

Annual Turkey Trot, a 4-mile run and walk, benefits Oregon Zoo

The Oregon Zoo invites runners and walkers of all ages to the annual Turkey Trot on Thursday, November 25. The Thanksgiving Day event, organized by the Oregon Road Runners Club (ORRC), includes a four-mile run and fitness walk beginning at 8:00 a.m. and a one-kilometer Tot Trot beginning at 9:30 a.m. A portion of the proceeds from the Turkey Trot will go to the Oregon Zoo to fund animal care and conservation programs.

improve their health by walking and running over the past 34 years," said Matthew Wilson, ORRC president. "This walk and run, prior to sitting down to a big Thanksgiving Day meal, has become a real annual tradition and a favorite event among Oregon families and their relatives visiting from out of town over the holiday."

All events are noncompetitive. There will be a clock at the start and finish line for self-timing. Each event will start across from the zoo at the World Forestry Center and finish inside the zoo by the concert amphitheater. More information and registration forms are available at <http://www.orrc.net/Docs/Races/Turkey_Trot/index.htm>.

Parking is limited, so participants are encouraged to ride

MAX. The Washington Park light rail station is close to the registration area and the start and finish lines. TriMet timeta-

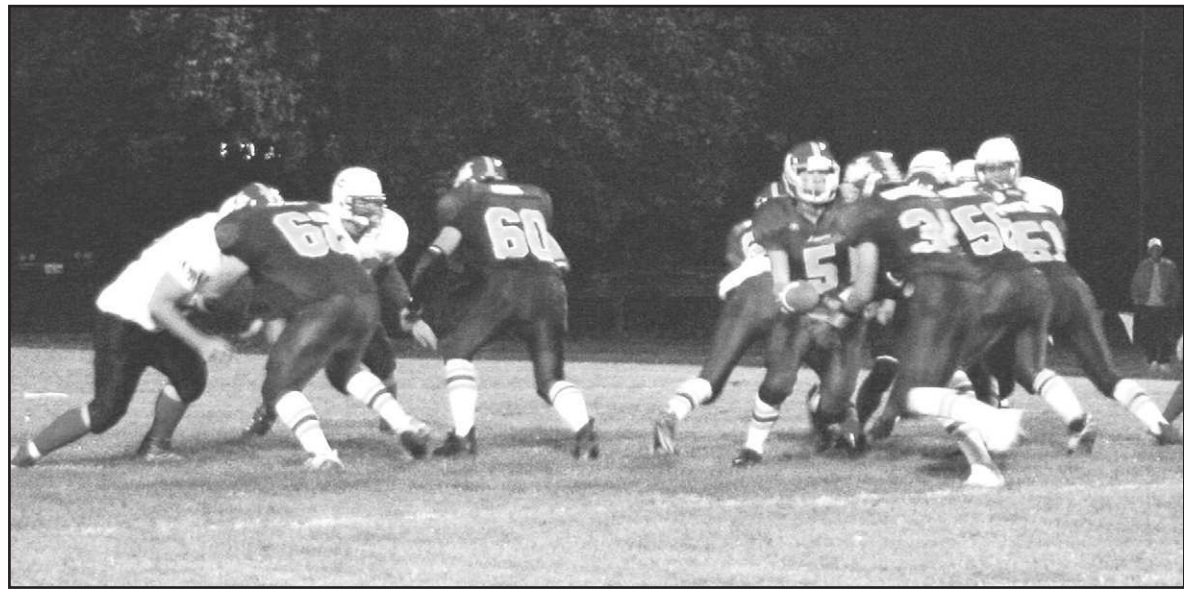
bles are available at <www.trimet.org>.

No pets or rollerblades are allowed in any of the events.

Strollers and child carrier backpacks are allowed only in the 4-mile fitness walk and must start at the back of the group.

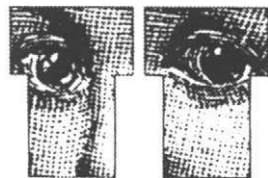


"The Oregon Road Runners Club has encouraged thousands of people to take steps to



A scene from October 15 when the Vernonia High School varsity team, the Loggers, played Corbett (in white) at Vernonia. The final score was 52-0 in favor of the Loggers.

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Please remember...

**20 mph in School Zones at All Times,
not just when children are present.**