

Professional Directory

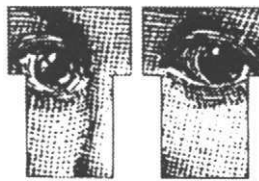


**COLUMBIA COMMUNITY
MENTAL HEALTH**
Outpatient Alcohol & Drug Services
INDIVIDUAL - COUPLE - FAMILY - GROUP
Driving Under the Influence Program • ODL Monitoring
Call for App't. **503-429-1053**

Providence Medical Group
Family and Community Medicine
510 Bridge Street, Vernonia, Oregon 97064
503-429-9191

Phyllis Gilmore, M.D.  **Providence Medical Group** Vernonia Judith Hargis, P.A.C.

A caring difference you can feel



Terry P. Tobin, O.D.
Doctor of Optometry

FAMILY VISION CARE
GLASSES - CONTACT LENSES

For Appointment
Phone: 503-429-7008
Wednesdays 9:00 a.m. - 5:00 p.m.
Most insurance accepted.
Call for information.
622 Bridge Street, Vernonia

Vernonia Dental

Dr. Christopher M. Scheuerman, DMD
FREE TEETH WHITENING 

W/NEW PATIENT EXAM, X-RAYS & CLEANING
PRESENT THIS COUPON AT FIRST VISIT.
Mon. thru Thurs. • 8:00 am - 5:00 p.m.
For Appointment Call
(503) 429-0880
622 Bridge Street, Vernonia OR 97064

MAPLE STREET CLINIC, P.C.
"Medical Care for the Entire Family"

Taking New Patients

503-357-2136
Mon-Fri, 8:30 am - 5:30 pm
1825 MAPLE STREET • FOREST GROVE

MASSAGE THERAPY
Swedish • Deep Tissue • Reflexology • Deep Relaxation • Reiki
Relief for stress, chronic pain, soft tissue injury, whiplash.
Medical Referrals Accepted • Insurance Billed

GIFT CERTIFICATES
MARIE KRAHN, LMT
503-429-5180
LICENSED & CERTIFIED • LICENSE NO. 5495



*New Day
Massage & Bodyworks* Lic # 10732

Heather Lewis, LMT
503-429-4677
Insurance Accepted
845 Madison Avenue, Vernonia, OR

**NORTH PLAINS
CHIROPRACTIC CLINIC**

SHANE E. ESPINOZA, D.C.
CHIROPRACTIC PHYSICIAN

10395 NW Glencoe Rd. (503) 647-9944
Suite 500 Fax (503) 647-0511
North Plains, OR 97133 Se Habla Español

KLS SURVEYING

**Professional
Land Surveyors**

(503) 429-6115

1224 E. Alder Street
Vernonia OR 97064



INSURANCE

VERNONIA REALTY & INSURANCE CENTER
Ken & Helen Bateman, Agents
Your Local, Independent Insurance Agents
Auto • Home • Business • Life • Health
P.O. Box 248
953 Bridge Street
Vernonia, OR 97064
503-429-6203



Jim L. Lucas, Lawyer
Family Law, General Practice
Phone (503) 324-0114

630 S. Main Street / P.O. Box 699
Banks, Oregon 97106

VERNONIA REALTY & INSURANCE CENTER
Carol Ostrander, Real Estate Broker
Graduate Real Estate Institute • 25 Years Experience

OFC: 503-429-6203
CELL: 503-784-9837
RES.: 503-429-6425
E-mail: carolo@agalis.net
953 BRIDGE ST. / P.O. BOX 248 • VERNONIA, OR



TenderCare Dental Center

SAVE

\$50.00

Bring this ad to our office
and we will take \$50 off
your first visit.

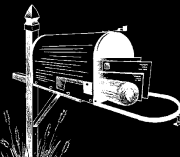
NEW PATIENTS ONLY.
\$50.00 max. discount per person.
Please mention ad



Andrew Thompson, DMD
10395 NW Glencoe Rd., Ste 100 • North Plains, OR 97133

Monday thru Friday 8 AM - 5 **(503) 647-0055**

- Serving Children & Adults
- New Patients Welcome
- Prompt Emergency Care
- Preventative and Cosmetic Dentistry
- Insurance & Payment Options
- 5% Senior and Cash Courtesy Discount
- invisalign® Clear Braces



Have The INDEPENDENT delivered to your mailbox!
Call 503-429-9410 to place your subscription!