

Beaverton, Banks and Beyond bicycle tour on Saturday, Aug. 27

NW Bicycle Safety Council (NWBCS), a nonprofit organization dedicated to ensuring safety for bicycle riders and others who share the road, is hosting its third annual bike ride – Beaverton, Banks, and Beyond Bicycle Tour.

NWBCS partners with the City of Beaverton, City of Banks, City of North Plains, City of Vernonia, and Stub Stewart State Park for the event. The bike ride will be on Saturday, August 27, beginning at Papa's Pizza Parlor, 15700 Blueridge Drive in Beaverton.

The course consists of several distance options from the starting point at Papa's Pizza Parlor to Vernonia and back. Riders explore farmlands while winding through country roads and the Banks-Vernonia State Trail. Rest stops provide riders with fresh fruit, snacks, and water. A lunch is provided as

part of the ride. The event strives to raise awareness of bicycle safety, bring the community together and raise funds for NWBCS. Event registration is online at www.nwbicyclesafetycouncil.org/events/ride-details/ or on-site at the day of the event. Cost is \$30 online and \$40 on the day of the event. Online registration closes Friday, August 26 at 5:00 p.m.

NW Bicycle Safety Council strives to educate and promote safety and harmony between cyclists and others who share the road, as well as strengthen community and family ties through cycling-related programs and events. It does this through its television show *Cycology Today*, ongoing bicycle safety programs for adults and children, and a bicycle riding program for senior citizens.

Jamboree Fishing Derby results



This youngster was very enthusiastic about the Jamboree Kids Fishing Derby. Photo by Garry Kinney.

There were 49 entries in the Jamboree Kids Fishing Derby, sponsored by the Nehalem Valley Chapter of the Izaak Walton League.

The most fish were caught by Kenny Miller from Vancouver, Washington. The longest fish, 6.75 inches, was caught by Kody Adrian from Hillsboro.

5 AND UNDER

1st – Elizabeth Randolph, Olympia, Wash.

2nd – Austin Gonzales, Maselle, Wash.

3rd – Kaden Hendrix, Vernonia.

6 – 9 YEARS

1st – Austin Dowd, Banks.

2nd – Kolby Dennis, Vernonia.

3rd – Brandon Moloney, Vernonia.

10 – 14 YEARS

1st – Logan Christmas, Sacramento, California.

2nd – Sam Christmas, Sacramento, Calif.

3rd – Briley Mannon, Hillsboro.

Senior Center News

There's still time to take advantage of the HALF-PRICE SALE at the Vernonia Senior Center Thrift Shop during the entire month of August. The shop is open from 9:00 a.m. to 3:00 p.m. and everything is half price, so there are some great bargains.

Among the center's services are free blood pressure checks on the 4th Wednesday of each month from 11 a.m. to noon.

Assorted breads, rolls and pastries are available at the Center nearly every day. It's first-come, first-served, either free or whatever you are able to donate.

Foot Care is scheduled on the second and fourth Fridays of each month, at \$15 per person. For an appointment, call Marilyn Albro, R.N., at 503-429-0406.

Lunch is served Monday through Friday at noon. A \$4.00 donation is suggested for those 60 and older, and \$5.00 for those under 60. If you prefer lunch to go, for only \$5.00 you can call ahead and place your order.

The 5 Area Lunch is on the last Monday of each month, with the St. Helens Senior Center as host on August 29th.

On the last Wednesday of each month, Wauna Federal Credit Union makes a good lunch even better by providing diners with free ice cream.

Members' birthdays are celebrated at lunch on the last Friday of each month.

Great breakfasts are available every Friday at the senior center, from 7:30 to 9:00 a.m. Breakfast for all ages is just \$3.50 per person. Maple bars are made fresh daily for \$1.00 each! If you want maple bars for a group, call 503-429-3912 a day or two ahead and place your order.

Center activities include pinochle on Fridays from 1:00 p.m. to 3:00 p.m., and free Bingo with lunch each Monday starting at 11:45 a.m. Why not have fun while you eat lunch?

Needle work, including quilting on Tuesdays 10:30 a.m. to closing. If you're working on a quilt, crocheting an afghan, knitting a sweater, or involved in any other needlework project, bring your project and enjoy the company of others as you work.

The senior center Board of Directors meets on the second Friday of each month at 10 a.m. in the dining room. If you have questions, suggestions, or just want to know how the center operates, your attendance is welcome.

Vernonia Senior Citizens Center:

446 Bridge Street

Hours: Monday through Friday, 10 a.m. to 3:00 p.m.

Senior Information Assistance Rep:

Rosie McCoy

Thrift Shop Hours: 9:00 a.m. to 3:00 p.m.

Phone: 503-429-3912

Community-wide sale on Sept. 15

Vernonia's annual Community-wide Garage Sale will be held this year on Saturday, September 17, from 9:00 a.m. to 5:00 p.m.

Anyone who wishes to be included in the map of sales can call Helen Bateman at 503-429-6203, before September 13. Maps will be available on Thursday, September 15, alongside Vernonia Realty, 953 Bridge St.

Welcome Additions

Abbygayle Nolana Morgan

Abbygayle Nolana Morgan was born July 20, 2011, to Russell and Christina Morgan of Vernonia. She weighed 5 pounds, 2 ounces and was 19 inches long.

She joins her sister, Samantha Anne-Rose and her brother, Patrick Alexander, at the family home.

Grandparents are Nolan and Anne Morgan of Lemoore, Cal-



ifornia and Rosie Cordero of Hanford, Calif.

BEAR CREEK



PUB & BAR

GOOD FOOD
GOOD FRIENDS
GOOD TIMES

831 Bridge St.
Vernonia, OR
503-429-0214

AMERICAN LEGION
POST 119



All Veterans and their Families
are Invited to a BBQ
On September 10th
From 11:00 am to 2:00 pm
At the American Legion Hall
627 Adams Street, Vernonia

For more info contact Rod Price 503-429- 0445