

# Community

## Senior News

By Karen Miller



The Senior Center wishes to express sincere sympathies to one of our faithful and special members, Russ Taylor, and family, on the sudden passing of his beloved wife, Stevie. We will miss Stevie's sweet smile and good humor.

Thanksgiving season is a time to reflect and be filled with gratitude for those special people in our lives. Here at the Center, we wish to express our sincere thank you to ALL of you in this community who volunteer their time, now, or in the past, to help keep the Vernonia Senior Center operating. We also thank all of you who patronize the Center's thrift store, all who donate and all of you who come in and eat our great lunches or just come in to sit and chat.

See you at our Senior Bazaar this Saturday and Sunday, Dec. 6 and 7, 9 a.m. to 3 p.m. Come in, shop around and purchase tickets for the beautiful quilt, lovingly handmade by our faithful Tuesday quilters, Louise, Faith, Susan and others. You may be the lucky winner. Christmas dinner here will be Dec. 18 at noon, call or

come in to sign up.

Foot Care Day is Friday, Dec. 19. This is a donation basis only, for seniors 60 and up. Slots fill fast so call us A.S.A.P.!

Free blood pressure checks will be available at the Center on Dec. 12, Jan 9, and Jan. 23. After Feb. 1, they will be the 1st and 3rd Friday of each month. These are provided by Providence-Vernonia Clinic.

For transportation to anywhere in Columbia County, call Metro West here at the Center, also to Beaverton, Hillsboro and Forest Grove. This is public transportation for all. For rates, call the Metro office here at 503-429-4304.

### REMEMBER:

- Pastries and bread Wednesday and Saturday a.m.
- Bingo, Mondays at lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Willoughby Hearing every second Friday at 11:00 a.m.
- Sign language class Monday, 10:30 to 11:30 a.m.

If you know of a senior who would like a visit from the Senior Advocate or have any senior needs and concerns, call our office.

### INFORMATION NUMBERS

- Senior Advocate... 429-9112
- Senior Center..... 429-3912
- Transportation..... 429-4504

## Turkeys, hams still needed for Cares boxes

Turkeys and hams are still needed for the Vernonia Cares Christmas food boxes. Slightly more than 100 have been donated and purchased, to date, leaving a need for approximately 100 more to meet the goal of 200.

There are still several ways to donate before Christmas. If you purchase a ham or turkey at Vernonia Sentry, you can donate at the check stand. Also, there will be a drop site at the Providence Family Medicine parking lot on December 6 and 13 from 9:00 a.m. to 3:00 p.m. Another option is to call Pat or Bob Stacklie at 503-429-7563 for pick-up at your home in the Vernonia area.

Volunteers working on this project have expressed sincere thanks to all who have come forward with generous donations of turkeys, hams, cash and Saver Shields!

Your donation is tax deductible and greatly needed. Please help if you can.

## Welcome Additions

### Emily Skye Epler

Emily Skye Epler was born November 20, 2003, to Andrea and John Epler of Salem. She weighed 8 pounds, 10 ounces and was 20-1/2 inches long.

Grandparents are Kimberly of Salem, and Paul and Alisha Epler of Vernonia.

Great-grandparents are John and Florence Epler of Hillsboro, and Patricia Grunitz of Salem.

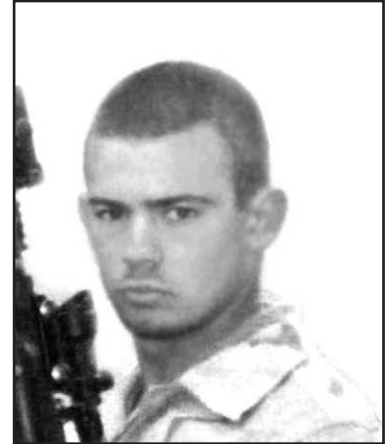
### Anne-Chantale Rose Gendron-Herndon

Anne-Chantale Rose Gendron-Herndon was born October 21, 2003, to Madeleine Gendron and David Herndon. She weighed 7 pounds, 11 ounces.

She joins her brothers, Louis-David and Charles; and sisters, Yolande, Celia, and Myriam, at the family home in Vernonia.

Grandparents are Yolande and Michel Gendron of Québec, Canada; Marilyn Stenoien of Valley Center, Calif., and Jim Herndon of Portland.

## In the Service



PFC Dennis Peters

Army Private First Class Dennis Peters is being deployed to Iraq as a member of the Infantry's elite Stryker Brigade Combat Team. He has completed a tour of duty in Afghanistan.

Peters is a 2000 graduate of Vernonia High School. He is the son of Tricia Coates of Vernonia and Richard J. Peters of San Diego.

Letters may be addressed to Private Peters at:  
PFC Dennis Peters  
Cco 2/3 Infantry SBCT  
APO AE 09385



## Care-full care...

...I've had a weekly quilting class at Valley Art for over 15 years and do hardanger on Wednesdays. My extra room is dedicated to sewing. I've been at Jennings McCall for two years since my family became concerned about my living alone on a farm. I've been absolutely satisfied with my decision. I'm in excellent health, but when I need to go to the doctor, Jennings McCall's driver carefully takes me wherever I need to go."

- InaMarie Withycombe

Have you thought about the care you or your loved one may need someday?

Jennings McCall Invites you to take a **VERY** close look...

Call 503-357-4133 Forest Grove



Jennings McCall I Independent Living Center 2300 Masonic Way

Enduring, Compassionate Care Since 1922. Provided and Operated by the Masons



An Independent and Assisted Living facility with Progressive Care available

Visit us at our website: [www.JenningsMccall.com](http://www.JenningsMccall.com)

## MIKE'S CHRISTMAS TREES

You Choose • We Cut  
Many Varieties to choice from

**\$1.<sup>00</sup> OFF any tree**  
W/2 cans of food for Vernonia Cares

OPEN WEEKENDS ONLY  
CUT TREES AVAILABLE  
MONDAY THRU FRIDAY

65736 Nehalem Hwy. N.  
(Hwy. 47)  
10 Miles north of Vernonia

