

Community

Senior News

By Karen Miller



As of this writing, January 12, my pipes at home are hopefully thawing, even

with the water left running all night; wow, what a cold snap we have had these past few weeks. But things are always warm and cozy, with warm hearts and hot fires in our stove here, so come on down on these cold days or ANY day for that matter. Also, join us for a hot lunch – today's was hot roast beef sandwiches! Come in for a lunch menu and join us Friday mornings for our \$3.00 breakfasts!!! What a deal!

January 13th is the Senior Spelling Bee here; catch you next time with the results!

IF YOU KNOW of a Columbia County low income senior, 60 and over, who might be in need of some wood; please call my office to see about eligibility requirements for a wood voucher from Scappoose Senior Center. This is a one-time-only voucher.

The Health Screening coming to the Center on February 3 is filled. Although you may still participate, but on an out-of-pocket basis. Call me for information.

Monthly services:

- 1) Footcare twice a month
- 2) Hearing aid assistance on the first Friday of the month
- 3) Blood pressure checks on each first Tuesday
- 4) Join our sign language class on Mondays at 10:00

Like the New look in our thrift store? You did a great job ladies!!

We again want to express

our appreciation to our faithful volunteers here. People like them have been an instrumental part of our successful year: Thrift store volunteers, the band and those extra volunteers who work on Wednesdays, those who pick up and distribute bread, volunteers who help put together special events and put up holiday decorations, those who help in the kitchen and those setting and serving meals Mondays through Fridays – plus our board members who oversee the operations of this community outreach organization and see that it works at its best capacity. You are doing a fine job at that!! Finally, thank you to all of you who patronize our center and we look forward to another progressive year working together toward a new Senior Center!

Five more New Year's Resolutions: Clean up your mess, eat healthy, say no to junk food, drink more...water, go for an eye check up, express your love, have a positive bent of mind!

If you know of a senior who would like a visit from the Senior Advocate or has any senior needs and concerns, call our office.

REMEMBER:

- Pastries and bread Wednesday and Saturday a.m.
- Bingo, Mondays at lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Willoughby Hearing every first Friday at 11:00 a.m.
- Breakfast every Friday, 7:30 a.m. to 9:00 a.m., \$3.00.

INFORMATION NUMBERS

Senior Advocate...429-9112
 Senior Center.....429-3912
 Transportation.....429-4304

Thompson 90th Birthday party

Friends of Eleanor Thompson are invited to help celebrate her 90th birthday.

The celebration will be held at the Scout Cabin on February 3, from 2:00 to 4:00 p.m.

Baska turns 96

Come join the party and help Myra Baska celebrate her 96th birthday, at the First Baptist Church in Vernonia, from 2:00 to 4:00 p.m. on Sunday, January 21.

Open volleyball starts on fridays

An open volleyball night will be held on Fridays, beginning January 26, at the Vernonia Community Church, on State Avenue, starting at 7:00 p.m.

Brunk and Hughes wed on October 14

Daniel Brunk and Paula Hughes were married October 14, 2006, at Memories on Main in Vancouver, Washington. They are making their home in Cornelius.

Mrs. Brunk is a machine operator at Nike and Mr. Brunk is an edgerman at Olympic Forest Products in Mist.

The bride is the daughter of the late Kenneth and Joan Jones of Barry, S. Wales, and a 1964 graduate of Barry Gram-

mar School. The groom is the son of Dale Brunk of Crooked River Ranch and Ann Winblad of Timber. He is a 1974 graduate of Vernonia High School.

Constitution Party will meet on third Wednesdays

The Constitution Party of Columbia County invites its members and anyone interested in the restoration of constitutionally-based government to

attend our lively, educational meetings. They will now be held on the third Wednesday of each month at 7:00 p.m. in the public meeting room of the Co-

lumbia River PUD building on Highway 30 near Deer Island. For more information call 503-543-3671.

Museum seeks early C-Z road users

Planning for the new linear park that will connect Vernonia with Scappoose is in progress. The Vernonia Pioneer Museum has been asked to help find people who worked or lived on or near the old Crown Zellerbach road between Vernonia and Chapman Landing in

Scappoose in the early years. The park planning includes documenting the history of the area. If you have photos or stories of Camp 1, Camp 8 or any of the places along the route, please call 503-429-3713, or stop by the museum to let us know.

A special thank you goes to Debbie Larson for her beautiful Christmas decorations. As she did last year, Debbie adorned all of the main areas of the museum and the porch with holiday cheer.

If you can spare just a few hours per month as a museum greeter or researcher, your volunteer service would be greatly appreciated. Regular museum hours are from 1-4:00 p.m. on Saturdays and Sundays during the winter months.

Christian Men's Retreat, Feb. 2-3

This year's Columbia County Christian Men's Retreat will be held February 2-3, at Cedar Ridge Sports Camp, 18062 Keasey Road, Vernonia.

The theme is "Reaching the Lost" and music will be provided by Mark Brown and Grant Williams. All men 16 years of age and older are welcome to attend the retreat, which begins

at 6:00 p.m. on Friday, February 2.

The cost of the retreat is \$45, which includes two day accommodations with three meals. Meals and conference only (without lodging) is \$25.00. Friday night only is \$15. Call Grant Williams at 503-429-6790 to register.

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