

How about a 5 or 10 km Valentine's Day Volkswalk?

A 10 km Volkswalk will be held February 14, starting at the Tuality Health Education Center, 334 SE 8th Ave., Hillsboro. This walk is being held in conjunction with Tuality's free Heart Health Fair, being held from 10:00 a.m. to 1:00 p.m.

Start time for the walk is between 8:00 a.m. and 1:00 p.m.

with the finish by 4:00 p.m. This 10 km walk (6.2 miles) will take you to a number of places you may not know in Hillsboro. Bring your binoculars to check out the water fowl at Jackson Bottom. There will also be a 5 km (3.1 mile) walk.

The walk, sanctioned by the American Volkssport Association, is rated an easy 1, for difficulty. It is free, except that those who walk for AVA credit pay a \$3 fee. Leashed pets are welcome (but cannot enter buildings).

Tualatin Valley Volks is the walk sponsor. For more information, call Sheila at 503-324-6191.



Zoo gives parents night off for V-day

Left; kids will make Valentine's-themed enrichment treats and items for the animals at the Oregon Zoo during the zoo's popular "I Love the Zoo" overnight program on Feb. 14-15. Southern sea otter photo by Michael Durham, courtesy of the Oregon Zoo.

While their parents enjoy an evening of Valentine's romance, kids can experience the nighttime wonders of the Oregon Zoo during its "I Love the Zoo" overnight. The special kids-only overnight begins Saturday, February 14, at 5:00 p.m. and ends Sunday, February 15, at 9:30 a.m.

Kids from seven to 13 will receive special guided tours, animal visitors and behind-the-scenes peeks. They will also create valentine treats for the animals to receive the following day. Dinner, an evening snack and a continental breakfast are included in the \$45-per-child fee.

"Valentine's Day is an especially appropriate time to teach kids to care about animals and their habitats," said zoo director Tony Vecchio. "By educating them in a fun environment, we empower them to respect and protect the world around them."

For more information, visit www.oregonzoo.org/Education/families/zoo_overnight.htm or call 503-220-2781.

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