

## Help Alumni and Friends raise \$\$

The Alumni and Friends of Vernonia Schools are looking for people who would like to get involved with fundraising efforts for the new schools in Vernonia. If you ever attended school in Vernonia, are a spouse or parent of someone that did, or just want to help, we would like to invite you to join our group.

From the first students to attend Vernonia Schools in 1915 to the graduating Class of 2010, whatever your connection your ideas and help will be welcomed.

Please plan to attend the next meeting on Wednesday, February 17, at 7:00 p.m. at Washington Grade School.

## Ready to get Girl Scout cookies?

Girl Scout cookie sales are off and running. Open cookie sales will be held from February 19 through March 10. Girl Scouts will be selling at Sentry market or you can contact Kin-nell Steward at 503-819-0143 or mtskys@verizon.net to have a girl who lives near you contact you.

The new cookie is "thank u

berry much" and by all accounts is delicious! Cookies sell for \$4.00 per box and will be gone before you know it. Don't miss your chance to enjoy these scrumptious cookies! The Vernonia Girl Scouts want to thank the people of Vernonia for always being such great supporters.

## Learn to prune class on Feb. 13

Here is your chance to get hands-on training by experienced gardeners to correctly prune fruit trees, grapes, blueberries, rhododendrons and other ornamentals. This is a great opportunity to ask questions and get information about how to maintain and care for gardening tools. The pruning demonstration will have five stations for each type of plant, with volunteers to provide information and show correct pruning techniques.

This is a mature residential landscape and has a huge variety of plant material to enjoy.

Plan to join the Washington County Master Gardeners and the Tualatin Valley Garden Club for an educational and informative event. Saturday, Feb-

ruary 13, 9:00 am to noon at Dave and Lucinda Russell/ Mike and Paula McVay, 3850 Minter Bridge Road, Hillsboro. This is a new location for 2010.

For more information call the OSU Extension Office: 503-821-1150.

## Come eat chili, help class trip

Doesn't chili sound good on a cold February night? Chili is on the menu at the Vernonia home basketball game (it's also Senior Night) on February 11. Proceeds from the chili feed will benefit the Class of 2010 Senior Class Trip.

Enjoy some chili and stay to cheer on the Vernonia basketball teams.

## Write an essay, win publishing

Oregon Humanities (formerly Oregon Council for the Humanities) invites Oregonians from across the state to enter the O. Hm. essay contest and share a moment of insight or surprise – a time when they've read, seen, or heard something that changed the way they think about the world.

Essays must be limited to 500 words or less and submitted by Monday, April 5, to Oregon Humanities, O. Hm. Essay Contest, 813 SW Alder, Suite 702, Portland, Oregon, 97205, or r.hassan@oregonhumanities.org. Winning entries will be published in the summer 2010 issue of Oregon Humanities magazine.

Oregon Humanities magazine is an award-winning triannual publication (spring, summer, and fall) that examines topics of broad public interest from a variety of perspectives and approaches. Recent issues have focused on stuff, nostalgia, and civility. Through good and thoughtful writing, Oregon Humanities magazine enriches our understanding of important subjects and stimulates conversation and reflection among readers, their friends, families, colleagues, and neighbors. Content for the current issue is available online at oregonhumanities.org.

## Senior Center News

Get ready for a Valentine Party on Wednesday, February 10 at noon, right here at your Senior Center. Don't know if there will be hearts and flowers, but YOU are invited to bring the poems for a poetry contest. Bring your poem when you come to lunch, all of them will be read, and the winner will be announced after lunch. The Golden Oldies will be entertaining, too, for a great combination of music, poetry, food and friends. Don't miss it!

Lunch is served Monday through Friday at noon. A \$3.00 donation is suggested for those 60 and older, and \$4.00 for those under 60. If you want to order lunch to go, simply call ahead, 503-429-3912, and place your order for only \$4.00.

There are a few free senior passes available for swimming at the Forest Grove Aquatic Center. Three local drivers provide transportation on Tuesdays and/or Thursdays, depending on whether they are going to the 10 a.m. water exercise class, or the 11 a.m. open swim. For more information, call Pat Styles at 503-429-0750.

Are you in need of an electric stove? A good citizen is donating one, so call the Center at 503-429-3912 if you can put it to good use.

The next 5 Area Luncheon will be February 22 at the Rainier Senior Center. Arrange your own transportation, though, because not enough members have been attending to justify providing a bus. That can change when more members feel like socializing with members of other senior centers in Columbia County.

If you wonder how decisions are made for the Center, remember that members are welcome at the monthly meetings of the Board of Directors. The board meets on the second Friday of each month at 1:00 p.m. It's a good time to ask questions or make suggestions.

Don't forget If you want enough for a gathering of any kind, call 503-429-3912 a day or two ahead and place your order.

Remember there are great breakfasts on Fridays at the Senior Center from 7:30 to 9:00 a.m. Breakfasts are open to everyone for just \$3.50 per person. If you're not ready for breakfast, you can enjoy a maple bar, instead, at \$1.00 each – and they're made fresh daily.

Foot Care is scheduled twice each month at \$15 per person. Call Marilyn Albro, R.N., for an appointment, at 503-429-0406.

The Vernonia Senior Center and Thrift Shop is open Monday through Friday from 10 a.m. to 3:00 p.m.

# Happy Valentine's Day

The Columbia County Republican Central Committee Presents

## The Annual Lincoln Day Dinner For Columbia County Conservatives

Saturday, Feb. 13th, 2010

5:30 pm Social Hour

6:30 Dinner & Silent Auction

St. Helens Elks Lodge

350 Belton Road, St. Helens

Tickets \$25, Reserve by Feb. 8th

503-543-6271 or 503-366-1381

★ KPAM Radio Talk Show Hostess ★

Victoria Taft

Auction Item  
Donations  
Gladly Accepted!



## St. Mary's "Spring Clean" Rummage Sale

Inventory includes: Household items, Furniture, Quality Clothing, Books, Children's items and 'Man Stuff' Within Everyone's Budget!

Feb 26th & Feb 27th  
9am to 4pm  
980 Missouri Ave

For info call Maria at 503-429-1069  
or St. Mary's at 503-429-8841

