Food for Thought

by Leslie Barnes



CHICKEN PARMESAN BURGERS

- 10 1/2-inch-thick slices French bread (4 inches in diameter); 8 slices toasted, 2 slices (crust removed) diced 1/2 cup finely grated Parmesan cheese
- 4 T minced fresh basil, divided, plus 12 large basil leaves
- 3/4 cup purchased refrigerated marinara sauce
- 12 oz ground chicken (white meat)
- 2 T extra-virgin olive oil, divided
- 1 T grated onion
- 1/4 tsp salt
- Pepper, to taste
- 4 oz whole-milk mozzarella cheese, thinly sliced 4 large radicchio leaves

Blend diced bread and Parmesan in processor to fine crumbs. Transfer to pie dish; mix in 2 T minced basil.

Mix marinara and 2 T basil in small saucepan. Transfer 1-1/2 T sauce to large bowl. Add chicken, 1/2 T oil, onion, and 1/4 tsp salt. Sprinkle with pepper; blend. Shape into four 1/2-inch-thick patties; coat with crumbs. Heat sauce over low heat.



No, this trailer isn't for hauling blessed dairy cattle to a new pasture; it's a Church On Wheels

Pioneer Baptist Church invites all to celebrate their first anniversary

Everyone is invited to an open house on Sunday, April 17, from 12:30 to 2:30 p.m. to celebrate the one year anniversary of Pioneer Baptist Fellowship. This is a chance to see how the Vernonia school cafeteria is tranformed into a church every Sunday. Classrooms will be set up, an array of photographs will be displayed will be on display and the C.O.W. -Church on Wheels - will be open. The C.O.W. is a 27-foot trailer that holds everything needed to hold church services. It was given to the church by New Life Baptist church in Hillsboro. Inside are carts holding containers for Sunday

School supplies, chairs (given by Beaverton Four Square church), a sound system, piano, projector, screen, etc.

Snacks will be served, so stop by after your morning worship and stay for a while. The congregation is currently meeting in the Vernonia Middle School building on Sundays and at the Vernonia Community Learning Center on Thursday evenings.

Everyone is welcome and it is hoped that the community will help celebrate this very special occasion. If you have questions, call John Cahill at 503-429-1161.

Heat 1-1/2 T oil in large nonstick skillet over medium heat. Cook patties until bottoms are crusty, 4 minutes. Turn patties over; top with cheese. Cook 3 minutes. Cover; cook until cooked through and cheese is melted, about 1 minute.

Assemble burgers with bread, radicchio, basil leaves, and warm marinara. Serves 4.

TOMATO WATERMELON SALAD WITH FETA AND TOASTED ALMONDS

For variety, use both yellow and red watermelon in the salad.

- 8 cups 1-1/4-inch chunks seedless watermelon (about pounds)
- 3 lbs ripe tomatoes (preferably heirloom) in assorted colors, cored, cut into 1-1/4-inch chunks (about 6 cups)
- 1 tsp (or more) fleur de sel or coarse kosher salt
- 5 T extra-virgin olive oil, divided
- 1-1/2 T red wine vinegar
- Pepper, to taste

3 T chopped assorted fresh herbs (such as dill, basil, and mint)

6 cups fresh arugula leaves or small watercress sprigs 1 cup crumbled feta cheese (about 5 oz)

1/2 cup sliced almonds, lightly toasted

Combine melon and tomatoes in large bowl. Sprin-

kle with 1 tsp fleur de sel and toss to blend; let stand 15 minutes. Add 4 T oil, vinegar, and herbs to melon mixture. Season to taste with pepper and more salt, if desired.

Toss arugula in medium bowl with remaining 1 T oil. Divide arugula among plates. Top with melon salad; sprinkle with feta cheese and toasted almonds and serve.

Serves 6 to 8.

OATMEAL PEANUT BUTTER CHOCOLATE CHIP COOKIES

- 1-1/2 cups old-fashioned rolled oats
- 2 cups all-purpose flour
- 1 tsp baking powder
- 1 tsp baking soda
- 1 tsp salt
- 2 sticks (1 cup) unsalted butter, softened
- 1 cup granulated sugar
- 1 cup firmly packed light brown sugar
- 1 T vanilla extract
- 3/4 cup peanut butter
- 2 large eggs

12-oz bag semisweet chocolate chips

8 oz semisweet chocolate, grated

In a food processor pulse 1 cup oats until ground fine. In a large bowl stir together ground oats, remaining 1/2 cup whole oats, flour, baking powder, baking soda, and salt.

In another large bowl, with an electric mixer beat together butter and sugars until light and fluffy, and beat in vanilla and peanut butter. Add eggs, one at a time, beating well after each addition, and gradually beat in flour mixture. Add chocolate chips and grated chocolate, beating just until combined. Chill cookie dough, covered, at least 2 hours and up to 1 week.

Preheat oven to 325°F.

Form rounded tablespoons of dough into balls and arrange about 2 inches apart on ungreased baking sheets. Flatten balls slightly.

Bake cookies in batches in middle of oven 15 minutes, or until just pale golden. Cool cookies on baking sheet 5 minutes, transfer to racks, cool completely. Yield: about 60 cookies.



Church Directory

VERNONIA FOURSQUARE CHURCH

Carl Pense, Pastor 850 Madison Avenue, Vernonia 503 429-1103 Sunday Worship Service: 10:30 a.m. Children's Sunday School

SEVENTH DAY ADVENTIST

Larry Gibson, Pastor 2nd Ave. and Nehalem St., Vernonia 503 429-8301 Morning Worship, 11:00 a.m. Sabbath School 9:30 a.m.

ASSEMBLY OF GOD

Wayne and Maureene Marr 662 Jefferson Ave., Vernonia, 503 429-0373 Sunday School 9:45 a.m. Morning Worship 11:00 a.m

ST. MARY'S CATHOLIC CHURCH

Rev. Luan Tran, Administrator 960 Missouri Avenue, Vernonia 503 429-8841 Mass Sunday 12:00 Noon Religious Educ. Sunday 10:30 a.m.

FIRST BAPTIST CHURCH

Pastor John D. Murray 359 "A" Street, Vernonia 503 860-3860 Sunday School 9:45 a.m. Sunday Worship Service 11:00 a.m. Wednesday Prayer Meeting 7:00 p.m.

VERNONIA COMMUNITY CHURCH

Ralph Young, Pastor 957 State Avenue, Vernonia 503 429-6790 Sunday Bible Classes 9:00 a.m. Family Praise & Worship 10:30 a.m. Wednesday Prayer 6:30 p.m. Thursday Laadies Study 7:00 p.m. Nursery 10:15 a.m. Vernonia Community Preschool

VERNONIA CHRISTIAN CHURCH

Sam Hough, Minister 410 North Street, Vernonia 503 429-6522 Sunday School 9:45 a.m. Sunday Worship 11:00 a.m. (meets in Youth & Family Center) Various Home Group Meetings

PIONEER BAPTIST FELLOWSHIP

John Cahill, Pastor 939 Bridge Street, Vernonia 503-429-1161 www.pbfalive.com Sunday School 9:45 a.m. Sunday Morning Worship 11:00 a.m. Thursday Prayer 7:00 p.m.

NEHALEM VALLEY BIBLE CHURCH

Gary Taylor, Pastor Grant & North Streets, Vernonia 503 429-5378 Sunday School 10:00 a.m. Morning Worship 11:00 a.m. Nursery available Wednesday Service 7:00 p.m.

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

Marc Farmer, Branch President 1350 E. Knott Street, Vernonia 503 429-7151 Sacrament Meeting, Sunday 10 a.m. Sunday School & Primary 11:20 a.m. Relief Society, Priesthood and Young Women, Sunday 12:10 p.m.