

Community

Senior News

By Karen Miller



Please note all five Senior Centers in Columbia County - Clatskanie, Rainier,

St. Helens, Scappoose and Vernonia - have resident Senior Advocates to answer your questions on health care issues, sign up seniors who qualify for in-home meals, and can help on a multitude of issues and concerns. If you know of a senior who would like a visit to explain available services, please call our office.

Our next foot care day is Dec. 19th. This service is on a donation basis only, due to a grant given to Community Action Team. Our slots fill fast - call or come in to sign up.

Our Senior Bazaar is Dec. 6 and 7, Saturday 9:00 a.m. to 5:00 p.m. and Sunday 9:00 a.m. to 3:00 p.m. Eight-foot display tables are \$10 each. There are three tables left.

Come join our sign language class on Mondays, 10:30 - 11:30 a.m.

Come in to purchase quilt tickets for the beautiful hand-made quilt lovingly stitched by our faithful quilters Louise Hamnett, Faith Reynolds, and Susan Goodhope, plus others who drop in from time to time. We appreciate these ladies who give up their time and talent to help bring in proceeds for the Vernonia Senior Center.

Come sign up!! We have some delicious pies promised for our Thanksgiving dinner Nov. 19 at 12:00 noon. See you then.

REMEMBER:

- Pastries and bread Wednesday and Saturday a.m.
- Bingo, Mondays at lunch.
- Ladies aerobics Mondays, too, after lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Willoughby Hearing every second Friday at 11:00 a.m.
- Sign language class, Monday 10:30 to 11:30 a.m.

Call our office for any senior needs and concerns.

INFORMATION NUMBERS

Senior Advocate... 429-9112
Senior Center..... 429-3912

Photography contest announced

The International Library of Photography has announced that over \$60,000 in prizes will be awarded this year in the International Open Amateur Photography Contest. All photographers, particularly beginners, are invited to enter. The deadline for the contest is March 1, 2004. The contest is open to everyone; there is no entry fee.

"Everyone has at least one memorable photo that captures a special moment in time," said Christina Baylon, Contest Director. "When people learn about our free photography contest, they suddenly realize that their own favorite photos can win cash prizes, as well as gain national exposure."

To enter, send ONE photograph in ONLY ONE of the following categories: People, Travel, Pets, Children, Sports, Nature, Action, Humor, Portraiture, or Other. The photo must be a color or black-and-white print (unmounted), 8" x 10" or smaller. Entries must include the photographer's name and

address on the back, as well as the category and the title of the photo.

Send entries to The International Library of Photography, Suite 101-2618, 3600 Crondall Lane, Owings Mills, MD 21117. Entries must be postmarked by March 1, 2004. Photos may also be submitted online at <www.picture.com>.

The International Library of Photography is an organization dedicated to bringing the work of amateur photographers to the public's attention. You can view the work of over 1.1 million amateur photographers at their website.

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Pacific Choral Union Nov. 23

The Pacific University Choral Union, a combined University and community choir, will perform Sunday, Nov. 23, at 3:00 pm in the Taylor-Meade Performing Arts Center at Pacific's McCready Recital Hall.

The choir will perform "The Magnificat" by contemporary English composer John Rutter and "Laud to the Nativity" (sung in English) by the Italian composer Ottorino Respighi. The Respighi piece will be accompanied by a woodwind ensemble.

The Choral Union is conducted by George Harshbarger and accompanied by Ingrid Unterseher. Featured soloists will include Pacific students Kirsten Hart, Rebekah Holzouser, Eric Olbekson, and Jessica Williams, along with community members Maurine Granat and Margaret Harshbarger.

General admission tickets are \$5, and tickets for seniors cost \$3. Tickets can be purchased at the door or by calling the Pacific University Box Office at 503-352-2918.

Bingo returns to Legion Hall

Bingo will be back at The American Legion Hall in Vernonia, starting Saturday, November 22 at 6:30 p.m.

Refreshments will be available from Vernonia Cares.

The American Legion Hall is located at 627 Adams Avenue in Vernonia.

Mark your calendars now for the next night of Bingo on Saturday, December 13 at 6:30.

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<p>SOOT BUSTERS Fireplace Shop & Chimney Services Gas - Wood - Pellet Fireplaces Steve & Jo Messenger (503) 397-0390</p>	<p>ST. HELENS SEW & VAC CENTER Sales & Repairs by: Paul Stonebrook (503) 397-4495</p>
<p><i>One Convenient Location</i> 1370 Columbia Blvd. • St. Helens, OR 97051 Email: sootbusters@ados.com • CCB# 119041</p>	

Fall is time for blackberry control

One reason blackberry vines are so difficult to control is that established plants spread by nodes - or small underground buds - that grow off established blackberry vine roots, according to Jed Colquhoun, weed scientist at Oregon State University Extension Service.

"This makes it hard to kill the vines by digging them up," said Colquhoun, "No matter how much of the plant you remove, you'll miss nodes that will develop into new vines."

Like other berry-bearing vines, blackberry vines are able to root from the tips of stems at certain times of the year. In autumn, long vines arch over and wherever they hit the ground the tips of the vines take root, creating new plants the following spring.

Cut the vines back to ground level, especially during the spring when the plant is most actively growing, keeps the plant from making the sugars it needs to sustain vigorous growth. Cutting vines back continually will eventually kill the plant. Digging vine roots will provide some control, but probably won't eliminate all of the plant.

For chemical controls, Colquhoun suggests glyphosate or compounds containing 2,4-D or

triclopyr. Timing of application is important for maximum effect. Glyphosate must be applied in the fall to be effective.

New Vernonia drama group

The "North Street Players," a community drama group has recently been formed.

Their first production is scheduled for December 14, 15, and 16, as they perform the "Readers Theatre Production" of Charles Dickens' "A Christmas Carol."

The "North Street Players" consists of Thespians of all age groups. This production stages grade school students through senior citizens performing the various characters of this adaptation by Vernonia's own G. Allen Ray.

The performance will start promptly at 7:00 p.m., the doors will open at 6:00 p.m. for ticket sales. Admission will be \$2 per person plus a non-perishable food donation for Vernonia Cares Food Bank.

This family event is the first staging, hopefully, in a long line of coming productions. All those with an interest in joining the "North Street Players" are cordially invited to contact Sally Harrison at 503-429-8425.

Christmas Bazaar

November 21 & 22

Friday 10 am - 4 pm
Saturday 9 am - 3 pm

Visit with Santa Sat. 11-3
Pictures \$3.⁰⁰

Something For Everyone
Krispy Kreme Donuts, Fresh Cranberries. All kinds of Crafts, Jewelry, Beads, Leather, Wood, Porcelain. Even gifts for your pets and so much more!