friends or visit with old ones while using the library's work space and enjoying some light snacks. You may find knitters, scrapbookers, quilters and maybe even a tatter or two. If you would like to be on an e-mail reminder list for craft night, call the library with your name and e-mail. Craft night will be canceled if road conditions are bad.

Come to the library for story time on Wednesdays and let your kids enjoy some great stories. Our read-

er, Miss Cathy, picks a few stories around a theme each week and shares these stories with the children in an entertaining, engaging way. Join us for Preschool Story Time on Wednesdays at 10:15 a.m. in the community room of the library. Story Time is designed for children aged three to six, but younger siblings are welcome.

The themes for February are:

- February 1: Moooooove Over
- February 8: Love Bugs
- February 15: Just Plain Bugs
- February 22: Brrrr—It's Cold
- February 29: Down the Drain

The Friends of the Banks Public Library can always use your support. You can make a tax deductible donation, become a member, or volunteer. Money that the Friends raise helps the library purchase Cultural Passes, upgrade equipment and purchase books and movies. Also, we take donations of books that are in good condition.

### On the Shelf:

Wintry weather can make almost anyone want to spend the day curled up with a good mystery. Here are a few new books from some popular authors.

*Gone West* by Carola Dunn. The Honorable Daisy Dalrymple is a charming amateur detective who is married to a Scotland Yard Detective. Set in 1920s England, the series is a charming peek into a past way of life, and an entertaining read. In this installment, Daisy is called by a schoolmate looking for a favor. She suspects that someone is poisoning her boss. But before Daisy can even get started, the boss dies under suspicious circumstances. Now Daisy faces a death to untangle, a house full of suspects and a detective husband who's not happy to find Daisy in the middle of it all.

*The Rope* by Nevada Barr. Barr has written many books for her character Anna Pigeon. In this book, Barr tell the previously untold story of Anna's first foray into the wild and the case that helped shape her into the ranger she became. Pigeon, then 35,

takes a job as a seasonal park employee. Soon she finds herself trapped at the bottom of a well with no supplies. Whoever trapped her there also cleaned out her cabin, so no one knows she is missing. Pigeon must muster the courage, strength, and will to live that she didn't even know she had in order to survive and triumph.

*Believing the Lie* by Elizabeth George. George is back with another tale from Inspector Lynley and his friends. This time, Thomas Lynley is working undercover to investigate a death by drowning. At first, it seems like an accidental death to Lynley, but after he gets his friends Simon and Deborah St. James involved, they soon find many secrets, lies, and motives for murder. George's novels are much meatier than the average mystery. She creates complex characters for each book, as well as thoroughly developing her recurring characters. Each story reveals more about her core group's past, present and future, while also relating a suspenseful tale.

**Banks Public Library:** 111 Market Street.  
**Hours:** Mon., Fri., Sat., 11 a.m.-5:00 p.m.  
Tue., Wed., Thur., 11 a.m.-7:00 p.m.  
**Preschool Story Time:** Wednesdays, 10:15 a.m.  
**Phone:** (503) 324-1382 for information  
**Internet:** www.wccls.org Browse library resources, reserve or renew materials online.  
Call for information.

## Washington County WIC Program receives award and some funding

On January 31, Washington County's Women, Infants and Children (WIC) Program was presented with a Breastfeeding Performance Award that includes funding to be used for breastfeeding projects in the county. Washington County WIC plans to use the grant in part to work with local businesses to become breastfeeding-friendly, a key part of supporting breastfeeding moms after they return to work.

This award is given by the U.S. Department of Agriculture and is part of the Breastfeeding Performance Bonus Award given to the Oregon Nutrition and Screening Program for WIC. Oregon is one of six WIC agencies nationwide to receive an award for highest breastfeeding rates.

This is the first time the

awards have focused on the number of WIC mothers who exclusively breastfed their babies for six months (no formula, water or other foods), which the American Academy of Pediatrics has recommended since 1997. In 2010, nationally the rate was 3.3%; in Oregon, it was 37%. In Washington County, 40.2% of WIC participants exclusively breastfed for six months.

Feeding an infant only breast milk for the first six months of life is an important way to decrease a child's risk of sudden infant death syndrome (SIDS) and future risk of obesity, heart disease and some cancers. "Breastfeeding is one of the best ways to give infants a healthy start in life," says Jennifer Vines, M.D., M.P.H., Washington County Deputy Health Officer. "There are benefits to the moms as well, including significantly lower rates of breast and ovarian cancers."

In 2010, Washington County's WIC Program served 34% of all pregnant women in the county and provided services to 20,727 women, infants and children. The county has three certified lactation consultants

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