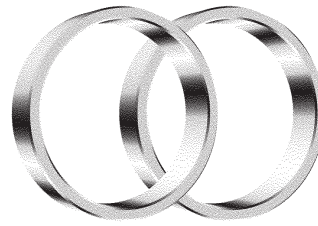


Cameron and Caspers set March wedding date



Jayme Cameron and Pete Caspers, of Peosta, Iowa, have announced their engagement. The wedding is planned for March 28 in Dubuque, Iowa.

The bride-to-be is the daughter of Keith and Allyson Cameron of Vernonia and Kathy and Warren Bell of Galena, Illinois. She attended Portland Community College and is currently employed as an Advertising Representative at The Galena Gazette.

The groom-elect is the son of Rusty and Cheryl Caspers of Anamosa, Iowa and Julie and Brad Hansen of Olin, Iowa. He graduated from the Upper Iowa University with a Bachelor's degree in Graphic Design and is employed as a Heavy Equipment Operator for Wending Quarries, Inc.

Bits & Bites

By Jacqueline Ramsay



Hello o u t there! If you're wondering where I went – my family kidnapped me New Year's. Now let me explain myself. Hope you had a Happy New Year. My T.V. lost its memory due to all the power outages in December. My son and family came to pick it up and take it to a doctor in Portland (since there are NO T.V. repairmen in Vernonia or Scappoose). Had a lovely day. The weather concerned all – then came the flood warning. I got a call, "Pack your bag, I'm coming after you, no, "no-no's". You're coming with us till this threat is over – we need peace of mind too." So I left in a downpour. In Milwaukie it has been cold, icy, windy, noisy, quiet and yes, even 1/2 an inch of snow. Upside, I've been con-

stantly with lights, heat, no shortage of food at hand. Played Scrabble, Rummikub, knitted, and am deep into J. Grisham's "Rainmaker". Now the downside, when you leave home in a hurry you can forget your brain (or part of it). Didn't bring all of my bills, phone numbers, addresses (needed and, mainly, no matter where you go a flood can follow you. Acquaintances of mine that live near Johnson Creek – one lost all and another got mighty soggy.

So if the Golden Oldies played on Wednesday, I missed you all – hope someone enjoyed the fruit cakes I left Christmas day at the Senior Center. Now – new storm coming, so the T.V. says. Night of the 6th – strong winds, heavy rain. Yes, it was.

Shadow says she's not fond of her roomies – two cats. Shadow's lake walk is now along a VERY BUSY King Road.

Hope to be home soon – chins up.

50 Years Ago This Month

The January 22, 1959, issue of the *Vernonia Eagle* included the following news story on the front page:

Polio vaccine shots will be given in all doctors' offices in Columbia county the week of February 2 - 7 for an administrative fee of \$1.00 through the cooperation of the Columbia County Medical Society and the Columbia county chapter of the National Foundation.

The doctors voted to participate in this last vaccination program following a talk by Chapter Chairman Earl Seawright Tuesday. The Salk vaccine is being bought with funds raised by longshoremens during the March of Dimes last year.

All residents who have not completed three shots are urged to

take advantage of this opportunity. Seawright pointed out that paralytic polio increased 43 percent in 1958. Persons over 40 should also seek protection, he said, citing an instance where a 65-year-old woman, Mrs. Dora Williams of Eugene, was flown to Rancho Los Amigos in Los Angeles a few weeks ago in an iron lung.

Seawright said, "The epidemic in Detroit last fall, with a total of 867 polio cases and 23 deaths proves that nowhere near enough vaccine has been used to prevent epidemics such as this."

The Mothers' March in Columbia county, which accounts for almost one-third of total March of Dimes income, will be made Thursday evening, January 29 between 7 and 8 p.m.

Reach for your personal life goals

by the American Counseling Association

Most of us have dreams and goals that we once thought were keys to our happiness, but that, for whatever reasons, we just never quite achieved.

This doesn't necessarily mean we're not happy with our lives, but we still may feel frustrated or disappointed about those unfulfilled dreams.

While there's no magic way to make all your dreams come true, you can take action to get closer to your life's goals and to

lessen those feelings of frustration.

A starting point is to put the past behind you. Holding on to unresolved anger and old resentments uses up energy and accomplishes nothing. Forget past hurts or abandonments and instead begin managing your daily life so that it reflects

Please see page 22

Join free Police Academy now

The Vernonia Senior Police Academy will start January 27, at 3:00 p.m. at the Senior Center. Call Karen Miller at 503-429-9112 to sign up, or just show up for the first class.

Police Academy is free to anyone 50 years of age and over who lives and/or works in Columbia County.

Lawyers available for sliding fee

Appointments with attorneys on family law issues are being made available by Columbia County Legal Aid and St. Andrews Legal Clinic. There will be a sliding fee scale for middle and low income clients.

Half-hour appointments are available on the third Thursday of each month, starting today, and also on February 19 and March 19. Appointments are

available between 6:30 and 9:00 p.m. for a \$35 fee.

Call 503-397-1628 for an appointment.

Action Ads

INEXPENSIVE – EFFECTIVE

503-429-9410

Creatures

Pet Supplies & Grooming
 10 am - 7 pm Mon. - Fri.
 10 am - 6 pm Saturday
 Closed Sundays
www.creaturespetshop.com
lissaedgar@yahoo.com
 503-429-PETS (7387)
 736 Bridge St., Vernonia

VERNONIA INN
Enjoy a quiet weekend with us.

FULL SIZE, IN ROOM HOT TUBS

Queen Beds • Private Bath • Separate Entrance
 Cable TV • Phones • Handicapped Access
 • Commercial Rates

FOR RESERVATIONS CALL
1-800-354-9494 / 503-429-4006

Gift Certificates Available
900 MADISON AVE., VERNONIA, OR 97064
 Just one block off scenic Nehalem River Hwy. (Oregon 47)