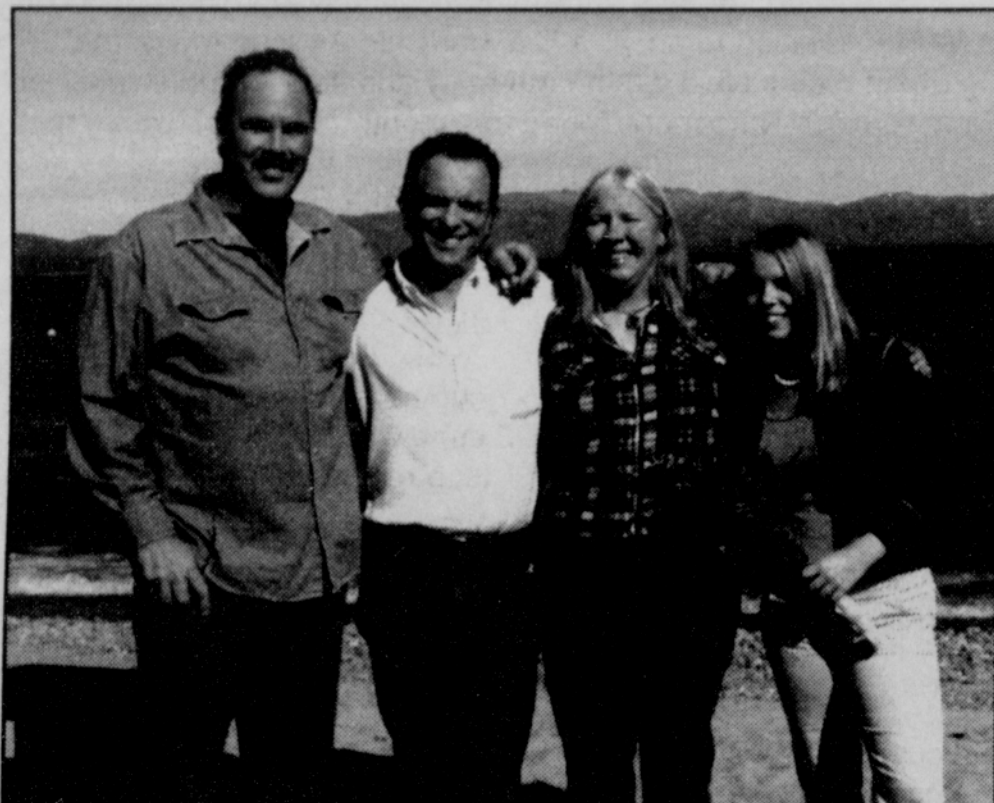


Community

Rebecca Swanson, Clark McGaugh wedding ceremony held on shore of Lake Tahoe



From left are Steve McGaugh, newlyweds Clark and Rebecca McGaugh, and Melody Lignell

Rebecca Swanson and Clark McGaugh, both of Vernonia, were married October 25, 2003, in a ceremony performed on the shore of Lake Tahoe, in Homewood, Calif.

Serving as best man was the groom's brother, Steve McGaugh of Fresno, Calif. The

bride's attendant was a niece, Melody Lignell of St. Helens.

Family members and friends from Oregon, Washington and California gathered for the celebration.

The newlyweds are both employed at *The INDEPENDENT*.

Now is time to reserve space for annual Booster Christmas bazaar

The Booster Club Holiday Bazaar is coming!! The dates of the bazaar this year are December 6, 10 a.m. to 5:00 p.m. and December 7, 12:00-5:00 p.m.

The Vernonia Booster Club would like to invite all fellow crafters to participate in the 25th annual Vernonia "Christmas in the Country" Bazaar. All profits from the rent of vendor space, plus food and beverage

sales in the cafeteria, will go to the Booster Club for to help support many activities.

Registration forms may be obtained at either Buckleberry Cottage or the Vernonia Public Library. All bazaar items must be handmade. For more information, or if you are uncertain whether your items qualify, please call Rietta Behnke at 503-429-6975 or Nona Skinner at 503-429-8401.

Senior News

By Karen Miller



Seniors rule! Seniors compose the fastest growing segment of our society, I've been told. I'm sure that listening to the guest speakers we provide here at the Center for seniors is one of the reasons why that's true! For instance, Tips on Successful Aging given by Cathy Rocinek from the Providence-Vernonia Clinic on October 22. We will be having more of these informative workshops in the future. Read this column and/or come in for dates.

There was a lot of steppin' on toes around here October 24...for foot care day, that is. Our foot care has been a very successful event. Call our office to sign up. Slots fill fast. \$15 a visit. The next foot clinic will be December 19th.

Also, call our office for a Community Action Team Direc-

tory, to see if you qualify for energy assistance, or to sign up for our Beginning Sign Language class on Mondays 10:30 - 11:30 a.m., starting Nov. 3.

We do have transportation services here from the Center. Call 429-4304 for that information.

November is National Caregivers Month. If you are an unpaid caregiver, stop by the Senior Center for a special recognition treat. **YOU DESERVE IT!!** Also, see if you qualify for some respite care for yourself.

If you haven't tried our great lunches here at the center, come and join us Mondays through Fridays, for ages 60 and up on a donation basis only.

Or, if you are homebound or know of someone who is, we also deliver Meals-on-Wheels to the local area.

The Center will be closed November 11 in honor of Veteran Day; also on November 27 and 28 for the Thanksgiving holiday.

Come in and sign up for the Thanksgiving dinner to be held November 19 at 12:00 noon.

This is always well-attended and reservations are needed.

REMEMBER:

- Pastries and bread Wednesday and Saturday mornings.
- Bingo, Mondays at lunch.
- Ladies aerobics Mondays, too, after lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Willoughby Hearing every second Friday.

Call our office for any senior needs and concerns.

INFORMATION NUMBERS

Senior Advocate... 429-9112
Senior Center..... 429-3912

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— Jim and Lita Deyoe

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