

Community

Senior News

By Karen Miller



.Come on in and browse through our photo album of days past. I can attest it wasn't me snapping those photos. I turned camera shy after my last photo snapping event – after I happily snapped 40 couples' photos, I realized I had no film in my camera.

Senior Appreciation Barbecue! Everyone welcome. Aug. 22, Friday, Golden Oldies Band starts at 9:00 a.m., food served at noon. Donations of salads and pies and/or cash will be appreciated.

Welcome to Pat Orlando as our new substitute cook. She's been here before and we're glad she's back!

From Vernonia Cares President, Bill Yeo: Bill wishes to thank all who had a part in or who attended last Saturday's luau at the Scout Cabin, sponsored by Vernonia Cares, to benefit the needy in our area.

Help for senior Medicare benefits

Oregon's Senior Health Insurance Benefits Assistance (SHIBA) program wants to hear from those who believe they've been illegally turned down for Medicare supplemental insurance.

Both Oregon and federal laws guarantee Medicare beneficiaries the right to purchase a supplemental or Medigap policy in some situations outside of open enrollment periods. These are guaranteed issue rights or Medigap protections.

SHIBA, a joint federal-state program that helps Oregonians with Medicare make better health insurance decisions, is participating in a federal project

to identify guaranteed issue violations by insurers. Those with Medicare who believe their guaranteed issue rights have been violated are asked to contact SHIBA at 1-800-722-4134 (toll-free in Oregon).

SHIBA has volunteers who can help beneficiaries determine if they're eligible for benefits they aren't receiving, compare policies, file claims and appeals and complaints.

For more information, call SHIBA's toll-free line to receive a free booklet, *Oregon Consumer Guide to Medigap and Medicare + Choice Plans*, or visit the website at <www.oregonshiba.org>.

It's because of hard working community people that needs are being met. If you do caregiving, come see me here at my office, as I continue to do networking in that area for local seniors. Also, if you are in need of caregiving services, please come in or call.

A Food Handler's class will be held here at the center at 1:00 p.m. August 19. Come in or call to sign up.

Do you know any senior, 60 and over, who might need a meal delivered at home? Let us know. We do Meals-on-Wheels on weekdays.

Interested in foot care? I am in the process of setting up a time for those in need of this service – Call our office if you wish to get on the list for that day. Any donation for the Center will be appreciated in exchange.

We are here to assist you in your senior needs and concerns. Please don't hesitate to call.

INFORMATION NUMBERS

Senior Advocate... 429-9112
Senior Center..... 429-3912



Joe and Trudy Magoff obviously enjoyed the ride that came along with recognition as Vernonia's Golden Pioneers in the 2003 Friendship Jamboree parade.

City-wide Yard Sale set for September 20

The Fifth Annual Vernonia Community Yard Sale is scheduled for September 20. For more information, call Helen Bateman at 503-429-6203.



Family ties...

I have lived at Jennings McCall 10 years, and I have really been very satisfied with everything. The staff has always been exceptionally receptive. I like to read and socialize with my cousin who lives here, too!"

- Anne Laemerman

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