

Community

Senior News

By Karen Miller



The Vernonia Senior Center wishes to express our sympathy to the family of Zada Snook, at her passing. Zada's husband was a past President of the center and both had been active members in prior years. Zada "Grandma" Snook was truly an example of a senior who maintained her sweetness until her death at the age of 96. She will be missed by us all.

We are seeking a volunteer cook to fill in occasionally for Carol Davis on Tuesday and Thursday.

October 22 - 10:30 to 11:30 There will be a workshop here at the Center put on by our local clinic entitled "Successful Aging." Plan to come!

October 24 - Only a few slots left for foot care. We were nearly filled up last month. This is on a donation basis. Call us for an appointment.

October 27 - Five Area

Musicians wanted for Community Concert

Hands On Art will be presenting their third annual Christmas Concert in December. Local musicians are invited to join the choir, string orchestra or community band for the concert. The whole family is invited and no experience is necessary for the choir. A minimum of one year is necessary on an instrument to join the orchestra or band.

Rehearsals will begin in early October. For more information or to join, call Madeleine Gendron at 503-429-9402 or Gina Dixon 503-429-2142.

Lunch in Vernonia. All senior centers love to come to Vernonia for great fun, food and auction.

Important note: Please call us if you know of any shut-in seniors who need meals on wheels. This service is provided for seniors, 60 and up, on a donation basis only.

Are you aware of the Senior Companion Program? We have available a senior lady who will provide transportation services for shopping, doctors, etc., also in-home companion visiting, for qualifying persons.

REMEMBER:

- Pastries and bread Wednesday and Saturday mornings.
- Bingo, Mondays at lunch.
- Ladies aerobics Mondays, too, after lunch.
- Music with the Golden Oldies on Wednesdays.
- Games on Thursdays.
- Willoughby Hearing every second Friday.

Call our office for any senior needs and concerns.

INFORMATION NUMBERS

Senior Advocate... 429-9112
Senior Center..... 429-3912



Attending the 50th reunion of the VHS Class of 1953 were - Row 1: Jean Kirkbride Pruett, Mildred Thacker Graves, Darrell McKee, Larry Schaumburg; Row 2: Marylou Fredrickson Hill, Rick Fulton, Shirlee Vike Daughtry, Mike

Grady; Row 3: Ed Foester, Jack Woolard, Claude "Bud" Gibson, Mary Falkner Aldrich, David McCoy; Row 4: Ralph Berg, Bill MacDonald, Waldon Ratkie (hat), Joe Snook, Don Jepson, Bennie Gill



Care-full care...

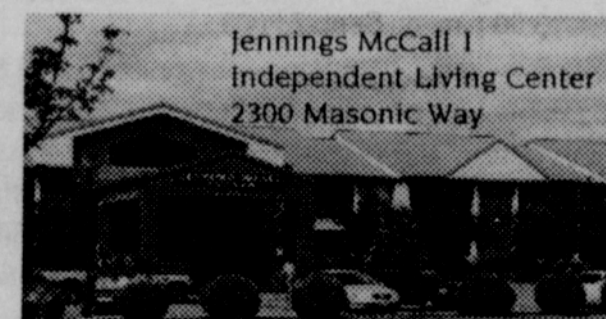
...I've had a weekly quilting class at Valley Art for over 15 years and do hardanger on Wednesdays. My extra room is dedicated to sewing. I've been at Jennings McCall for two years since my family became concerned about my living alone on a farm. I've been absolutely satisfied with my decision. I'm in excellent health, but when I need to go to the doctor, Jennings McCall's driver carefully takes me wherever I need to go."

- InaMarie Withycombe

Have you thought about the care you or your loved one may need someday?

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503-357-4133
Forest Grove



Jennings McCall I
Independent Living Center
2300 Masonic Way

Evergreen Dance Center Classes Starting Now!!



MONDAYS

3:30 Jazz Age 5 & Up
4:30 Tap Age 5 & Up

WEDNESDAYS

3:30 Ballet I Age 4-5
4:30 Ballet II Age 6-7
5:30 Ballet III Age 8-10
6:30 Ballet Adults

\$35/MONTH



Teacher: Jessica Weller Davis
Classes held at Vernonia Community Church
957 State Ave, Vernonia

To Register, Call 360-423-7410, Longview

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