

Professional Directory



COLUMBIA COMMUNITY MENTAL HEALTH

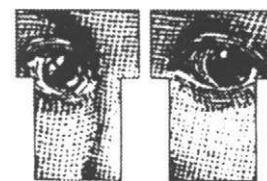
Outpatient Alcohol & Drug Services
INDIVIDUAL - COUPLE - FAMILY - GROUP
 Driving Under the Influence Program • ODL Monitoring
 Call for App't. **503-429-1053**



COLUMBIA ASSOCIATES TAX, INC.
 for all your accounting and tax needs

CYNTHIA WATTS, LTC, EA

192 C Street Phone (503) 429-6025
 Vernonia, OR 97064 Cell (503) 320-2391
 cynthialwatts@yahoo.com
 INDIVIDUAL CORPORATE PARTNERSHIP



Terry P. Tobin, O.D.
 Doctor of Optometry

FAMILY VISION CARE

GLASSES - CONTACT LENSES

For Appointment
Phone: 503-429-7008
 Wednesdays 9:00 a.m. - 5:00 p.m.

Most insurance accepted.
Call for information.
 622 Bridge Street, Vernonia

Vernonia Dental

Dr. Christopher M.
 Scheuerman, DMD



FREE TEETH WHITENING

W/NEW PATIENT EXAM, X-RAYS & CLEANING
 PRESENT THIS COUPON AT FIRST VISIT.
 Mon. thru Thurs. • 8:00 am - 5:00 p.m.
 For Appointment Call
(503) 429-0880
 622 Bridge Street, Vernonia OR 97064

MAPLE STREET CLINIC, P.C.

"Medical Care for the Entire Family"

Taking New Patients

503-357-2136
 Mon-Fri, 8:30 am - 5:30 pm
 1825 MAPLE STREET • FOREST GROVE

MASSAGE THERAPY

Swedish • Deep Tissue • Reflexology • Deep Relaxation • Reiki
 Relief for stress, chronic pain, soft tissue injury, whiplash.
 Medical Referrals Accepted • Insurance Billed

GIFT CERTIFICATES

MARIE KRAHN
503-429-5180
 25 YEARS EXPERIENCE • LICENSE No. 5495



*New Day
 Massage &
 Bodyworks*

Lic # 10732

Heather Lewis, LMT

503-429-4677
 Insurance Accepted
 847 Madison Avenue, Vernonia, OR

NORTH PLAINS CHIROPRACTIC CLINIC

SHANE E. ESPINOZA, D.C.
 CHIROPRACTIC PHYSICIAN

10395 NW Glencoe Rd. (503) 647-9944
 Suite 500 Fax (503) 647-0511
 North Plains, OR 97133 Se Habla Español

Be here when they need you.

The INDEPENDENT Service Directory
 is the **ONLY** Service Directory in the
 Upper Nehalem Valley.

Call 503-429-9410 for information.

The Grove & The Gardens

*Assisted Living & Enhanced Care
 Communities in Forest Grove*

Sherry Ward
Assisted Living
 2112 Oak Street
503-359-1002

Luan Lanter
Enhanced Care
 3334 22nd Avenue
503-357-9780

Jim L. Lucas, Lawyer

Family Law, General Practice

Phone (503) 324-0114

630 S. Main Street / P.O. Box 699
 Banks, Oregon 97106

VALLEY VETERINARY CLINIC

Large & Small Animals

9 am-5:30 pm, Every Thursday

58376 Nehalem Hwy. S., Vernonia



Call for Appointment:

1-503-556-3084

26072 Hwy. 30, Rainier

TenderCare Dental Center

SAVE

\$100.00

Bring this ad to our office
 and we will take \$100 off
 your first visit.



NEW PATIENTS ONLY.
 \$100.00 max. discount per person.
 Please mention ad.



Andrew Thompson, DMD

10395 NW Glencoe Rd., Ste 100 • North Plains, OR 97133

Monday thru Friday 8 AM - 5

- Serving Children & Adults
- New Patients Welcome
- Prompt Emergency Care
- Preventative and Cosmetic Dentistry
- Insurance & Payment Options
- 5% Senior and Cash Courtesy Discount
- invisalign® Clear Braces

(503) 647-0055

Have The INDEPENDENT delivered to your mailbox!

Call 503-429-9410 to place your subscription!

