

Tips for winter protection *Turkey Trot is a great way to start Thanksgiving*

From page 11

and 70 pounds per square foot in New England.

Guidelines to Estimate Snow Weight.

- 10 inches to 12 inches of fresh/new snow equals about 5 pounds per square foot of roof space.

- 3 inches to 5 inches of old/packed snow equals about 5 pounds per square foot of roof space.

- Ice is much heavier, with 1 inch equaling about 1 foot of fresh snow.

IBHS recommends that property owners not attempt to

climb on their roof to remove snow. A safer alternative is to use a snow rake while standing at ground level.

IBHS is an independent, nonprofit, scientific and educational organization supported by the property insurance industry. The organization works to reduce the social and economic effects of natural disasters and other risks to residential and commercial property by conducting research and advocating improved construction, maintenance and preparation practices.

The Oregon Zoo invites runners and walkers of all ages to its annual Turkey Trot on Thursday, November 24. The Thanksgiving Day event, organized by the Oregon Road Runners Club (ORRC), includes a four-mile run and fitness walk, starting at 8:00 a.m., and a half-mile "Tot Trot," beginning at 9:30 a.m. A portion of Turkey Trot proceeds will fund animal care and programs at the zoo.

"Turkey Trot is a fun holiday tradition and a healthy way to start Thanksgiving Day," said Kim Smith, zoo director. "Participants really get into the

swing of things and often wear costumes or other Thanksgiving-themed items."

Events are non-competitive and meant for fun, but a timing clock will be available at the finish line for participants who wish to time themselves. The ORRC will provide nutritious snacks at the end of the courses, as well as a chocolate turkey for each person who crosses the finish line. Pumpkin pies will be given to 100 randomly selected finishers.

Each event starts at the World Forestry Center and finishes inside the zoo by the concert amphitheater. For informa-

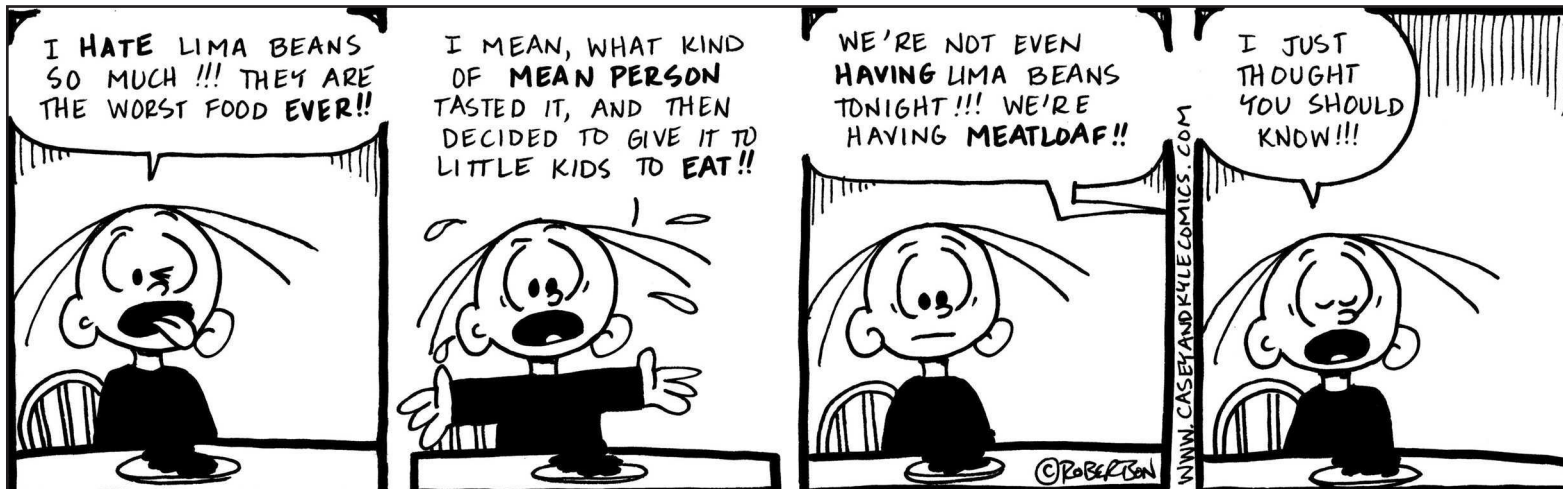
tion and registration forms, visit www.orrc.net/races/turkey_trot/turkey_tba.htm.

Pets and roller skates are not allowed in any of the events. Participants with strollers or child-carrier backpacks are allowed only in the four-mile fitness walk and must start at the back of the group.

Parking is limited, and participants are encouraged to ride MAX. TriMet's Washington Park light-rail station is just steps away from the registration area and starting lines. TriMet timetables are available at www.trimet.org.

Just for Fun

Casey and Kyle by Will Robertson



Solve this Sudoku

			8					
5					4			8
		7		6		4		
	6		5				9	4
	2		9		1		8	
3	9				2		5	
		8		2		5		
4			1					7
					7			

Answer to November 2 Sudoku is on page 23

Find the Thanksgiving words

V P T U R K E Y
 Y I T W K N M I
 F E H O C O R N
 E F A M I L Y D
 A A N O W O E I
 S L K F V D D A
 T L S C O O K N
 P I L G R I M S

COOK
 CORN
 FALL
 FAMILY
 FEAST

INDIANS
 PIE
 PILGRIMS
 THANKS
 TURKEY

The gener-
 ality of
 mankind
 are con-
 tented to
 be estimat-
 ed by what
 they pos-
 sess in-
 stead of
 what they
 are.

THOMAS
 JEFFERSON
 English
 writer
 (1778-1830)