

Easter Cantata March 25 and 26

The Vernonia Community Choir will perform the Easter Cantata at a different location this year, and it will be different from the Cantatas they have done the last several years.

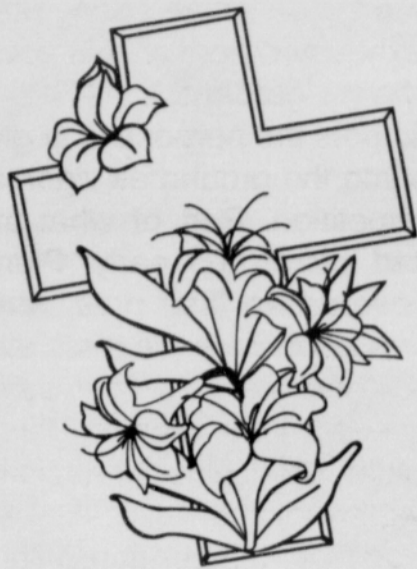
Because of starting practice later than usual, the presentation has had to be simplified. They won't be using the beautiful sets and costumes this year, but it will still be a wonderful presentation of Easter Music.

"Were It Not For Grace" is this year's presentation – a blend of new songs and old standards. The musical was created by Rob Howard and Bruce Cokeroff; arranged by David Hamilton, Robert Sterling and Gary Rhoads.

Because of new flooring in

the grade school gym, the Easter presentation is moving to the First Baptist Church on the corner of A Street and Washington Avenue.

There will be three performances; one on Friday, March 25 at 7:30 p.m., and two on Saturday, March 26 at 3:00 p.m. and 7:30 p.m.



Special Easter activities scheduled by Vernonia Community Church

The Vernonia Community Church will offer some special activities for Easter.



On Good Friday at 7:00 p.m., there will be a showing of the film "The Passion," at the church, 957 State Avenue.

On Easter Sunday, the community is invited to the Cemetery for a Sunrise Service, followed by breakfast at the church from 8:00 to 9:30 a.m. and then a Worship Service at 9:45 a.m.

Everyone is welcome to join these activities. For more information, call 503-429-6790.

Easter Egg Hunt will be March 26

The annual Vernonia Easter Egg Hunt, sponsored by the Vernonia Chamber of Commerce, will be held at Hawkins Park on Saturday, March 26, at 10:00 a.m.

The Hunt is divided by age groups for children up to 12 years old. Vernonia Sentry is providing the eggs that will be

cooked and dyed by volunteers. Leonetti's Pizza is providing pizza gift certificates; other treats will be supplied by the Chamber.



United Ways Charity Foundation is NOT United Way, may be scam

If you have been contacted by an organization identifying itself as the "United Ways Charity Foundation" do not confuse it with any part of United Way of America, United Way of Columbia County, or any other United Way organization.

This organization does not have permission to use the

United Way name, and may be trying to attract and defraud users by luring them to a website (www.uniteways.org – notice the missing "d" and the added "s") and asking the user to provide access to personal bank account information, supposedly for purposes of receiving and transferring charitable contributions.

Senior News

By Karen Miller



What you don't know won't hurt you? Not always!! Circle your calendar for

Thursday and Friday, April 7 and 8, at 1:00 p.m. here at the Center and join us for a Diabetic Workshop taught by Gloria VanDeHey, R.N., C.D.E.

Class #1

- 1) What is Diabetes?
- 2) What is pre-diabetes?
- 3) What you should do about it.

Class #2

- 1) What can you eat?

There will be healthy snacks and door prizes. Questions? Call 503-429-3912.

FREE SWIMMING GROUP being formed for Seniors 60 and over at Forest Grove Aquatic Center. Call our office 503-429-3912 to sign up. Paid for by Community Action Team's preventative health grant.

Mother's Day cards are here in Gladys Gan's card rack. She does a great job of putting together nice handmade cards at the minimal price of 75 cents!!! Support our Center and make someone happy by thinking of them. Come in and see her selection.

FREE FREE FREE Organ here at the center; it's yours for the taking. Also, come read our board of items people list to give away, this has been a very popular service.

JAZZERCISE class on Tuesdays at 2:00 p.m. No cost for those 60 and over.

FOOT CARE March 25th. 60 and up on donation basis.

The 30 minute Women's Heart Check scheduled for the end of April is FILLED. Thanks again to Community Action Team's preventative health grant that made this service available.

The Vernonia Lions Club, says chair of the Gales Creek Diabetic Camp, Bill James, will sponsor a child at the Gales Creek Camp. If you know of a family struggling to live with diabetes or a child with diabetes who would enjoy summer fun, and diabetes education, call Bill James at 503-429-2072 for an application by April 15.

MEMBER PROFILE: Bill James, our Senior Center President, and his wife Elaine, are both welcome assets to the operation of this center. Bill and Elaine moved here six years ago from Redonna Beach, Oregon. Bill is retired from Tektronix since 1986. Bill was born in Forest Grove and Elaine in Hillsboro, they both graduated from Hillsboro High School, and were married at the Methodist Church in Hillsboro on October 22, 1949. They have three children, son Bill Jr. in Las Vegas; daughters Jerilyn Ann and Valerie Lynne and between them they have given Bill and Elaine four grandchildren. The grandchildren are involved in our local high school's equestrian team with honors! Beside Bill's high profile involvement with our local Lions Club, Bill's past hobby included a fishing boat at Garibaldi for 20 years (He was surprised to learn my husband and I also had a boat moored there in the 70s.). Elaine fished and hunted with Bill but now is content to do gardening, crossword puzzles and crocheting, instead of traipsing through the brush lugging deer and rifles.

Also I am happy to report Elaine is a whiz on the computer and has been a huge help here in recordkeeping. So, A

BIG THANK YOU to both Bill and Elaine, Senior Center appreciated volunteers.

In conclusion I'd like all my readers to know that even my bird dog couldn't flush out the seven pink birds in our front yard last week.

Thank you to whoever sent the Boy Scout fundraiser's special flamingoes our way.

REMEMBER:

- Pastries and bread Wednesday and Saturday a.m.
- Bingo, Mondays at lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Sign Language class on Mondays, 10:30 to 11:30 a.m.
- Willoughby Hearing every second Friday at 11:00 a.m.
- Jazzercise class at 2:00 p.m. on Tuesdays.
- Free blood pressure checks the first and third Tuesdays, 10:45 to 11:45 a.m.

If you know of a senior who would like a visit from the Senior Advocate or has any senior needs and concerns, call our office.

INFORMATION NUMBERS

Senior Advocate...429-9112
Senior Center.....429-3912
Transportation.....429-4304

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