

4-H awards from county fair, continued

From page 15

Junior: Blue Award – Miles Haas, Clatskanie; Brad White, Clatskanie; Cassi White, Clatskanie; Sadie Harris, Longview; Brett Keller, Portland; Tristin Burnham, Rainier; Logan T. Davidson, Rainier; Nikolas Griffith, Rainier; Keaton Knox, Rainier; Sarah McDaniel, Rainier; Beau G. Groom, Scappoose; Megan Ely, Vernonia; Meghan Sullivan, Vernonia.

Sheep Showmanship, Intermediate: Reserve Champion – Lane Sullivan, Vernonia.

Blue Award – Austin Haas, Clatskanie; Micheal Keller,

Portland; Haley Burnham, Rainier; Tyson B. Griffith, Rainier; Grady Groom, Scappoose; Lane Sullivan, Vernonia.

Sheep, Fitting Contest, Junior: Blue Award – Miles Haas, Clatskanie; Maisy Horness, Clatskanie; Cassi White, Clatskanie; Tristin Burnham, Rainier; Logan T. Davidson, Rainier; Nikolas Griffith, Rainier; Sarah McDaniel, Rainier; Beau G. Groom, Scappoose; Megan Ely, Vernonia; Nicole Glass, Vernonia; Meghan Sullivan, Vernonia.

SWINE

Market Hog: Champion – Lane Sullivan, Vernonia.

Blue Award – Madison Dreyer, Deer Island; Dalton Gonzales, Deer Island; Dillon Gonzales, Deer Island; Elizabeth Kennedy, Deer Island; Jordyn Sweet, Deer Island; Julie Crape, Rainier; Kristi Crape, Rainier; Jacob B. Hel-

ton, Rainier; Bart Albert Grabhorn, Scappoose; Chelle Grabhorn, Scappoose; Jeff Boles, St. Helens; Jeremiah Hughes, St. Helens; T.J. Keim, St. Helens; Trent Keim, St. Helens; Jennifer Vanderwerf, St. Helens; Lane Sullivan, Vernonia; Macy Gray, Warren; Marie Hannah, Warren; Kate Johnston, Warren; Allison Kent, Warren; Owen Parsons, Warren; Jenny Vardanega, Warren.

Market Feeder: Blue Award – Savannah Dreyer, Deer Island; Julie Crape, Rainier; Kristi Crape, Rainier; Emily A. Abbott, Scappoose; Stephen Bowe, Scappoose; Chelle Grabhorn, Scappoose; Joshua Hughes, St. Helens; Thomas Hughes, St. Helens; Trent Keim, St. Helens; Jennifer Vanderwerf, St. Helens; Meghan Sullivan, Vernonia; Owen Parsons, Warren.

Additional awards will be published October 15.

Minimum wage-no 2010 change

From page 4

Oregon is one of ten states, with Washington, Vermont, Ohio, Nevada, Montana, Missouri, Florida, Colorado, and Arizona, that adjusts the minimum wage annually based on inflation and the CPI. A combination of factors, including local economic trends, the structure of state laws and the floor of the federal minimum wage, suggest that few, if any, decreased minimum wage rates will take effect next year.

The CPI, which is published by the United States Bureau of Labor Statistics, is a measure of the average change in prices over time for a fixed "market basket" of goods and services, such as food, shelter, medical care, transportation fares, and other goods and services people purchase for day-to-day living.

The Bureau of Labor and Industries works to protect the rights of workers and citizens to equal, nondiscriminatory treatment, and encourages and enforces compliance with state laws relating to wages, hours, and terms and conditions of employment. In addition, the Bureau's Technical Assistance for Employers Unit exists to train employers to understand and comply with civil rights and other labor and employment laws. Updated minimum wage posters will be available from the bureau in December and can be downloaded from the agency's website.

20 Years Ago This Month

From page 9

a director of West Oregon Electric Cooperative, however, and he and Alvilda don't intend to leave Vernonia.

"We've seen a lot of the country," he said, "and plan to stay right here. This is the best place."

"What I'll miss most," about closing the store he said, "is the kids. I've been the 'Candy Man'

for years."

Indeed, many adults feel a wave of nostalgia when they first see the big glass jugs of candy displayed low enough to let even small children make their own selections.

Many others will feel a very personal sense of loss when the doors of Sam's Food Store close for the last time, for they will know...an era has ended.



VERNONIA INN

Enjoy a quiet weekend with us.

**FULL SIZE, IN ROOM
HOT TUBS**

Queen Beds • Private Bath • Separate Entrance
Cable TV • Phones • Handicapped Access
• Commercial Rates

FOR RESERVATIONS CALL

1-800-354-9494 / 503-429-4006

Gift Certificates Available

900 MADISON AVE., VERNONIA, OR 97064

Just one block off scenic Nehalem River Hwy. (Oregon 47)

Curves joins breast cancer fight

From page 12

women themselves. With breast self-exams, women are able to detect subtle changes in their breast tissue.

Recent research has linked obesity and excess weight with an increased risk for various cancers, including breast cancer. According to Douglas, Curves has been a long-committed partner in the fight against cancer, raising millions of dollars annually for research, treatment and recovery programs. The company has also helped women lose millions of pounds and move away from

all types of diseases.

"When women understand that one-third of all breast cancer can be related to lack of exercise and poor diet, they'll know that they can have much more control over their cancer risk," Douglas said. "We want to encourage women to learn more about the impact wellness has on preventing cancer."

For more information about Curves of Banks or what week in October the service fee will be waived, contact Banks Curves at 503-324-9262 or banks.curves@verizon.net.

Run with Extra Confidence with Chevron DELO 400™ PLUS MOTOR OIL

The name you
trust for:

- Gasoline
- Diesel Fuel
- Oils • Solvents
- Additives • Greases



SEE US FOR

**HEATING OIL
DECK & SHINGLE OIL
ANTI FREEZE**



CALL

(503) 429-6606



WILCOX & FLEGEL

720 Rose Avenue • Vernonia