

Community

St. Mary's Quilt Fair Sept. 15-18

The 35th annual St. Mary's Quilt Fair will open Thursday, September 15 for a four-day run, through Sunday, September 18. The doors will be open daily from 10 a.m. to 4:00 p.m., except on Friday, September 16, when the fair will stay open until 9:00 p.m.

In addition to the many quilts for sale or on display, a special feature this year will be "The Men's Room." There will also be a craft bazaar in the foyer of the church.

Lunch will be available daily,

Square dance lessons to start

The Sunset Promenaders are starting lessons for modern square dancing on Sunday, September 11, at 6:30 p.m. at the Odd Fellows Hall in Hillsboro at Third and Main streets. The cost is \$4 per adult, \$2 per teenager, and \$10 per family. The first lesson is free; ice cream sundaes will be served September 11. New dancers may join the class only during the first three weeks. The attire is casual.

Harold Kleve is the instructor. He may be called for information at 503-640-5140. President Joyce Clark may also be called at 503-647-5742.

In the Service

Anthony D. Busch

Army Pvt. Anthony D. Busch has graduated from the Light-wheeled Vehicle Mechanic advanced individual training (AIT) course at Fort Jackson, Columbia, S.C.

The course is designed to train soldiers to perform maintenance, troubleshoot, and repair wheeled vehicles and related mechanical components, including suspension systems, internal combustion engines and power trains, spark- and compression-ignition engines, wheel-hub assemblies, hydraulic brake and steering systems, and operate a wheeled vehicle crane, hoist, and winch assemblies.

Busch is the son of Darla L. Busch of Vernonia and is a 2004 graduate of Jewell High School, Seaside.

with a choice of two homemade soups, rolls and pies.

A Star of Bethlehem quilt, made by quilters in the parish, will be raffled at 4:00 p.m. on September 18. Raffle tickets can be purchased at the event.

St. Mary's Church is located at 960 Missouri Ave. in Vernonia. Sometimes called "The church that quilts built," St. Mary's depends on Quilt Fair proceeds to maintain its church, hall, and surrounding property. The facility is handicapped accessible.

For more information, call (503) 429-8841 or e-mail <stmarys08 @earthlink.net>.

"Old Grads" picnic brings many back to Vernonia for reunion



Tommy Thompson traveled the longest distance to the 2005 Vernonia reunion, from his home in Florida. With him is his sister, LaVerne Thompson Payne, of Seaside. Approximately 170 people signed in for this year's Vernonia Society and Old Grads Reunion. Oldest woman was Nellie Tipton, Dallas, Oregon. Oldest man was Cecil Johnson of Vancouver, Wash. Oldest graduate was Warren Aldrich, Longview, Wash. See page 10 for another picture from the picnic.

Senior News

By Karen Miller



The Vernonia Senior Center welcomes Cycle Oregon to our Spaghetti Extravaganza Luncheon on Friday, September 16 from noon on throughout the afternoon. WOW, What a deal for only \$3.00 for food and drink!!

Once again, we would like to say thank you to our volunteers

who give of their time here because, without your efforts, our thrift store would cease to exist! We appreciated all the help over Jamboree weekend; thank you to Sharon and Bud Gibson, Pat Lloyd and Bill James who kept the store open. Thank you to those of you who patronize the center, either with our great lunches or the shopping!!!

LEGAL AID help is available for seniors 60 and up thanks to Community Action Team in St. Helens who has worked hard in contracting legal help for you; call my office to see if you can be helped in your area of need: Karen Miller, Senior Advocate, 429-9112.

FOOTCARE is a service we help provide here. Our very capable footcare nurse, Judy, is here twice a month, call to sign up.

55 Alive class: September 12 and 13, cost is \$10, You don't have to be a senior to sign up.

WE NEED VOLUNTEERS here in our thrift store; please call Bill James if you can help!

Health note: Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. Doctors say a bystander can recognize a stroke by asking three simple questions:

- 1) Ask the individual to SMILE.
- 2) Ask him or her to RAISE BOTH ARMS.

3) Ask the person to SPEAK A SIMPLE SENTENCE.

If he or she has trouble with any of these tasks, call 9-1-1 immediately and describe the symptoms to the dispatcher.

Cool Cyber Resource: <www.organdonor.gov> 89,000 people are waiting for the gift of life – go to this site to see how you can help.

COMMUNITY ACTION TEAM is now on the web: Click onto their services at <www.columbia-center.org/cat> and see where they can be of service to you. Or come to my office here.

REMEMBER:

- Pastries and bread Wednesday and Saturday a.m.
- Bingo, Mondays at lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Willoughby Hearing every second Friday at 11:00 a.m.
- Jazzercise class at 2:00 p.m. on Tuesdays.
- Free blood pressure checks the first and third Tuesdays, 10:45 to 11:45 a.m.
- Sign language class at 9:00 a.m. on Mondays.

If you know of a senior who would like a visit from the Senior Advocate or has any senior needs and concerns, call our office.

INFORMATION NUMBERS

- Senior Advocate...429-9112
- Senior Center.....429-3912
- Transportation.....429-4304

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