

Community

Senior News

By Karen Miller



Br-r-r. Do I need to go back down to the Mexican Riviera to get some sun? Come in and sit by our warm wood stove for some good fun, food and music; bring a game or two; browse our thrift store; in fact, check out our medical supplies for sale: walkers, crutches, bathtub/shower chairs, portable commodes.

Drivers: Are you familiar with the basic rule? ORS 811.100 (1) – A person commits the offense of violating basic speed rule if the person drives a vehicle upon a highway at a speed greater than is reasonable and prudent...the continuation of this basic rule is reviewed along with other safety reminders in the AARP Driver's Safety Class. Call my office to sign up. Only \$10 and no tests!! 503-429-9112.

Congratulations from the Vernonia Senior Center to Chief Workman for the honor of Chief of the Year he received last month at the American Council on Criminal Justice Training and also an award of excellence given to Vernonia

Police Sergeant Mike Kay. Thanks Vernonia: Working together to keep our town safe, likeable and liveable!

COMING UP: Plant sale in May. Any help of donations and/or helpers that day would be most appreciated. See President Carl Holsey.

Saturday, April 28, is Vernonia Clean up Day. Seniors: call this office if you would like to get on Vernonia Pride's outside clean-up assistance list.

CALL to signup for: FOOT-CARE twice a month here at our center.

WILLOUGHBY HEARING is here the second Monday of the month from 1:30-2:30 p.m. Free.

SWIMMING for seniors 60 and up on Thursdays. NO charge transportation also. First come – first serve basis.

Why, Why, Why! Why doesn't glue stick to the bottle?

Why do we press harder on a remote control when we know the batteries are going dead?

Why is it that no matter what color bubble bath you use the bubbles are always white?

How do those dead bugs get into those enclosed light fixtures?

In winter why do we try to keep the house as warm as it was in summer when we complained about the heat?

Why is the senior center the

hottest place in town on Wednesdays?! Now THAT I can answer! See you here!

If you know of a senior who would like a visit from the Senior Advocate or has any senior needs and concerns, call our office.

REMEMBER:

- Pastries and bread Wednesday and Saturday a.m.
- Bingo, Mondays at lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Sign language class at 9:00 a.m. on Mondays.
- Breakfast every Friday, 7:30 a.m. to 9:00 a.m., \$3.00.

INFORMATION NUMBERS

Senior Advocate...429-9112
Senior Center.....429-3912
Transportation.....429-4304

“Unchained” at church service for community

A Vernonia Community Service will be held April 29, starting at 11:00 a.m. at the Assembly of God Church at 662 Jefferson Ave., hosted by Pastors Wayne and Maureen Marr.

The film “Unchained” by Mac Gober will be presented and there will be a fellowship time with fingerfoods following the service.

Grange schedules events in May

A May Day dance will be held at the Vernonia Grange hall on May 5, at 7:00 p.m. with live music by the “Pebble Creek Gang” a country and western band. The cost is \$3 per person.

Also on May 5, a joint venture of the Vernonia Grange and the Vernonia Public Library will be the showing of Al Gore's Academy Award winning documentary, “An Inconvenient Truth,” at 2:00 p.m. at the Library. Following the movie, there will be an open discussion on the film and global warming, at the Grange hall. Come learn, explore this topic

and express your views.

The annual plant exchange will be on Saturday, May 12, starting at 10:00 a.m. and continuing until there are no plants left. If you have cuttings or plants to share or exchange bring them down. There will be a master gardener or two on hand to help with any questions. For more information, call Maggie at 503-429-2401.

Grange meetings are on the third Monday each month at 7:00 p.m. The Vernonia Community Grange hall is on the S.E. corner of Washington and North streets. Every one is welcome to any and all events.

Lions Club poker night on May 19

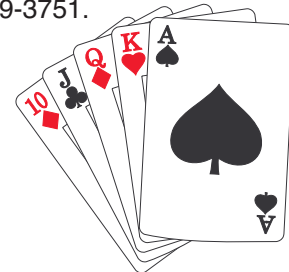
The Vernonia Lions Club will be holding a No-Limit Texas Hold Em Tournament starting at 6:00 p.m. on Saturday, May 19, at The Buckhorn Restaurant. A maximum of 49 players will be allowed, so early sign ups are encouraged.

Entry will cost \$40. Half of the proceeds will go to the prize pool, and the other half to the Lions Club for their public service projects. Prizes will be pre-paid Visa cards in designated amounts, based on the number of participants.

Last year, the Vernonia Lions Club donated over \$9,000 to local projects and organizations. Some of the projects receiving funds were hearing and vision screening for students

and seniors, glasses and vision surgery assistance to those unable to afford the services; the Vernonia Police Dept. D.A.R.E. car, a K-9 bullet-proof vest, Echoing Evergreen Youth Camp, scholarships, the Gales Creek Diabetes Camp, and aid for local students to travel to Washington, D.C.

To sign up for the tournament, or for more information, call Aaron Miller at 503-429-6049 or George Tice at 503-429-3751.



Welcome Additions

Kaylee Emma Dinger

Kaylee Emma Dinger was born March 8, 2007, the first child of Corey and Erin Dinger of McMinnville. She weighed 6 pounds, 9 ounces and was 18-3/4 inches long.

Grandparents are Jerry and Alison Dinger, and Gary and Carol Davis of Vernonia.

Great-grandparents are Myra Baska and Sam Davis,

both of Vernonia, Margaret Barss of Portland, and Vera Cole of Beaverton.



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