

Vernonia Cares explains a typical day at the Vernonia food bank

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 show that VCFB assisted over 150 Vernonia households. These households contained more than 400 people, one third of whom were children or senior citizens. Groceries are purchased through the Oregon Food Bank. A strong supporter of Vernonia Cares Food Bank, the United Way of Columbia County historically has provided about one third of VCFB's

annual budget. All other funds are raised through fundraisers or direct donations.

The generosity of faithful donors who donate food or funds allows VCFB to be a valuable service agency to local people who need grocery assistance. "We are your hands extended to the hungry," emphasizes VCFB Director Sandy Welch. "One in five people in Oregon goes to bed hungry.

Grocery items given in food drives are an example of what helps VCFB stock its shelves. This is a giving and supportive community! Financial donations help purchase food, keep the freezers running and keep Vernonia Cares' doors open. When donors and volunteers work together, hungry people are fed," Welch concluded.

Food donations may be brought to the food bank during

business hours or arrangements may be made by calling VCFB at 503-429-1414. Tax-deductible monetary contributions may be sent to Vernonia Cares at P.O. Box 126, Vernonia, OR 97064.

Vernonia Cares Food Bank (VCFB) is located at 627 Adams Avenue inside the American Legion Building, just behind the West Oregon Electric office on the way to Ander-

son Park. Curbside parking is available in front of the building and across the street. The Food Bank is open Tuesday and Thursday from 10:00 a.m. to 2:00 p.m. Those who are unable to access the food bank during business hours because of their work schedules, may make appointments by leaving a message at 503-429-1414.

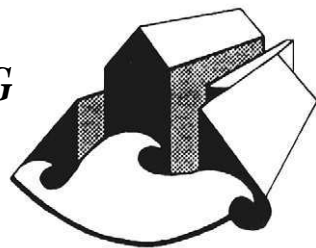
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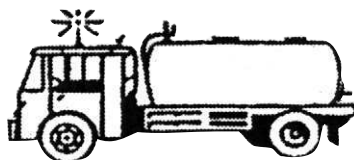
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