

Community

Senior News

By Karen Miller



Any one remember that tune, "summertime, summertime, summertime...?" Now I'll go nuts until I remember who sang that. At any rate, summer is half over already but there are still events ahead: Jamboree this weekend, have a safe and fun time; see you at our senior picnic August 17 at Anderson Park, begins at 10, lunch at noon; Old Timer's picnic August 19, also at Anderson Park; and don't forget September 22, the **Vernonia Senior Center Hunting and Fishing Raffle and Dinner**. You just might be the lucky winner of a Ruger 300 Magnum rifle or a Husqvarna chainsaw, and lots more hunting and fishing paraphernalia; read *The Independent* for more information on this upcoming fun event!! Raffle tickets are being sold at Napa Auto Parts, Vernonia Hardware, Vernonia Senior Center, Sporty's in Clatskanie, and catch Larry down at, where else, Vernonia Lake at his Old Sawmill Eatery.

Sweet Adelines will be serving their usual pancake breakfast here at our center's dining hall and selling pies, Saturday only, August 4. More information in *The Independent's Jamboree Guide*.

Another thank you goes to our cook, Connie King, who made the spaghetti sauce for our successful Cycle Oregon dinner. Thanks, Connie, for all your extra help.

Welcome back former senior center cook Jamie Peura, who is cooking on Mondays and assists on Fridays. It's great to have your smiling face around again, and your added touch!

For seniors out there in need of some legal assistance – Legal Aid does have a pro bono program, call my office to see if you qualify, 429-9112.

Call my office for sign ups for AARP Safe Driving Class for August in Scappoose.

The Foster Grand-parent/Senior Companion Program wants you to help your commu-

nity. Volunteer and get rich by helping others! Foster Grandparent volunteers help kids with reading, and become their friends. Senior Companion volunteers bring joy and comfort to lonely and isolated seniors through companionship, respite, and personal care.

Benefits: Earn a stipend of \$2.65/hour **completely non-taxable**. Receive up to \$425 monthly.

Mileage reimbursement of \$.35 per mile if you use your own vehicle for visits. Also reimbursement for other forms of transport (taxi,bus).

Training. Fun times and good friends. You can work up to 40 hours per week.

Eligibility – Volunteers must:

- Be at least 60 years of age.
- Be in good health/no criminal background.

Meet income guidelines: \$1064 or less per month for household of one; \$1426 or

“Old Grads” get ready for picnic

The annual picnic of the Vernonia Society and “Old Grads” will be held August 19 at Anderson Park in Vernonia. Registration starts at 10:00 a.m.

Hot dogs and soft drinks will be on sale by Vernonia Pride, or bring a picnic lunch. Coffee and cups will be provided.

All former Vernonia residents and their families are invited to visit with old friends or meet some new ones.

less per month for household of two; \$1789 or less per month for household of three

Income amounts can be reduced for high medical, dental, drug or health insurance costs.

If these programs are of interest to you, please call my office at 429-9112.

If you know of a senior who would like a visit from the Senior Advocate or has any senior needs and concerns, call our office.

REMEMBER:

- Pastries and bread Wednesday and Saturday a.m.
- Bingo, Mondays at lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Sign language class at 9:00 a.m. on Mondays.
- Breakfast every Friday, 7:30 a.m. to 9:00 a.m., \$3.00.

INFORMATION NUMBERS

- Senior Advocate...429-9112
- Senior Center.....429-3912
- Transportation.....429-4304

Picnic planned for “Montana”

Are you from Montana or just love Montana? If so, go to the 17th annual Montana Picnic on Saturday, August 25, starting at 11:00 a.m. at Horsehoe Lake Park in Woodland, Washington.

Free coffee, pop and prizes. Bring a potluck dish and your own utensils. Any musicians are welcome.

This is a great opportunity to make new Montana friends or visit with old ones. For more information, call 503-543-3800.

Seniors need only sellable items

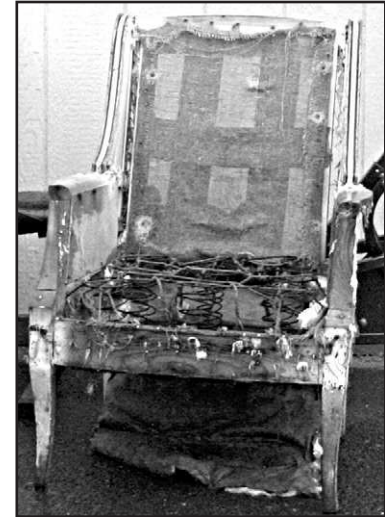
The Vernonia Senior Center continues to have trouble with people dumping junk, perhaps in the guise of donations, in their parking lot during evenings and weekends. The seniors and their volunteers must then find someone, and sometimes pay, to have this garbage removed.

The senior center will pursue prosecution against anyone caught ‘dumping’ items on their property. If you have legitimate items to donate for re-sale, contact the senior center during regular operating hours.

If you see someone dumping items when the center is closed, please report it by call-

Above, right: example of an item dumped at the senior center after hours recently.

ing Columbia County 9-1-1 Dispatch at their non-emergency number, 1-800-696-7795.



Sign-up now for big Garage Sale

The 9th annual Vernonia Community Garage Sale will take place from 9:00 a.m. to 5:00 p.m. on Saturday, September 15.

Over 40 households, plus some multi-households, usually participate in the Community Garage Sale. Some participants donate their proceeds to area charities.

To sign-up or for more information, call Helen or Ken at 503-429-6203.

Buy a brick and help the Grange

During “Open Mike Night” at the Vernonia Grange on Friday, August 3, 8-10:00 p.m., you can buy a commemorative brick from the chimney of the 100 year-old Grange hall. Funds will be used to install the first, ever, gutters on the hall.

Meet New Friends



Come join us in all the fun activities We have to offer you at The Grove Assisted Living



2112 Oak Street, Forest Grove, OR 97116 503-359-1002

MID-SUMMER BACK-TO-SCHOOL SALE!



Sunday's Best Women's, Misses & Men's Clothing

20%, 30%, 40%, 50% off select items

Buy your towels here!



884 Bridge St., Vernonia • 503-429-2530
across the street from the coffee shop