### **Professional Directory**

New Day

Massage &



Bodyworks Heather Lewis, LMT 503-429-4677 Insurance Accepted 847 Madison Avenue, Vernonia, OR

# Vernonia Dental

Dr. Christopher M. Scheuerman, DMD



Mon. thru Thurs. 8:00 am - 5:00 p.m.

For Appointment Call

## (503) 429-0880

622 Bridge Street, Vernonia OR 97064

#### MASSAGE THERAPY

Swedish • Deep Tissue • Reflexology • Deep Relaxation • Reiki Relief for stress, chronic pain, soft tissue injury, whiplash. Medical Referrals Accepted • Insurance Billed

> GIFT CERTIFICATES MARIE KRAHN 503-429-5180 25 YEARS EXPERIENCE • LICENSE NO. 5495

### Vernonia Eye Clinic

"We take your eyes to heart"

- Eye Exams Glasses Contact Lenses
- Diabetic Eye Exams Eye Emergencies
- \* Eye Diseases Treatment & Management

Did you know that your kids should have an eye exam before entering kindergarten!

Accept most insurances, including Medicare

503-429-7000

622 Bridge St. Vernonia, OR 97064



MAPLE STREET CLINIC, P.C.

"Medical Care for the Entire Family"

Taking New Patients

503-357-2136

Mon-Fri, 8:30 am - 5:30 pm

1825 MAPLE STREET • FOREST GROVE

Accepting most insurance plans

e-mail: vernoniarx@yahoo.com

622 Bridge St. Vernonia OR 97064

**VERNONIA HEALTHMART** 

Your Home Town Pharmacy

Over the counter items

Philip J. Darrah RPh

ph. 503-429-0591

fax 503-429-7209

Bring this ad to our office

and we will take \$100 off

your first visit.

NEW PATIENTS ONLY. \$100.00 max. discount per person.

Please mention ad

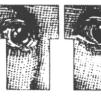
Pharmacist

**PHARMACY** 

192 C St Vernonia, Or 97064

**Ph 503-320-2391** Fax 503-429-6025 cynthialwatts@yahoo.com





Terry P. Tobin, O.D. Doctor of Optometry

## FAMILY VISION CARE

**GLASSES - CONTACT LENSES** 

For Appointment **Phone: 503-646-6166** 

Weekdays 8:30 a.m. to 5:00 p.m.

Most insurance accepted Located across from Home Depot 660 N.W. Murray Rd., Portland

#### Be here when they need you.

The INDEPENDENT Professional Directory is the ONLY Professional Directory in the Upper Nehalem Valley.

Call 503-429-9410 for information.

#### VALLEY VETERINARY CLINIC

Large & Small Animals 9 am-5:30 pm, Every Thursday 58376 Nehalem Hwy. S., Vernonia



Call for Appointment: **1-503-556-3084** 26072 Hwy. 30, Rainier

**TenderCare Dental Center** 

- Serving Children & Adults
- New Patients Welcome
- Prompt Emergency Care
- Preventative and Cosmetic Dentistry
- Insurance & Payment Options
- 5% Senior and Cash Courtesy Discount
- invisalign<sup>®</sup> Clear Braces

Andrew Thompson, DMD 10395 NW Glencoe Rd., Ste 100 • North Plains, OR 97133

Monday thru Friday 8 AM - 5 PM

(503) 647-0055



( ( )

Have The INDEPENDENT delivered to your mailbox! Call 503-429-9410 to place your subscription!