

Community



Mat Workman, former Vernonia Chief of Police, accepts an appreciation plaque from Mayor Sally Harrison while plenty of well-wishers applaud during his Farewell party on Sunday, September 28. Workman took a job as police chief in Warrenton starting October 1.

Welcome Additions



Henry John Bergstrom

Henry John Bergstrom was born August 19, 2008, to Cassi and George Bergstrom, Jr. of Cornelius. He weighed 7 pounds, 5 ounces and was 20 inches long.

He has joined his brother, David, at the family home.

Grandparents are George and Marcia Bergstrom of Buxton, and Bernard and Anita

Mayer of Hillsboro.

Great-grandparents are Mack and Alma Watts of Vernonia, Bernard J. and Jaunita Mayer of Hillsboro, and Elmer

Vernonia Pride seeks members

Vernonia Pride has announced that they will donate \$500 for a Logging Memorial to be built at the Vernonia Museum.

Vernonia Pride is a voluntary group that works on downtown beautification projects, sponsors the 4th of July parade and the downtown Christmas tree and celebration. The Vernonia Police Association recently donated a new Santa suit to re-

place the one destroyed in the flood last December.

Vernonia Pride is also soliciting new members. They meet the on third Thursday of each month at 1:00 p.m. at City Hall. If you can't attend these meetings, but want to join or help, call Rebecca at 503-429-9410 or Isabelle at 503-429-8403 for more information.

Senior News

By Karen Miller
Senior Advocate



I don't know about you, but I can take this nice weather as long as it

wants to stay...being a native southern California girl, I still miss their ocean beaches and I am sorry I missed the latest Beach Boys concert a few weeks ago at the coast. Lucky you Diane, drag me along next time.

No matter what the weather, we are warm and cozy here at the center, with our lunches every day, visiting with each other, all are welcomed and our

thrift store is having an all week half-off sale. Oh, and don't forget Bingo here on October 23 starting at 1:00 p.m.

So far, we have a foursome interested in a scrabble tournament; details of that coming.

And Necia DeWitt, beat me at Wii bowling last week; now THAT accomplishment is well worth putting in this column, if I had my way, it would be front page news!! Good job, Necia.

Five area lunch is here at Vernonia, October 29, Monday. Every fifth month it is here at our center; every last Monday of every month, one of our five Columbia County Senior Centers hosts a lunchtime event with food and fun. See you here!

Several of us had a great time at the Polish Festival last weekend; thank you to Romanina for heading that up and to Lee for driving; Any ideas out there for trips please let us know.

See me for information on the Oregon Prescription Drug Program, a state sponsored

prescription discount card program now open to all Oregonians regardless of age or income.

Free blood pressure checks, by Providence Clinic, here at the center on the 3rd Wednesday (Oct. 15 this month) from 10:15 to 11:15 a.m. Call me for more information.

A patient visited her doctor, "Doctor, it's been one month since my last visit and I still feel miserable."

"Did you follow the instructions on the medicine I gave you?"

"Absolutely. The bottle specifically said, "Keep tightly closed."

And speaking of medicine, I am sure many of us are excited to have a pharmacy back in town. Vernonia Healthmart Pharmacy, Vernonia's newest home town pharmacy. Welcome, Phil!

INFORMATION NUMBERS

Senior Advocate...429-9112
Senior Center.....429-3912
Transportation.....429-4304

A Gift for Our Members



Wauna Federal Credit Union has arranged a complementary professional portrait opportunity for our members! Please reserve your portrait time soon as appointments are limited. This offer will be made available to you on the following dates and locations:

Location	Dates	Phone
Vernonia (at the Community Church)	October 21, 2008	503.429.8031
St Helens Branch	October 22, 2008	503.366.1334
Clatskanie (at the Fire Station)	October 23 - 24, 2008	503.728.4321
Astoria Branch	October 29 - 31, 2008	503.325.1044

The 8 x 10 inch portrait gifts are one gift per sitting and one sitting per household. Our member (account holder) must be in the portrait. Members will choose from a variety of poses approximately three weeks after the private sitting. Additional portraits will be available with no obligation to purchase.

NCUA



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Astoria Clatskanie St Helens Vernonia Warrenton

Vernonia Dental Grand Re-Opening OPEN HOUSE

Join Dr. Christopher M. Scheuerman in Welcoming Phil & Gene Darrah with Vernonia Pharmacy & Dr. Jamal Masalmeh with Vernonia Eye Clinic to the Rock Creek Professional Building.
Friday Oct. 10th 1:00 p.m to 7:00 p.m.

Stop in and Say Hello & Check Out Our New Look



622 Bridge St., Vernonia

Vernonia
FLORIST
736 Bridge St.
(along with Creatures & Double C Tack)

Call today for our Dozen Red Roses arranged in a vase for \$35 Delivered to your sweetheart!

(503)429-2000

10 am - 7 pm Mon. - Fri.

10 am - 6 pm Saturday

Closed Sundays

VISA/Mastercard Accepted