

Community

Senior News

By Karen Miller



THANK YOU to our volunteers who faithfully help bring in the bread

twice a week. It is time consuming and a lot of work – thank you to Bernice Frey, her son Donnie, Elsie Frey, Gene Winningham, Cookie Polos, Linda Telef, Bill James, and others who help now and then, plus Bill Yeo who faithfully handles the donations. For someone who just celebrated his 75th big day, thanks to Bill for all your work.

Seniors, join the “Monday Movers” in walking each Monday at 9:00 a.m. at Vernonia Lake to celebrate the theme; “Older Americans... Aging Well!” See you Mondays!

We had a great time Wednesday, May 26, singing and two-stepping with the Golden Oldies Band, Bill Yeo’s spoons, and enjoying Jamie’s good home-cooked meal, plus a wonderful from The Grove’s Assisted Living ladies, who brought the works: strawberry shortcake, angel food cake, ice cream, whipped cream, cherries, nuts, chocolate fudge topping – What a deal! They’ll be back in June, watch this column for the date.

Our Tuesday quilting ladies – Louise Hamnett, Faith Reynolds, and Susan Goodhope – would like to invite anyone who can use a pencil, hold scissors, or sew a straight seam to join them on the first Tuesday of every month to put together “comfort quilts” for young victims who have been traumatized in some manner. Don’t know how to stitch? They’ll teach you! Call Louise at 503-429-7401.

New Legal Aid Service for Seniors: Community Action Team and Columbia County Legal Aid wish to make legal services available to seniors, 60 years and older, residing in Columbia County. This service period will end June 30, 2004.

Call our office for service types and/or appointment details.

We have beautiful recycled greeting cards here for only 75¢ What a deal! Come shop for a card, and bring your old cards to have them recycled.

Sign up for a Metro West Transportation trip to Old Country Buffet and a movie at Evergreen on 185th. Date: Tuesday, June 15. Time: Leave at 2:00 p.m. from the Center. Cost: \$5 for transportation plus the cost of dinner and the movie. Call Metro West at 503-429-4304 to reserve your seat today.

REMEMBER:

- Pastries and bread Wednesday and Saturday a.m.
- Bingo, Mondays at lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Willoughby Hearing every second Friday at 11:00 a.m.
- Sign language class on Mondays, 10:30 to 11:30 a.m.
- Free blood pressure checks the first and third Fridays in the mornings.

If you know of a senior who would like a visit from the Senior Advocate or has any senior needs and concerns, call our office.

INFORMATION NUMBERS

- Senior Advocate... 429-9112
- Senior Center..... 429-3912
- Transportation..... 429-4304

Welcome Additions

Ella Elizabeth Morrison

Ella Elizabeth Morrison was born May 21, 2004, to Kim and Jim Morrison of Vernonia. She weighed 8 pounds, 8 ounces and was 20 inches long.

She joins her brother, Bailey, at the family home.

Grandparents are Larry and Claudia Oblack of Mist and Jim

and Kathy Morrison of Vernonia.

Great-grandparents are Bertha Oblack and Joe Feist, both of Mist.



Yard of the Month



Ross and Debbie Smith, 1551 Heather Lane, have earned the honor of Yard of the Month for June.

4-H car wash planned

Saturday, June 5, will be a great day to have your car washed as 4-H members throughout Columbia County will be washing cars as a fundraiser for Friends of Columbia County Fair. All proceeds will be used for 4-H premiums at the Columbia County Fair.

The car wash will be held from 10:00 a.m. to 3:00 p.m. at the Vernonia Mini Mart. There will also be car washes in Scappoose, St. Helens, Rainier, and Clatskanie.

4-H members are also pre-

selling tickets now for only \$4.00. No buses or RV’s please! County-wide co-coordinators are Matt Gibson at 503-728-4675 and Ashley Ekstrom at 503-556-0528.

Vacation Bible School to start

The SonHarvest County Fair, a Vacation Bible School that children will never forget, is being sponsored again by the Vernonia Christian Church. SonHarvest County Fair is fun

and exciting, a place where children learn to apply Biblical teaching to their lives.

Children will enjoy singing, watching skits, creating crafts, learning about our missions, having yummy snacks and playing games.

Children going into Kindergarten through Grade 6 are invited to share in this exciting event. The SonHarvest County Fair begins June 14 and continues through June 18 at 410 North St., from 9:00 a.m. to noon. For more information, call 503-429-0200, 503-429-1620 or 503-429-6522.



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