## 2004 My Fair Lady Queen Esther Scott Medicare Rx Card meeting Aug. 13



My Fair Lady Pageant Emcee Brian Burright, gets a laugh by wearing a red hat from a Red Hat Society audience member, while Princess Sharon Gibson from Vernonia, RSVP Director Nancy Harwood, and My Fair Lady Queen Esther Scott enjoy the moment on July 21.

### **Senior News**

By Karen Miller



Volunteer appreciation tokens have arrived! If you have been a faithful volunteer

here at the Center, please come see me. We don't want to miss anyone!

Last Wednesday we said our sad farewell to NELLIE GREGG, a volunteer who has been coming in daily for 14 years to help in the kitchen. Nellie is off to new adventures. WOW! Thank you, Nellie, you'll be missed!

Thanks again to The Grove Assisted Living ladies who brought ice cream sundaes for lunch last Wednesday, July 28. What a treat on a hot day.

Next Foot Care Day: Friday,

August 27.

Take Note: August 13 at 10:30 a.m. here at the Center, a representative from SHIBA (Senior Health Insurance Benefit Assistance Program) will be here to answer all your questions on the Medicare Prescription Drug Discount card. Now's your chance to get informed!

Thank you to Columbia River P.U.D. for our free rides to the Fair - We had a great time.

From Lake Vernonia Caretaker, Bill Yeo: B.Y.O.C., Bring your own chairs and join me Friday night, August 6 at 9:30 p.m. for lakeside fireworks!

THRIFT SHOP WILL BE OPEN Friday, Saturday and Sunday Jamboree weekend. Doors open at 8:00 a.m. for all your shopping fun. Sweet Adelines serving breakfast here from 7:00 a.m. to noon, Saturday and Sunday.

Name the Year: 1) Songs -Mack the Knife, The Battle of New Orleans, He's got the Whole World in his Hands, Climb Every Mountain. 2) Show - Bonanza (Michael Landon... Swoon!!)

First one who tells me the right answer gets a free lunch (only one guess!)!

### REMEMBER:

- Pastries and bread Wednesday and Saturday a.m.
- Bingo, Mondays at lunch. · Music with the Golden
- Oldies on Wednesdays. Games on Thursdays.
- Willoughby Hearing every second Friday at 11:00 a.m.
- Sign language class on Mondays, 10:30 to 11:30 a.m.
- Free blood pressure checks the first and third Tuesdays, 10:45 to 11:45 a.m.

If you know of a senior who would like a visit from the Senior Advocate or has any senior needs and concerns, call our office.

### **INFORMATION NUMBERS**

Senior Advocate...429-9112 Senior Center......429-3912 Transportation.....429-4304

Vernonia area Medicare beneficiaries can soon get answers to their questions about the Medicare Prescription Drug Discount Card.

An informational presentation will be made at the Vernonia Senior Center, 446 Bridge St., on Friday, August 13. The program will start at 10:30 a.m.

The information will be pre-

sented by Christina Jaramillo, State Director for the Senior Health Insurance Benefits Assistance (SHIBA) program. SHIBA is a joint federal/state program that utilizes volunteers to assist people with Medicare. The Scappoose Senior Center sponsors the program in Columbia County.

## Vernonia Society, 'Old Grad' picnic set for August 15 at Anderson Park

The annual picnic of the Vernonia Society and "Old Grads" will be held August 15 at Anderson Park in Vernonia. Registration begins at 10:00 a.m.

Hot dogs and soft drinks will be on sale by Vernonia Pride, or bring a picnic lunch. Coffee and cups will be provided.

All former Vernonia residents and their families are welcome. Come and visit with old friends or meet some new ones.

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