

Community

Senior News

By Karen Miller



To all you Georgians out there, I have lived in Tennessee and Virginia both, but last week was my first quick three day stay in your city of Atlanta enjoying that southern hospitality! It's so amazing how we can move so fast and get from one side of the country to another in just a few hours.

Equally amazing is how we keep things moving here at our thrift shop with our blue light specials! Last weekend, our store was open Saturday and Sunday, moving things fast with our bag specials. Thank you to Shelly Cota for being in charge of that.

FLU SHOTS: At the Headstart building December 9 from 10:00 until 12:00. Call 429-9243.

MEDICARE PART D: If you are in need of guidance through the maze of new information coming out on Medicare Part D, please call me. 429-9112.

BREAD will be available only on Wednesdays until further notice.

PARKINSON'S SUPPORT GROUP will now be available at the Scappoose Senior Cen-

ter. Call me for details.

Northwest Medical Team will be at the Scappoose Senior Center next month for any emergency dental work that you may need at that time. Certain restrictions apply. Call for information.

Well, here we are headed into winter months. Snow and ice and all the trimmings! You are starting to slide. What now? We talk about this and many other things related to safe driving. AARP Safe Driving Class will be available here in Vernonia in January. I am taking sign-ups now. This is a great class for updated safety reminders, for seniors you can get lower insurance rates, and remember, there are **NO TESTS** involved! Cost: \$10.

FAMILY CAREGIVERS to seniors in need of respite relief, call my office to see if you qualify for enrollment in our Respite Care Program at no cost to you.

A note from our President Bill James: We can always count on the people of Vernonia to help us out when we are in need. Thank you to those of you who helped us purchase our bread trailer to haul bread and food from the Oregon Food Bank.

The Senior Center is giving away \$10 thrift shop vouchers to Vernonia Cares and Headstart. Vouchers will be valid December 1 through December 31, 2005.

CHRISTMAS BAZAAR here this Saturday and Sunday. Come join the fun.

MOON LORE: Free lunch for the first one who can call me or come in with the name of the full moon for the month of December.

IMPORTANT NOTICE for Senior Center members: Election Day for our new officers is December 9 at 1:00 p.m. Your vote is important! See you then!

New member dues for 2006 are \$10. Thanks for your support.

If you know of a senior who would like a visit from the Senior Advocate or has any senior needs and concerns, call our office.

REMEMBER:

- Pastries and bread Wednesday and Saturday a.m.
- Bingo, Mondays at lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Willoughby Hearing every second Friday at 11:00 a.m.
- Sign language class at 9:00 a.m. on Mondays.

INFORMATION NUMBERS

- Senior Advocate...429-9112
- Senior Center.....429-3912
- Transportation.....429-4304

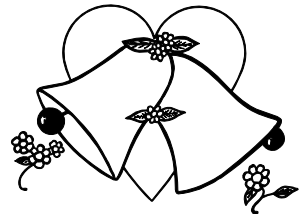
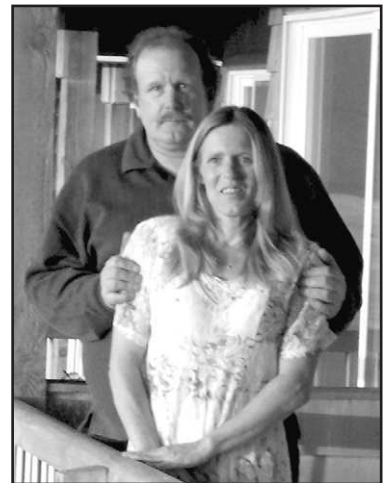
Help celebrate Robertson's 80th

The community is invited to help Herlene Robertson celebrate her 80th birthday on Saturday, December 3, from 2:00 to 6:00 p.m. at the Christian Church Youth Facility. Her 80th birthday is December 25, 2005.

Robertson worked at West Oregon Electric Cooperative

for 34-1/2 years until retiring in 1988. Her job, greeting people when they came in to pay their bills, afforded her the opportunity to get to know virtually everyone in the valley—and they are all invited to celebrate with her.

Williams, Wilder wedding at beach



Natalie Wilder and Robert Williams were married November 16, 2005, at a ceremony in Cannon Beach. They are making their home in Vernonia. Mr. Williams is the owner and operator of Williams Metal Fabrication in Vernonia.

Vernonian to exhibit artwork here

A fine art exhibit of works by Marilyn Michele K (aka Michele Kunkel) will be held at Cedar Ridge in Vernonia on December 16 from 7:00 to 11 p.m., December 17 from 2:00 to 10 p.m. and December 18 from 1:00 to 6:00 p.m.

The exhibit will feature works in metal, fiber, paint,

egging, installation and photography. "Here, merging into the season of winter solstice, is an artist's interpretation of her own life-death-life," said the artist of the exhibit.

Cedar Ridge is located on Keasey Road in Vernonia, approximately 1-1/2 miles from Bridge Street (Hwy 47).

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Thanks for all your contributions.

Donation Barrels at:

- * City Hall
- * Vernonia Hardware
- * Black Bear Coffee Co.
- * Vernonia Fire Dept. (new, unwrapped gifts only, please. Cash donations gladly accepted.)