Food for Thought

by Leslie Barnes



BURRITO CASSEROLE

2 lb ground beef1/2 medium yellow onion (chopped)6 corn tortillas

1 pkg taco seasoning1 (28 oz) can refried beans

2-3 cups shredded taco cheese (or cheddar cheese)

1 (10-3/4 oz) can cream of mushroom soup

4 oz sour cream hot sauce (optional)

Preheat oven to 350°F.

In a large skillet brown ground beef and onion. Drain. Add taco seasoning and stir in refried beans. In a separate bowl mix together cream of mushroom soup and sour cream.

Spread 1/2 of the sour cream mixture onto the bottom of a casserole dish. Tear up 3 tortillas and spread them over the sour cream mixture. Put 1/2 of the meat and bean mixture on top of that. Add a layer of shredded cheese (add hot sauce is using). Repeat the layers.

Sprinkle cheese over the top, place in oven and bake uncovered for 20-30 minutes.

Serves 6.

CHOCOLATE PEANUT BUTTER CAKE W/CREAM CHEESE AND BUTTERFINGER FROSTING

Begin preparing the cake one day ahead.

Filling

2-1/4 cups heavy whipping cream
1/2 cup (packed) golden brown sugar
12 oz bittersweet or semisweet chocolate, finely chopped
1/2 cup and factorized (natural) abundance and to a factorized (natural).

1/2 cup old-fashioned (natural) chunky peanut butter

Cake

2-1/2 cups all purpose flour 1 tsp baking powder

1 tsp baking soda

1/2 tsp salt

10 T (1-1/4 sticks) unsalted butter, room temperature

1/2 cup old-fashioned (natural) chunky peanut butter

1 lb golden brown sugar

4 large eggs

1 tsp vanilla extract

1 cup buttermilk

Frosting

1-1/2 8-oz pkgs cream cheese at room temperature

2 cups powdered sugar, divided

6 T (3/4 stick) unsalted butter, room temperature

1 tsp vanilla extract

3/4 cup chilled heavy whipping cream

2 Butterfinger candy bars

For filling:

Bring cream and sugar to simmer in saucepan, whisking to dissolve sugar. Remove from heat. Add chocolate; let stand 1 minute. Whisk until smooth. Whisk in peanut butter. Chill uncovered overnight.

For cake:

Preheat oven to 350°F.

Butter three 9-inch-diameter cake pans with 1-1/2-inch-high sides. Line bottoms with parchment paper. Sift first 4 cake ingredients into medium bowl. Using electric mixer, beat butter and peanut butter in large bowl until blended. Beat in sugar. Beat in eggs, 1 at a time, then vanilla. At low speed, beat in flour mixture in 4 additions alternately with buttermilk in 3 additions.

Divide batter among pans and spread evenly. Bake cakes until tester inserted into center comes out clean, about 25 minutes. Cool cakes 5 minutes. Turn out onto racks; peel off parchment. Cool cakes completely.

For frosting:

Using electric mixer, beat cream cheese, 1-1/4 cups powdered sugar, butter, and vanilla in large bowl to blend. Whisk whipping cream and 3/4 cup powdered sugar in bowl until mixture holds medium-firm peaks. Fold into cream cheese mixture in 3 additions; chill until firm but spreadable, about 1 hour.

Place 1 cake layer, bottom side up, on 9-inch tart pan bottom. Spread with half of filling. Place another layer, bottom side up, on work surface. Spread with remaining filling; place atop first layer. Top with remaining cake layer, bottom side up.

Spread frosting over top and sides of cake. (Can be made 1 day ahead. Cover with cake dome; chill. Let stand at room temperature 2 hours before continuing.)

Break candy bars up by hand, then press onto top of cake. Serves 12.

Church Directory

VERNONIA FOURSQUARE CHURCH

Carl Pense, Pastor 850 Madison Avenue, Vernonia 503 429-1103 Sunday Worship Service: 10:30 a.m. Children's Sunday School

SEVENTH DAY ADVENTIST

Larry Gibson, Pastor 2nd Ave. and Nehalem St., Vernonia 503 429-8301 Morning Worship, 11:00 a.m. Sabbath School 9:30 a.m.

ASSEMBLY OF GOD

Wayne and Maureene Marr 662 Jefferson Ave., Vernonia, 503 429-0373 Sunday School 9:45 a.m. Morning Worship 11:00 a.m

St. Mary's Catholic Church

Rev. Luan Tran, Administrator 960 Missouri Avenue, Vernonia 503 429-8841 Mass Sunday 12:00 Noon Religious Educ. Sunday 10:30 a.m.

FIRST BAPTIST CHURCH

Pastor John D. Murray 359 "A" Street, Vernonia 503 860-3860 Sunday School 9:45 a.m. Sunday Worship Service 11:00 a.m. Wednesday Prayer Meeting 7:00 p.m.

VERNONIA COMMUNITY CHURCH

Ralph Young, Pastor 957 State Avenue, Vernonia 503 429-6790 Sunday Bible Classes 9:00 a.m. Family Praise & Worship 10:30 a.m. Wednesday Prayer 6:30 p.m. Thursday Laadies Study 7:00 p.m. Nursery 10:15 a.m. Vernonia Community Preschool

VERNONIA CHRISTIAN CHURCH

Sam Hough, Minister
410 North Street, Vernonia
503 429-6522
Sunday School 9:45 a.m.
Sunday Worship 11:00 a.m.
(meets in Youth & Family Center)
Various Home Group Meetings

PIONEER BAPTIST FELLOWSHIP

John Cahill, Pastor
939 Bridge Street, Vernonia
503-429-1161
www.pbfalive.com
Sunday School 9:30 a.m.
Sunday Morning Worship 11:00 a.m.
Thursday Prayer 7:00 p.m.

NEHALEM VALLEY BIBLE CHURCH

Gary Taylor, Pastor
Grant & North Streets, Vernonia
503 429-5378
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Nursery available
Wednesday Service 7:00 p.m.

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

Marc Farmer, Branch President 1350 E. Knott Street, Vernonia 503 429-7151 Sacrament Meeting, Sunday 10 a.m. Sunday School & Primary 11:20 a.m. Relief Society, Priesthood and Young Women, Sunday 12:10 p.m.

CINNAMON ROLL PANCAKES

Pancakes

1 cup all-purpose flour

2 tsp baking powder

1/2 tsp salt

1 cup milk

1 T olive oil

1 large egg, lightly beaten

Cinnamon Filling

1/2 cup butter, melted3/4 cup brown sugar, packed1 T ground cinnamon

Cream cheese glaze

4 T butter

2 oz cream cheese

3/4 cup powdered sugar

1/2 tsp vanilla extract

Prepare pancake batter: In a medium bowl, whisk together flour, baking powder and salt. Whisk in milk, oil and egg, just until batter is moistened (a few small lumps are fine).

Filling: In a medium bowl, mix butter, brown sugar and cinnamon. Scoop the filling into a small zip baggie and set aside. You don't want this to remain super-liquidy. It's best if it becomes a

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