

Community



The Library Book Sale at Vernonia Library was deemed a great success, bringing in over \$600.00. These two young readers found many interesting items at the sale, held on March 7.

Bring ideas for parks on April 7

Do you have ideas that would improve Vernonia's parks?

Like most of Vernonia's residents, the city has a tight budget and must reduce it further in the coming budget year (July 2009 - June 2010). The public works department is down to four employees, from six a few years ago, so much of the routine parks maintenance is near the bottom of its priority work list.

Vernonia has seven public parks: Hawkins Park, with a gazebo, ball field and swimming pool; Anderson Park, with full-hookup RV or tent camping, covered picnic area, shower rooms and a horse arena; Shay Park, with the old logging train engine; Ora Bolmeier Park, a neighborhood park on Louisiana, Spencer Field's ball fields; Vernonia Lake Park, with fish-

ing, handicapped accessible piers and tent camping; and Airport Park, with self-contained RV or tent camping along the Nehalem River on Airport Road. All of the parks have picnic tables, most have restrooms and some have playground equipment.

There is a lot to consider, so local residents are invited to bring their ideas to an informal discussion with members of the Vernonia Parks Committee on Tuesday, April 7 at 7:00 p.m., at the Vernonia Community Learning Center. At that time, there may be information on possible new playground equipment and, if so, volunteers will be sought to help with installation.

Bring your ideas and join in coffee, refreshments and conversation about our parks.

My Fair Lady nominations open

The annual My Fair Lady Pageant is now accepting nominations for this year's My Fair Lady Court.

The My Fair Lady Pageant is held during the Columbia County Fair to recognize senior women for their outstanding service in the community.

Last year's My Fair Lady princess from Vernonia was Carol Sawyer.

To nominate someone to the court, contact Nancy Harwood at the Retired & Senior Volunteer Program (RSVP) at 503-397-5655 or rsvp@opusnet.com for an application.

Nominees must be at least 55 years-old, but do not need to be a member of RSVP or their local senior center. Nominations are due March 31.

Senior News

By Karen Miller, Senior Advocate
Community Action Team



AARP Classes will be this Monday and Tuesday, March 30 and

31, at the Vernonia Senior Center. If you read this column hot off the press, it's not too late to sign up for this driving refresher course designed for seniors! 503-429-9112.

Come ride the bus for the 5-area lunch this Monday, March 30; it is always a fun trip out of town to one of the other senior centers in Columbia County. Call the center at 503-429-3912.

Join us for lunch any day here, the cost is still only \$3.00 for under 60; 60 and over is on a donation basis only. We serve breakfast here on Friday mornings; also each day Connie bakes up maple bars for only \$1.00; call ahead and she will bake you up any amount at your request!

Here are two sites for senior computer buffs out there, with resources for senior information:

1. Healthy Aging Resource Directory – Go to multnomah.or.networkofcare.org and click on Healthy Aging in the left hand column to learn about Multnomah County's new

Healthy Aging website and resource directory.

2. Healthy Aging and evidence-Based Depression Fact Sheets – See <http://www.prc.hanconferences.com/actionbriefs> for a set of six action briefs created in conjunction with a webinar series on Healthy Aging and Depression.

VETERANS: Call my office for any assistance you might need from Community Action Team's Veterans Officer.

LEGAL AID: Call to see if you qualify for legal aid assistance

FOOTCARE here at the Center twice a month. Only \$15.

RELIEF:

A nervous taxpayer was talking with the IRS Tax auditor who had to review his records. At one point, the auditor exclaimed, "Mr. Carr, we feel it is a great privilege to be allowed to live and work in the U.S.A. As a citizen you have an obligation to pay taxes, and we expect you to eagerly pay them with a smile."

"Thank goodness," returned the taxpayer with a giant grin on his face. "I thought you were going to want me to pay cash!"

Until next time...don't put away your snow shovels.

INFORMATION NUMBERS

Senior Advocate...429-9112
Senior Center.....429-3912
Transportation.....429-4304

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