

Between the Bookends

By Susan Cackler, Library Assistant
Banks Public Library



The Friends of the Banks Public Library is sponsoring a class in the community room of the library on Saturday, February 23 from 9:30 to 11:30 a.m. Mary Jane Nordgren will lead "Supporting the Writer in Yourself and Others." Come and see how you can capture family lore or another story close to your heart. Nordgren was a doctor of osteopathy in Forest Grove for several years and is the author of three books. She also teaches writing classes, most recently at the Forest Grove Senior Center.

Winter weather has been especially unpredictable this year. If there is any doubt about road conditions, please call before you visit the library to make sure it is open.

Join us for Preschool Story Time Wednesdays at 10:15 am. This event is geared toward 3-6 year olds, but younger siblings are welcome. This month Miss Kathy will read on the following themes:

February 6:	Barnyard Bash
February 13:	Love Bugs
February 20:	Yummy in the Tummy
February 27:	Elephants

Bring your craft projects to the community room at the Banks Public Library to enjoy this free work space sponsored by the Friends of the Banks Library. Gather ideas from other creative people and enjoy meeting people in your community. Coffee, tea and light snacks are provided. Held from 5-9: p.m. on the first Wednesday of most months, the next craft night is February 6, 2008.

The Friends of the Banks Public Library can always use your support. You can make a tax deductible do-

nation, become a member, volunteer, or bring your recycling to Swatco on the **second Saturday** of each month. Money that the Friends raise helps the library purchase Cultural Passes, upgrade equipment and purchase books and movies.

New Books:

We added lots of new books on CD to our shelves this month. With some juvenile and young adult selections, there is something for the whole family.

Twilight, New Moon, and Eclipse, by Stephenie Meyer and read by Ilyana Kadushin. This series of three novels for young adults tells the tale of teen-aged Bella and her experiences with a seductive vampire named Edward Cullen. Both thrilled and terrified by him, she must make difficult choices that may affect the rest of her life.

The Almost Moon, by Alice Sebold, and read by Joan Allen. Another intense story from the author of *The Lovely Bones*, this novel is a searing portrait of a mother-daughter bond that descends into murder. Clair and Helen Knightly are a parent and child whose relationship has become so intense that they are the center of each other's worlds. But as the novel opens, Helen crosses an almost impossible boundary, leading her to look at the life choices that have brought her to this point. With this novel, Sebold confronts the violence and danger that lurk beneath everyday life and the thin line that separates us from our most haunting impulses.

A Thousand Splendid Suns, by Khaled Hosseini, read by Atossa Lenoi. This breathtaking story is set against the volatile events of Afghanistan's last 30 years. The violence, fear, hope and faith of this country through these years is shown in intimate, human terms. By the author of the *Kite Runner*, this is a deeply moving account of family, friendship and love during an unforgiving time in a troubled land.

On the lighter side are two selections from Janet Evanovich: *Lean Mean Thirteen* and *Plum Lucky*, read by Lorelei King. *Lean Mean Thirteen* continues the series of books about bounty-hunter Stephanie Plum. This time her ex-husband has disappeared and she is under suspicion. *Plum Lucky* is a between-the-numbers novel that has Stephanie helping Diesel find a missing bag of gold that belongs to a little guy in green pants. She must go to Atlantic City along with Lula and Connie and keep Grandma Mazur out of trouble. Shorter than the number novels, this is a quick shot of fun. If you haven't tried Evanovich yet, it's time to start!

For the younger set is a trio of books from Rick Riordan: *The Lightning Thief*, *Sea of Monsters* and *The Titan's Curse* are about young Percy Jackson and his adventures as he discovers that he is the son of the god Poseidon and a mortal woman. Soon characters from Greek mythology walk out of his text book and into the 21st century and the ADHD, wisecracking Percy finds himself on quest for the gods and to find out his true identity.

The whole family can enjoy Neil Patrick Harris reading Beverly Cleary's classic *Ribsy*. Ribsy is Henry Huggins' dog and he is hopelessly lost in a shopping mall parking lot. It's raining, horns are honking and Ribsy is desperate. At last he jumps into what he thinks is the Huggins' station wagon and falls asleep. Unfortunately, he wakes up to little girls who want to give him a bath. How he gets home may be the liveliest adventure of his life.

Healthy Living Fair this Saturday

West County residents will have an opportunity to get the latest information on a variety of health topics and receive free blood pressure screenings at the Healthy Living Fair, Saturday, February 9, from 1:00 p.m. to 4:00 p.m. at Tuality Hospital, 335 SE Eighth Avenue, in Hillsboro. The event will be held in conference rooms 1 & 2 inside the main hospital building.

Information will be available on a variety of topics, such as cancer, nutrition, diabetes, heart disease, emergency preparedness and the effects of tobacco. In one activity, student nurses will guide participants through a health interview to help them develop their own healthy living plan. Some information will be available in

Spanish.

Nursing students from Portland Community College's nursing program put together the event. According to Karen Walker, a senior in the program, 26 PCC nursing students are involved in this community service event. PCC requires nursing students to spend at least eight hours in community service projects, and community service is expected of members of the National Student Nurses Association, Walker noted.

Co-sponsors for the event include PCC, AARP, the National Nursing Network Organization, the Oregon Student Nurses Association, Tuality Healthcare, and the Washington County Medical Reserve Corps.

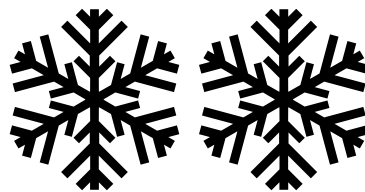
Curriculum for the Healthy Living Fair is guided by the Healthy People 2010 plan from the federal Centers for Disease Control and Prevention in Atlanta. Healthy People 2010 is a comprehensive, nationwide health promotion and disease prevention plan designed to serve as a framework for improving the health of all people in the United States during the first decade of the 21st century.



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