

Bits & Bites

By Jacqueline Ramsay



Geeee – I’ve only been out of town for 10 days, but what a difference it has made at the lake. There is a marked increase in the expanse of lilies in the pond.

What I saw made my heart jump for joy. Maybe we have lost some of our berry patch but Oh! The beauty of the open space for lawn, picnic tables and play area for the public use. At least that is what I hope the space is for. No mini golf

course, please. If ever the Senior Center can get started on their new center. Putting land back into useful beauty can only be a blessing to the town and the businesses in it.

I really was not gone, just re-located for a spell out on Timber Road.

I’ve a question for the County Road People. What is the speed limit on that stretch of road, anyway?? There are no signs to suggest a top speed but I know for a fact traffic is heavy and trucks cannot stop on a dime without skidding, especially in the rain. There are so many driveways, mail boxes and dogs along that route. I would think it smart to have the speed limit posted.

But who am I – just a gal that

a log truck gave a shower to as I picked up the mail in the rain. I did not enjoy it.

I tried to go shopping again, ho ho – I wanted a nice solid color cotton blouse for a pant suit. Stopped in Freddie’s, needed help of course – clerk says “Possibly a shop in Washington Square.” Oh, yeah – I’m

heading for the Dress Barn in Seaside.

Nothing to do? How about a dish of ice cream. Sure – 10:30 a.m. — let’s go – the route – West on Bridge to Keasey to Stoney Point to 47 west to Pebble Creek Road to McDonald Road, down 47 to 26, East to Dairy Queen – west on 26 to

Timber Road, back to 47 into Vernonia, down Bridge to the Lake and home. 50 miles, nice day, no nasty traffic, so I didn’t get to hear the Golden Oldies at the Senior Center for lunch. The ice cream was worth it.

The scientific name for stinky feet is bromhidrosis.

Empowerment Workshop for women to be held in Rainier

An Empowerment Workshop for women will be held Tuesday, May 11, at the Rainier Head Start Center from 9:30 to 11:30 a.m.

This is a great opportunity for moms, wives and women of all ages to get together and learn from one another. Judy Jackson, MSW, will facilitate the session and speak on Empowerment and Choices: Taking Charge of Your Life.

The workshop is free, including childcare and refreshments

provided on site. Community Action Team (CAT) is sponsoring this event through a grant from the Children’s Trust Fund of Oregon.

Parenting groups in St. Helens, Vernonia and north Columbia County will start up again in the fall of 2004.

Rainier Head Start is located at 701 E. St. East. Pre-registration is required. Call Kristin Church at CAT, 503-366-6543 to register or for more information.



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