

Professional Directory



COLUMBIA COMMUNITY MENTAL HEALTH

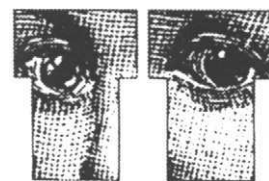
Outpatient Alcohol & Drug Services
INDIVIDUAL - COUPLE - FAMILY - GROUP
 Driving Under the Influence Program • ODL Monitoring
 Call for App't. **503-429-1053**

Providence Medical Group Family and Community Medicine

510 Bridge Street, Vernonia, Oregon 97064
503-429-9191

Phyllis Gilmore, M.D.  Judith Hargis, P.A.C.

A caring difference you can feel



Terry P. Tobin, O.D.
 Doctor of Optometry

FAMILY VISION CARE

GLASSES - CONTACT LENSES

For Appointment
Phone: 503-429-7008
 Wednesdays 9:00 a.m. - 5:00 p.m.

Most insurance accepted.
Call for information.
 622 Bridge Street, Vernonia

Vernonia Dental

Dr. Christopher M. Scheuerman, DMD

**FREE TEETH
WHITENING**



W/NEW PATIENT EXAM, X-RAYS & CLEANING
 PRESENT THIS COUPON AT FIRST VISIT.

Mon. thru Thurs. • 8:00 am - 5:00 p.m.
 For Appointment Call
(503) 429-0880
 622 Bridge Street, Vernonia OR 97064

MAPLE STREET CLINIC, P.C.

"Medical Care for the Entire Family"

Taking New Patients

503-357-2136
 Mon-Fri, 8:30 am - 5:30 pm
 1825 MAPLE STREET • FOREST GROVE

MASSAGE THERAPY

Swedish • Deep Tissue • Reflexology • Deep Relaxation • Reiki
 Relief for stress, chronic pain, soft tissue injury, whiplash.
 Medical Referrals Accepted • Insurance Billed

GIFT CERTIFICATES
MARIE KRAHN, LMT
503-429-5180
 LICENSED & CERTIFIED • LICENSE No. 5495



*New Day
Massage &
Bodyworks*

Lic # 10732

Heather Lewis, LMT
503-429-4677
Insurance Accepted
 847 Madison Avenue, Vernonia, OR

NORTH PLAINS CHIROPRACTIC CLINIC

SHANE E. ESPINOZA, D.C.
 CHIROPRACTIC PHYSICIAN

10395 NW Glencoe Rd. (503) 647-9944
 Suite 500 Fax (503) 647-0511
 North Plains, OR 97133 Se Habla Español

KLS SURVEYING

**Professional
Land Surveyors**

(503) 429-6115

1224 E. Alder Street
 Vernonia OR 97064



The Grove & The Gardens

*Assisted Living & Enhanced Care
Communities in Forest Grove*

Sherry Ward
Assisted Living
 2112 Oak Street
503-359-1002

Luan Lanter
Enhanced Care
 3334 22nd Avenue
503-357-9780

Jim L. Lucas, Lawyer

Family Law, General Practice

Phone (503) 324-0114

630 S. Main Street / P.O. Box 699
 Banks, Oregon 97106

VALLEY VETERINARY CLINIC

Large & Small Animals

9 am-5:30 pm, Every Thursday

58376 Nehalem Hwy. S., Vernonia



Call for Appointment:

1-503-556-3084

26072 Hwy. 30, Rainier

TenderCare Dental Center

SAVE

\$50.00

Bring this ad to our office
 and we will take \$50 off
 your first visit.



NEW PATIENTS ONLY.
 \$50.00 max. discount per person.
 Please mention ad



Andrew Thompson, DMD

10395 NW Glencoe Rd., Ste 100 • North Plains, OR 97133

Monday thru Friday 8 AM - 5

- Serving Children & Adults
- New Patients Welcome
- Prompt Emergency Care
- Preventative and Cosmetic Dentistry
- Insurance & Payment Options
- 5% Senior and Cash Courtesy Discount
- invisalign® Clear Braces

(503) 647-0055

Have The INDEPENDENT delivered to your mailbox!

Call 503-429-9410 to place your subscription!

