

Got room in your heart for one more?

Michael, 6, has long, sweeping lashes and velvety big brown eyes, who would recognize this superhero in disguise?! One of Michael's favorite subjects is Batman. At night, he can be found sleeping in his "bat tent"!

Michael has "a lot of heart."

This extremely cute boy is passionate, ambitious, energetic and strong-willed.

A flexible and good-humored parenting style helps Michael put his best foot forward, and makes the most of his humor and intelligence.

As Michael regains his trust in the world, it is vital that he have skilled and committed adoptive parents to stick with him through thick and thin. While he can be very challenging, he can be equally loveable and endearing. He needs that very special family who can put Michael first – something he has been waiting for all of his life!

Michael is one of approximately 300 Oregon children



available for adoption through the state, generally because of abuse and neglect. For more information contact the Special Needs Adoption Coalition at 503-542-2392 or DHS at 1-800-331-0503.

Action Ads

INEXPENSIVE – EFFECTIVE

503-429-9410

\$4.50 for the first 10 words, then just 10¢ for each additional word



Play it safe this fall.

Fall is the best time of year to get outside and play, whether you're with your team, your friends or your family. It's also a really important time to brush up on some key safety plays.

- wear layers so you can stay warm or cool down easily
- drink water to stay hydrated, even when it's cool outside
- wear the right equipment for the game or activity: helmets, pads, vests, shin guards, and shoes or cleats
- be aware of more people, cars and bicycles out near schools, fields and parks

Review the numbers: 9-1-1

Even when you plan ahead for safety, emergencies happen. That's the time to call 9-1-1. The highly trained staff at Columbia 9-1-1 is always there to answer your call and help make sure help is on the way as soon as possible.



Columbia 9-1-1:
Safety is the name of the game.

P.O. Box 998 St. Helens, Oregon 97051
Administrative Office: (503) 397-7255
Non-emergency Dispatch: (503) 397-1521 1-800-696-7795
www.columbia911.com

International adoption topic of talk

A workshop on the Basics of International Adoption will be held Saturday, November 17, from 10:00 a.m. to noon at Banks Public Library, 111 Market St., Banks.

An introduction to the international adoption process will be presented by the staff of Dove Adoptions International. Adoptive families will also be available to answer questions, discuss their adoption journey and share their struggles and successes.

The workshop will provide an overview of several important issues that families must learn to navigate or embrace during the adoption process and once your child is home,

from choosing a country and an agency, to understanding how much, or how little, information your child's country of origin will provide your family.

Additional topics will include medical tests and expectations of internationally adopted children, what to expect when traveling, how to prepare for the trip, returning home with a child and bonding issues.

The workshop is free but registration is recommended by Friday, November 16. To register or for more information contact Assistant Adoption Coordinator Kari Rose at 180 N. Main St., Banks, 503-324-9010 or by email doveadopt@adoptions.net.

Vernonia schools get health grant

Studies show that healthy kids learn better and, through grants from the Healthy Kids Learn Better Foundation, the Vernonia School District has begun to implement a district-wide health and wellness committee called the Vernonia Student Health Advisory Committee (VSHAC). The two \$15,000 grants were awarded to Washington Grade School and Vernonia High School for the purposes of addressing issues including nutrition, fitness, asthma, mental health and tobacco prevention.

The VSHAC includes teachers, administrators, counselors, students, health care profes-

sionals and community members. Their goal is to develop and implement policies and procedures promoting healthy student and staff lifestyle choices that will impact academic achievement for the patrons of the Vernonia School District.

Any input or comments regarding the implementation and focus for this committee would be greatly appreciated, and can be delivered to the Vernonia School District Office, Vernonia High School or Washington Grade School. Questions can be directed to George Spaulding, WGS PE teacher and grant coordinator at 503-429-7941.

Cartoonist works featured at TFC

Hundreds of works by retired Salem artist Hugh Hayes, best known for his whimsical fire prevention characters and caricature maps of Oregon, will be on display at the Tillamook Forest Center November 17-18 and November 21-25. The exhibit is free and open to the public.

Hayes, age 93, was a draftsman for the Civilian Conservation Corps, then worked for the Oregon Department of Forestry from the early 1940s until 1977. During this time he produced thousands of drawings and illustrations, from bridge and fire lookouts to cartoonish fire prevention materials. His distinctive look includes mischievous embers of flame scampering across the forest floor; illustrated maps of Oregon filled with characters and stories from

east to west; stunning perspective drawings of lookout towers and forest guard stations.

One of his most recognizable works is a stylized map of Oregon with regional and local caricatures drawn from history. More than 7,000,000 copies of the map were distributed to restaurants across Oregon as placemats during the 1960s and 1970s, helping a generation of Oregon youngsters enjoy learning about Oregon history and geography.

For more information, contact the Tillamook Forest Center at 866-930-4646, or visit the Center on-line at www.tillamook-forestcenter.org. The Center is located halfway between Forest Grove and Tillamook on Oregon Highway 6 and is open from 10:00 a.m. to 4:00 p.m., Wednesday through Sunday.