

Open House at Pioneer Museum

Vernonia Pioneer Museum will hold an Open House on Sunday, June 29, 1:00 to 5:00 p.m.

The Golden Oldies will providing music during the afternoon.

Donations are welcome, as are new memberships.

Volunteers are always needed and always welcome. Is there anyone who would like to spend their Friday afternoons from 1:00 to 4:00 p.m. sitting at the Museum?

Yard of the Month

For more information, call Enid Parrow at 503-429-8134.

Mark your calendars, it is Yard of the Month time again. Vernonia Pride will be accepting nominations by phone at 503-429-5201, or they can be put in the Yard of the Month box at Vernonia City Hall. June 10 is the nomination dead line for the June Yard of the Month.

Cookin' with Debbie

By Debbie Johnston



Here are some cool ideas for summertime meals. The hot days are on their way and the last thing you want to do is heat up the kitchen. These are all easy wraps that you can make in a snap.

TURKEY CLUB WRAP

1 tbs low-fat mayonnaise
2 tsp Dijon mustard
2 tbs shredded Colby cheese 2 tbs shredded Monterey Jack

1 (12 in) piece aluminum foil 1 (10 in) flour tortilla
1 cup shredded lettuce 2 tomato slices
3 oz thinly sliced turkey breast 1 slice turkey bacon, cooked
2 slices avocado 2 tbs alfalfa sprouts

In a small dish, combine mayonnaise and mustard. In another, combine cheeses.

Place flour tortilla on piece of foil; spread mayonnaise mixture over tortilla.

Scatter lettuce over mixture, topping with tomato slices.

Top with turkey slices, turkey bacon and avocado, then with grated cheeses and alfalfa sprouts.

Using foil to help, roll up tortilla, wrapping completely in foil. Refrigerate, if desired. Unwrap foil as you eat.



COBB SALAD WRAPS

2 cups cubed cooked chicken 1/2 cup green onion pieces (1/2 in)
1 med tomato, coarsely chopped 1 med avocado, peeled, pitted and coarsely chopped
2 hard-cooked eggs, coarsely chopped 1/4 cup red wine vinegar
2 tbs olive oil 1 tsp sugar
1/4 tsp salt 1/4 tsp pepper
2 tsp Dijon mustard 6 (10 in) flour tortillas
1-1/2 cups coarsely shredded fresh spinach 4 oz bleu cheese, crumbled

In a medium bowl, combine chicken, onion pieces, tomato, avocado and eggs; toss gently to mix.

In a small bowl, combine vinegar, oil, sugar, salt, pepper and mustard; mix well. Add to chicken mixture; toss to coat.

Spoon chicken mixture evenly down center of each tortilla. Top each with spinach and cheese. Fold up bottom edge of each tortilla; fold in sides.

Yields 6 sandwiches.

BURRITO BLT WRAP

2 cups bite-size pieces lettuce 1-1/2 cups shredded Cheddar cheese (6 oz)
1/3 cup mayonnaise or salad dressing 8 slices bacon, crisply cooked and crumbled
1 lg tomato, chopped (1 cup)
6 flour tortillas (8 to 10 inches on diameter)

Toss all ingredients except tortillas.

Place lettuce mixture on tortillas. Fold up bottom third of each tortilla; roll up to form a cone shape with folded end at bottom.

Yields 6 servings.

CHEESY ROAST BEEF WRAPS

1/4 cup yellow mustard
6 garden vegetable-flavored flour tortillas (8 inches in diameter)
3/4 lb thinly sliced cooked roast beef
1 cup lightly packed spinach leaves 1 med bell pepper, cut into strips

Cheesy Dipping Sauce

1 - 16 oz jar process cheese sauce or spread
2 tbs milk
4 med green onions, sliced (1/4 cup)

Combine Cheesy Dipping Sauce ingredients.

Spread 2 teaspoons mustard over each tortilla. Top with roast beef, spinach and bell pepper. Roll up tortillas. Serve with sauce.

Yields 6 servings.

BLT TORTILLA

1 cup mayonnaise 8 (8 inch) flour tortillas
1 cup sour cream 4 cups torn lettuce
1 (1 oz) envelope ranch salad dressing mix 2 med (2 cups) ripe tomatoes, chopped
1/2 tsp crushed red pepper flakes 16 slices bacon, cooked

In a small bowl, stir together all spread ingredients. Warm tortillas according to package directions. Spread each tortilla with 2 tablespoons spread. Layer each with 1/2 cup lettuce, 1/4 cup tomatoes and 2 slices cooked bacon. Bring sides of tortillas together; secure with wooden picks.

Church Directory

VERNONIA FOURSQUARE CHURCH

Pastor Paul Pastor
850 Madison Avenue
Vernonia, 503 429-1103

Sunday Worship Service: 10:30 a.m.
Children's Sunday School

Wednesdays 7:00 p.m.

Evening Service
Youth Ministry
Children's Ministry
Nursery Available

Men's Ministry 7:45 a.m.
3rd Saturday each month

VERNONIA COMMUNITY CHURCH

Grant Williams, Pastor
957 State Avenue
Vernonia, 503 429-6790

Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Children's Church w/Nursery
Sunday 6:00-7:30 p.m.

Jr. & Sr. High, AWANA, Adult Study
Nursery provided

Prayer Meeting, Wed. 7:00 p.m.
Women's Bible Study, Thurs. 7:00 p.m.

GRACE REFORMED BAPTIST CHURCH

D.J. Dickey, Pastor
Grant & North Streets
Vernonia, 503 429-1919

Sunday Services: Adult Prayer & Children's Sunday School 9:45 a.m.
Morning Worship 11:15 a.m.
Evening Worship 5:00 p.m.

Wednesday Service:
All Family Bible Study, 7:00 p.m.

ASSEMBLY OF GOD

Darwin Harvey, Pastor
662 Jefferson
Vernonia, 503 429-4615

Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 6:00 p.m.

Bible Study, Wednesday 7:00 p.m.
Youth & Kids, Thursday 7:00 p.m.

FIRST BAPTIST CHURCH

John Cahill, Pastor
359 "A" Street
Vernonia, 503 429-1161

Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.

Evening Worship
Saturday, 6:00 p.m.

NEHALEM VALLEY BIBLE CHURCH

500 California Ave
Vernonia, 503 429-5378

Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Nursery available
Wednesday Service 7:00 p.m.

ST. MARY'S CATHOLIC CHURCH

Pastoral Associate
Juanita Dennis
960 Missouri Avenue
Vernonia, 503 429-8841

Mass Schedule
Sunday 12:00 Noon
Religious Education
Sunday 10:30 a.m.

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

Lee Knowlton, Branch President
1350 E. Knott Street
Vernonia, 503 429-7151

Sacrament Meeting, Sunday 10 a.m.
Sunday School & Primary 11:20 a.m.

Relief Society, Priesthood and Young Women, Sunday 12:10 p.m.

SEVENTH DAY ADVENTIST

Kevin Reiner, Pastor, 543-2254
2nd Ave. and Nehalem St.
Vernonia, 503 429-8301

Sabbath School 9:15 a.m.
Morning Worship, 11:00 a.m.
Prayer Meeting, Wed. 7:00 p.m.

ST. AUGUSTINE (CANTERBURY) EPISCOPAL CHURCH

The Rev. Robert Grafe, Pastor
375 North St. (Vernonia Grange Hall)
Vernonia, 503 429-3700

Sunday Services 10:00 a.m.

CHRISTIAN CHURCH

Joel Stith, Pastor
410 North Street
Vernonia, 503 429-6522

Sunday School 9:30 a.m.
Morning Worship 11:00 a.m.

Every Wednesday:
Ladies' Bible Study 9:15 a.m.
Children's Choir 3:00 p.m.
Family Bible Study 6:30 p.m.

Women's Fellowship, 2nd & 4th
Wednesdays, 1:30 p.m.

BANKS CHRISTIAN ACADEMY

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503-324-4500