

Many projects to benefit Vernonia Cares Food Bank underway

Vernonia Cares Food Bank has several projects underway at this time. The Grade Schools just completed a class competition food drive and delivered a record amount of 2,150 pounds of food to Vernonia

Cares on October 31. The Vernonia Cub Scouts are spearheading a city-wide canned food drive which will culminate with a door-to-door pick up campaign November 8. Sacks of food can be left on

home's front porch for speedy pick up that day. If your food was missed in the pick-up, please call the food bank at 503-429-1414 and leave a message and your phone number so a Food Bank staff person can

arrange to pick up the food. The food bank will also leave food donation boxes at Sentry, Vernonia Hardware, True Value Hardware, Mini Mart, Vernonia 76, and Creatures Pet Store through Dec. 15. It is hoped, beside the regular canned food donations, that the community will pitch in holiday food items towards the Christmas Food Boxes. "Due to our 30% increased client load from this time last year," states Sandy Welch (local food bank director), "we've set our goal of 200 Christmas food boxes this year. More people are utilizing the food bank to offset their grocery needs during these difficult economic times. I feel confident that Vernonians, and others, will once again share to help lo-

cal households have a Christmas meal together," concludes Sandy. There is also a "turkey roundup" underway (see pg. 8). Vernonia Cares goal is to provide three days worth of groceries, once a month, to needy households in and around Vernonia. The Christmas Holiday Food Box is in addition to the regular ongoing services. Any questions may be directed to Sandy Welch by calling the Food Bank at 503-429-1414. Hours of operation are Tuesday and Thursday from 10 a.m. to 2 p.m. During other times, a message may be left on the answering machine. The Vernonia Cares Food Bank's physical address is 627 Adams Avenue (the American Legion Hall).

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Justin Caputo (foreground) in Chief Mike Cahill's plane for the ride he won, during the Salmon Festival, by dunking the Chief in the dunk tank the most times. Justin later declared the plane ride to be great fun, though he looks pretty serious in this picture.

Orchid Show & Sale scheduled

Hundreds of blooming orchids will be on display at the Fall Orchid Show and Sale, November 8-9, at the Washington County Fair Complex in Hillsboro.

In addition to orchid plants, there will be books, art and growing supplies. You may also bring your orchid from home for repotting for a nominal fee, from 11 a.m. to 4:00 p.m.

Sale hours on Saturday will be 11 a.m. to 5:00 p.m. and on Sunday from 10 a.m. to 4:00 p.m. Competitive displays will be open Saturday from 1:00 to 5:00 p.m.; Sunday from 10 a.m. to 4:00 p.m.

The show is in the Cloverleaf and Floral Buildings of the Fair Complex. Admission will be \$3.00 and parking is free.

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†To enter, visit any U.S. Bank branch, detach and put the completed entry form in the entry box or mail the completed entry form or your name and address information on a 3"x5" card to: U.S. Bank Comin' Up Roses ATM Sweepstakes, 425 Walnut Street, 4th Floor, Cincinnati, OH 45202. Limit one entry per person, per day. Sweepstakes entries must be received by 11-08-03. For rules and regulations, visit the branch or usbank.com/sweepstakes.

Lew's Place

Buy 1 Get 1 Free Breakfast

(between the hours of 8 - 11 a.m.)
with this coupon until November 30th.

Breakfast served all day

Remodeled, non-smoking, family dining room
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Mon - Sat 8 a.m. - 9 p.m. **503-429-3751**