

**Community**

**Buildings needed for Raid training**

The Columbia County Law Enforcement Raid Team is seeking abandoned or empty residences and/or sheds, garages and other buildings for training. "Practice" buildings are needed to continue honing the skills and developing professional teamwork.

The team of sworn law enforcement officers from all agencies within Columbia County, has been key in assisting with safe entry into resi-

dences and buildings for the execution of court ordered search and arrest warrants.

Co-supervised by Sgt. Phil Edwards of the St. Helens Police Department and Sgt. Larry Lucas of the Oregon State Police, St. Helens outpost, the team trains regularly to enhance the skills necessary for this dangerous mission.

If you have such buildings, no matter what condition they are in, and are willing to allow their use by the Raid team, contact Sgt. Lucas at 503-39-0325, ext. 1.

**Columbia Co. meeting in July**

The Columbia 9-1-1 Communications District Board of Directors regular board meeting will be held July 27 from 9 to 11 a.m. at the Columbia 9-1-1 Communications District Facility in St. Helens.

The Columbia County Parks Advisory Commission will hold a public meeting Tuesday, July 26, starting at 6:00 p.m. at the Columbia County Parks Department office, 1054 Oregon St., St. Helens.

**Class of 1965 reunion Aug. 6**

The Vernonia High School class of 1965 will be holding it's 40th reunion on Saturday, August 6. The potluck picnic will be held at the home of Darlene Welch McLeod, 919 Fairway Lane, Vernonia. All former teachers are invited to attend.

For more information contact McLeod at 503-429-4508, or Janet Hult at 503-429-0803.

**Senior News**

By Karen Miller



Whew! I can describe how things are going around here in one word:

**HOT!** Hot lunches, hot prices and hot things happening: Outdoor sidewalk sales, Wed. music, by the time you read this, the selection of the Columbia County Fair Queen (which a number of us went to July 20); read this column for a report on that next time! Oh yes, it has been hot.

Say, is there anyone out there that has any button quail birds? I have someone in need of finding someone with any, call my office if you do. 429-9112, thanks.

Any seniors in need of any yardwork: Call my office for a name. I have one who does great work at reasonable prices.

Don't forget we have free blood pressure checks here at the center every **FIRST** and **THIRD** Tuesday of the month. Cone on in around 11:00 a.m. and take advantage of this needed service; thank you to Providence Medical Group Vernonia.

We are still doing our sign

language class here on Monday mornings at 9:00 a.m.

**COMMUNITY ACTION TEAM**, an organization dedicated to investing in your community, is now on the web. Click onto their services at <[www.columbia-center.org/cat](http://www.columbia-center.org/cat)> and see where they may be of service to you!

Some of us seniors had a fun Red Hat Day at LaTeaDa Teahouse in Tillamook last week; Red Hattling around is just another way of expressing the fact that there IS fun in getting older; Red Hats are for those 50 and up. Come join the fun.

**THINGS TO KNOW:** Cool Whip will condition your hair in 15 minutes. Pam cooking spray will dry your fingernail polish. Mayonnaise will **KILL LICE**. It will condition your hair (you only need a small amount). Elmer's Glue - paint on your face, allow it to dry, peel off, and see the dead skin and blackheads. Shiny Hair - use brewed Lipton tea. Disclaimer: I copied this from a newsletter and haven't tried any of it, so proceed at your own risk, ha. And by the way, I tried the old mayonnaise-on-the-face-overnight routine as a moisturizer and all I did was gain weight - I had to get up and make myself a tuna sandwich every night.

We are in need of thrift shop volunteers; please come in and

see our President, Bill James, if you are interested.

The Vernonia Senior Center would like to express our Appreciation to *The Independent* for allowing us this space for our announcements and other expressions of interest. Thanks, Noni, Dirk, Clark and Rebecca.

**COOL CYBER RESOURCE:** For you grandparents to share with your grandkids about fishing, <[www.take-mefishing.com](http://www.take-mefishing.com)>.

**REMEMBER:**

- Pastries and bread Wednesday and Saturday a.m.
- Bingo, Mondays at lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Willoughby Hearing every second Friday at 11:00 a.m.
- Jazzercise class at 2:00 p.m. on Tuesdays.
- Free blood pressure checks the first and third Tuesdays, 10:45 to 11:45 a.m.
- Sign language class at 9:00 a.m. on Mondays.

If you know of a senior who would like a visit from the Senior Advocate or has any senior needs and concerns, call our office.

**INFORMATION NUMBERS**

- Senior Advocate...429-9112
- Senior Center.....429-3912
- Transportation.....429-4304

**Errold Burch is Retiring**

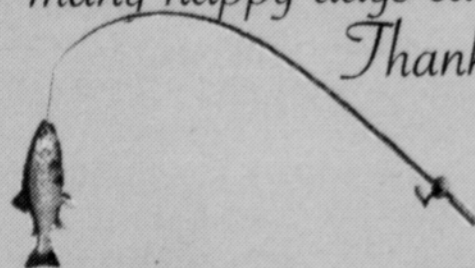
After 18 years as our meat cutter, Errold is jumping ship, from Vernonia Sentry to a brand new North River Boat! Instead of selling fish... he has decided on a new leisurely career of catching fish!



**EVERYONE IS INVITED to a Retirement Party - Open House to wish Errold Happy Fishing. At the Buckhorn Restaurant Sunday, July 24th from 5-7 p.m.**

*Errold, thank you for your 18 faithful years of service and wish you and Nancy many happy days camping & fishing.*

*Thank you,  
Gordon, Chuck & Randy.*



**How do you make 2 great shops in one location better? You make 3 great shops in one location!**

Please join

*Morning Mist* and **Out on a Limb**

Beginning August 2nd when *Buckleberry Cottage*



becomes the 3rd great shop at 919 Bridge St.

**New hours:**

**Tue - Sat, 11 a.m. to 6 p.m. Sun, Noon to 4 p.m. plus open until 8 p.m. each 2nd & 4th Thursdays**

**Phone 503-429-7009**

