

Community



In his first ever public performance Christopher Curtis provided the music for the Vernonia Senior Center Fashion Show on May 11 which featured fashions from their thriftshop.

C-Z Trail meeting

The next C-Z Trail planning meeting will be held in Vernonia at the Scout Cabin on June 1, 6:00 p.m.

Volunteer now for ambulance



The Vernonia Volunteer Ambulance Association is looking for volunteers.

If you feel a desire to help others, or if you want to get a jump start in the medical field, volunteering with the ambulance association could help you with your goal.

If you are interested, call 503-429-4600 to schedule a ride-a-long or for more information.

Poker benefits Vernonia groups

Vernonia Cares and Vernonia Gateway Projects teamed up, April 22, for a very successful fundraiser with a Texas Hold'em Poker Tournament. This was no stop on the World Poker Tour but players were offered a real tournament environment by a professional dealing company, RU in Poker Tables.

The event enticed 27 participants to the Buckhorn Restaurant. Players could either pre-register for \$40, or pay \$50 the night of the event. During the first hour, all players were al-

Senior News

By Karen Miller



ELECTRIC SCOOTER raffle: Come on in and purchase your dollar tickets for our electric scooter to be given away Jamboree weekend!! Just your color, too: **RED!**

Are you in need of any medical equipment for 1/2 price? Call my office for information.

Mark your calendar for Romaina's Garden Party here at the center June 7, 8, 9, and 10. Bird houses, boot jacks, plants, shrubs, trees, flowers, gardening tools and much more. Be here early for the best selection. Starts at 9:00 a.m.

Please help make this our most successful fundraiser yet! If you have any plants to donate please bring them in or call us at 429-3912.

We had lots of GREAT fun here for our fashion show mod-

eling clothes hot off our rack; actually I never thought clothes could look so good, and if you weren't here, you missed out. Why, we hardly recognized Larry Bernardi in his stylin' sharp ensemble. Yes indeed, this is where the action's at so read this column to keep up!

Don't forget our Blue Light Specials here at the thrift store. My office is here and even I can't keep up with all the fun stuff and changes! So come on in and see for yourself!!

From the Community Action Team's Senior Advocate's office:

1) Coming May 23, we will have a Columbia County attorney here for legal assistance; call my office for an appointment.

2) Need information on Veteran's services? C.A.T. will also be making this service available.

3) Preventive Health grant is now offering swimming through this Vernonia office. Call for sign-ups.

4) Call this office to sign up for our next AARP safe driving

Public invited to CERT meeting

Members of the community are invited to attend the May 24 Vernonia CERT meeting at the Vernonia Grange hall, 957 North St.

Fred Oviatt will present information about the Columbia County Search and Rescue Program (CCSAR) at the meeting, which begins at 7:00 p.m. Points covered will be: What CCSAR is, what does CCSAR do and how do they do it, certi-

fication requirements, and survival skills in the event of a search that lasts overnight.

The presentation will be followed by a question and answer period. Applications for SAR Training will be available at the meeting.

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class.

5) Are you interested in caregiving training through Community Action Team? Call my office for information about a training date being scheduled for June.

See you Fridays for Breakfast here, 7:30 to 9:00 a.m., still just \$2.50.

Cool Cyber Resource: www.aarp.org – Information on health and wellness, money management, legal, insurance and other consumer issues.

If you know of a senior who would like a visit from the Senior Advocate or has any senior needs and concerns, call our office.

REMEMBER:

- Pastries and bread Wednesday a.m.
- Bingo, Mondays at lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Willoughby Hearing every first Friday at 11:00 a.m.
- Sign language class at 9:00 a.m. on Mondays.
- Breakfast every Friday, 7:30 a.m. to 9:00 a.m., \$2.50.

INFORMATION NUMBERS

Senior Advocate...429-9112

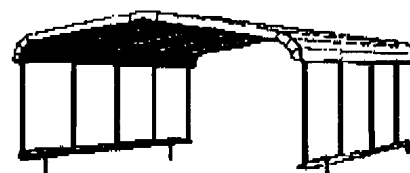
Senior Center.....429-3912

Transportation.....429-4304

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