

Synchro Fire swim team does well at two meets

St. Helens Synchro Fire recently competed in two regional synchronized swimming

ures competition.

The novice trio team of Munson, Solomon and Wolf, swam

eighth place in their level. Hart secured second in her age group and McCausland finished fifth in her 'B' level figures.

Competition found Hayes and Heimuller with a fourth place finish after a false start for duet teams. Teammates Hart and McCausland took a close third in 14-15 intermediate duet teams.

At this time, St. Helens Synchro Fire is actively seeking a coach to replace Alex Brookins, who is leaving after five years of coaching. Interested parties should contact Elin Hayes for details at 503-429-8021.



Front: Melissa Munson, Jennifer Hayes, Rebecca Wolf. Back: Jonelle Solomon, Cassie Hart, Lauren McCausland, Mikela Heimuller.

meets. The Classic Invitational meet, held in April, included 120 athletes competing from Oregon and Washington.

In compulsory figures, Jonelle Solomon of Scappoose, took third and Rebecca Wolf of St. Helens finished fifth in their category. Melissa Munson of Portland, Synchro Fire's newest and youngest novice, placed in the top ten among 22 competitors in her level.

Jennifer Hayes of Vernonia, finished an impressive third place while teammate Mikela Heimuller, of St. Helens, swam in at seventh place in their category. Lauren McCausland (12-13) and Cassie Hart (14-15) both of St. Helens, swept up second in Intermediate 'B' fig-

their way to a first place finish to the music of *I'm a Kid*. Next, intermediate duet team of Hayes and Heimuller, placed fifth with their rendition of *Fern Gully*. The duet team of Cassie Hart and Lauren McCausland secured second in their level with an unusual Middle-Eastern medley.

The team's next regional meet was held in Kirkland, Washington, over Memorial Day weekend. There were about 150 athletes, including teams from Juneau and Valdez, Alaska, and Bozeman, Montana, as well as Oregon and Washington.

Once again in compulsory figures, Hayes took third place while Heimuller slipped into



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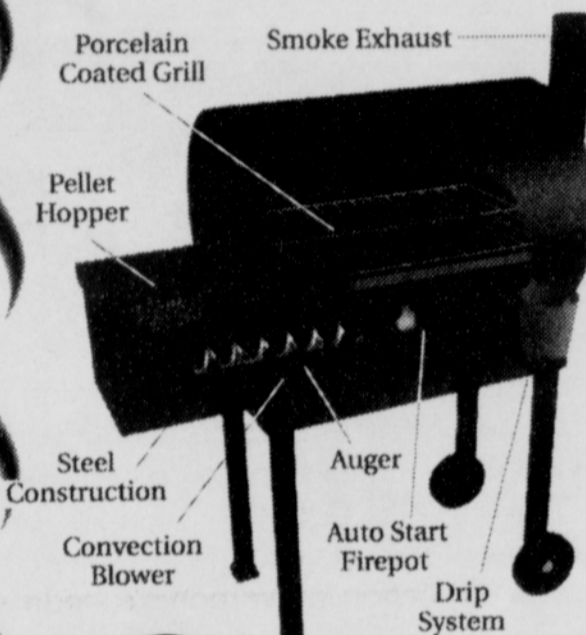
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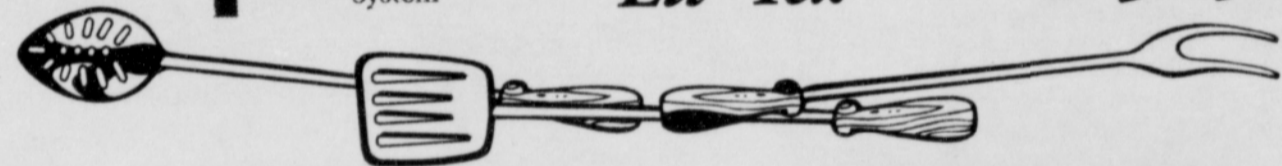


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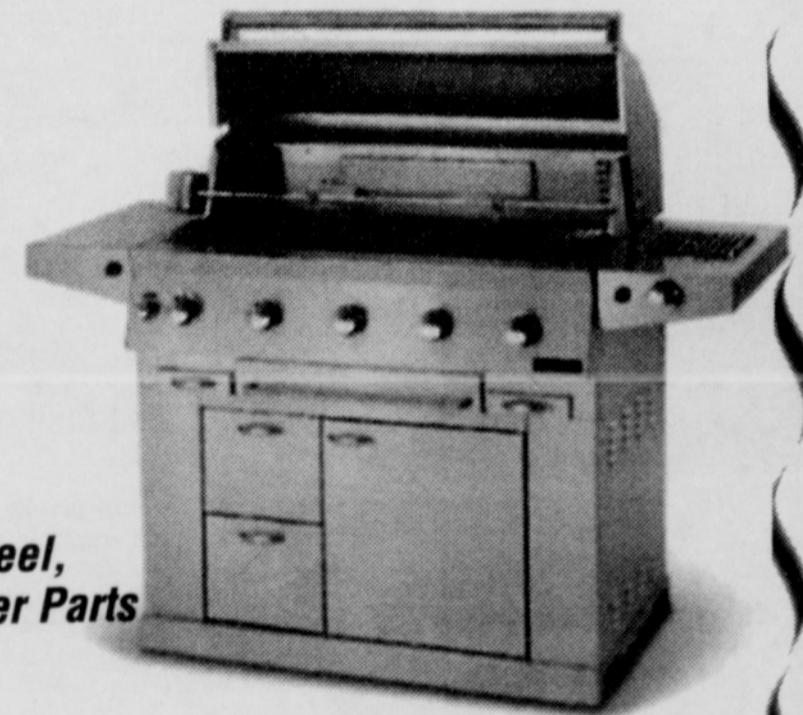
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