

Community

Senior News

By Karen Miller



MOTHER'S DAY Fashion Show here at the Center, Thursday, May 11 at 1:00 p.m.!! Come join the fun with local community members (you'll have to come to see who) modeling the latest fashions hot off the rack.

The Lions Mobile Screening unit will be in Vernonia on Saturday, May 13, 9:00 a.m. to 4:00 p.m. FREE testing for vision, hearing, glaucoma and diabetes screening. Mark your calendars to be a part of this important health service for which we thank our local Lions Club.

WOW! Did people ever clean out their messes around Vernonia on April 22. Thanks to the City of Vernonia, SOLV, and Vernonia Pride. I sat in the dump line for 1-1/2 hours at the beginning at 12:30 but I didn't mind; the weather was beautiful and I just cranked up my Johnny Rivers tunes, time always goes by fast with my nostalgic memories music!! (By the way, Johnny's Mountain of Love makes a good aerobics dance number for any interested parties out there.)

Here at the Center we wish to thank: Patty Lloyd for her help inside and all the arranging in the back room, what a chore; her husband, Pat, along with vice president Bill James and president Carl Holsey for their hard work steam cleaning the outside parking lot and other clean-up work. Follow the leader, so the saying goes. Thanks for your fine examples! Also, thank you to members Jim Grimes and Phyllis Cox for coming from Rainier to offer their cleanup services.

See you on Friday mornings for Connie's fabulous breakfasts in our dining hall from 7:30 to 9:00 a.m. at the fabulous price of only \$2.50!! Ask our repeat customers...great food, great price!

We have lots of walkers here; come in if you need one.

From the Community Action Team Senior Advocate's Office:

1) Call this office to sign up for our next AARP Safe Driving Class.

2) Coming in May, we will have a Columbia County Attorney scheduling a day here at the Center for legal assistance.

3) Community Action Team has several programs that might fit your caregiving and housekeeping needs. Call my office to see if you qualify.

4) Need information on Veterans' Services? C.A.T. will also be making this service available.

5) PREVENTATIVE Health Swimming grant is now being utilized by this Center to purchase passes for seniors 60 and up. Call my office to sign up.

6) Tuesday, May 23, a Scappoose attorney will be at the Center for legal assistance – wills, etc. – call for an appointment.

If you know of a senior who would like a visit from the Senior Advocate or has any senior needs and concerns, call our office.

REMEMBER:

- Pastries and bread Wednesday a.m.
- Bingo, Mondays at lunch.
- Music with the Golden Oldies on Wednesdays.

- Games on Thursdays.
- Willoughby Hearing every first Friday at 11:00 a.m.
- Sign language class at 9:00 a.m. on Mondays.
- Breakfast every Friday, 7:30 a.m. to 9:00 a.m., \$2.50.

INFORMATION NUMBERS

- Senior Advocate...429-9112
- Senior Center.....429-3912
- Transportation.....429-4304

Party honoring 90+ year olds at Senior Center a hit with young, too

The Vernonia Senior Center held a party, April 21, in honor of those who will be 90 or older in 2006. The attendees received a free lunch, and gift bags filled with items from merchants and friends.

The sixteen honorees in attendance were Mary Eastman, Alice Buckner, Elizabeth Serafin, Bertha Seist, Myra Baska, Faith Reynolds, Margaret

Berndt, Violet "Cookie" Polos, Eleanor Thompson, Bertha Schumacher, Joe Seist, Frank Serafin, Norbert Pelster, Warren Aldrich, Ed Roediger, and Walter Butler.

Entertainment was provided by Bonnie Holce, who brought the second graders from Washington Grade School to sing, plus songs by two young ladies from high school.



Above, Second graders sing to honorees at the party for 90 + year olds on April 21.

Meet New Friends



Come join us in *all* the fun activities We have to offer *you* at **The Grove Assisted Living**



**2112 Oak Street, Forest Grove, OR 97116
503-359-1002**

Music & the Word

James Hamar Ministries

Sunday, May 7 at 6:00 PM

May 8, 9 & 10 at 7:00 PM

Assembly of God Church

662 Jefferson Avenue Vernonia

503-816-1989

Kasey & Judy,

Congratulations on the Bundle of Joy you are expecting.

Love,
Aunty Kristina

