Professional Directory

Be here when they need you.

The INDEPENDENT Professional **Directory is the ONLY Professional Directory in the Upper Nehalem Valley.**

Call 503-429-9410 for information.

Dr. Christopher M.

Scheuerman, DMD

Mon. thru Thurs.

8:00 am - 5:00 p.m.

C Watts Tax & Accounting, LLC For All Your Tax and Accounting Needs

Cynthia Watts, LTC, EA

Vernonia, Or 97064

Ph 503-320-2391

Fax 503-429-6025

cynthialwatts@yahoo.com





Terry P. Tobin, O.D. **Doctor of Optometry**

FAMILY VISION CARE

GLASSES - CONTACT LENSES

For Appointment

Phone: 503-646-6166

Weekdays 8:30 a.m. to 5:00 p.m.

Most insurance accepted

Located across from Home Depot 660 N.W. Murray Rd., Portland

MAPLE STREET CLINIC, P.C. "Medical Care for the Entire Family"

Taking New Patients

503-357-2136

Mon-Fri, 8:30 am - 5:30 pm 1825 Maple Street • Forest Grove

Banks & Vernonia Vernonia Dental Health Mart.

"Better Servíce Less Waít, Same Co-Pay"

Shingles Vaccinations

Suffering from allergies? We have Over the Counter Relief.

Two locations to serve you Accepting most insurance plans Transfer your prescriptions today!

Vernonia Pharmacy

622 Bridge St., Vernonia PH. 503-429-0591 Fax 503-429-7209 Mon. - Fri. 9 to 6 Saturday 9 to 1

www.vernoniarx.com

Banks Pharmacy

662 S Main At., Banks PH. 503-324-5780 Fax 503-324-5410 Mon. - Fri. 10 to 7 Saturday 10 to 3 www.bankspharmacy.com

VALLEY VETERINARY CLINIC

Large & Small Animals 9 am-5:30 pm, Every Thursday

58376 Nehalem Hwy. S., Vernonia

Call for Appointment:

1-503-556-3084

26072 Hwy. 30, Rainier

MASSAGE THERAPY

For Appointment Call

(503) 429-0880

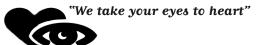
622 Bridge Street, Vernonia OR 97064

Swedish • Deep Tissue • Reflexology • Deep Relaxation • Reiki Relief for stress, chronic pain, soft tissue injury, whiplash. Medical Referrals Accepted • Insurance Billed

GIFT CERTIFICATES

MARIE KRAHN 503-429-5180 25 YEARS EXPERIENCE • LICENSE NO. 5495

Vernonia Eye Clinic



- Eye Exams Glasses Contact Lenses
- Diabetic Eye Exams Eye Emergencies
- * Eye Diseases Treatment & Management

Did you know that your kids should have an eye exam before entering kindergarten!

Accept most insurances, including Medicare

503-429-7000

622 Bridge St. Vernonia, OR 97064

TenderCare Dental Center

Andrew Thompson, DMD

Bring this ad to our office and we will take \$100 off

your first visit. NEW PATIENTS ONLY.

\$100.00 max. discount per person. Please mention ad

- Serving Children & Adults
- New Patients Welcome
- Prompt Emergency Care
- Preventative & Cosmetic Dentistry
- Insurance & Payment **Options**

NEW! Banks Location

664 S. Main St. Banks, Oregon 97106

Ph: (503) 747-3409

Mon - Fri 8 am - 5 pm

- 5% Senior and Cash **Courtesy Discount**
- invisalign® Clear Braces
- Dental Implants
- 6 Month Smiles **Cosmetic Braces**
- Mercury-Free Dentistry

North Plains Location

10395 NW Glencoe Rd., Ste 100 North Plains, Oregon 97133

Ph: (503) 647-0055

www.tendercaredentist.com



Have The INDEPENDENT delivered to your mailbox! Call 503-429-9410 to place your subscription!