

New plant starts is meeting topic

Plant propagation will be the topic of the January 14 meeting of the newly formed organization of Vernonia gardening enthusiasts. Chip Bubl, OSU Extension Agent for Columbia County, has arranged to have Frances Bamford discuss propagating plants via seed and cuttings. The meeting will be held at the Vernonia Museum at 7:00 p.m.

Whether you're a gardener, or merely like smelling flowers, you are invited to join in for this first general meeting.

At the February meeting Chip Bubl will present a program on pruning.

Student Bloopers

Beethoven wrote music even though he was deaf. He was so deaf he wrote loud music. Beethoven expired in 1827 and later died for this.

Can you dig it?

By Debbie Johnston



Welcome to January, where the weather starts getting colder and the days seem so much shorter.

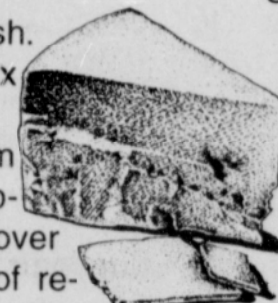
I like my meat and potatoes, but my husband loves any casserole, so here are some easy casseroles for you cooks in the family.

LAYERED CHICKEN AND BLACK BEAN ENCHILADAS

2 cups chopped, cooked chicken 2 tbs chopped, fresh cilantro
 1 - 15 oz can black beans 1 - 4.5 oz. can chopped green chiles
 1 - 10 oz can enchilada sauce
 8 - 6 inch corn tortillas 1 - 8 oz container sour cream
 6 oz (1-1/2 cups) shredded colby & Monterey jack cheese blend

Heat oven to 375 degrees. Spray 12 x 8 glass dish. Combine chicken, cilantro, black beans and chiles; mix well.

Spoon 2 tablespoons of enchilada sauce in bottom of sprayed dish. Place 4 tortillas over sauce, overlapping, as necessary. Spoon half of chicken mixture over tortillas; sprinkle with 1/2 cup cheese. Spoon half of remaining enchilada sauce and half of the sour cream randomly over cheese. Repeat layers. Cover with foil.



Bake for 30 to 35 minutes or until hot all the way through. Uncover. Sprinkle with remaining cheese, bake uncovered for 5 minutes longer. Let stand 10 minutes before serving. Serves 6.

TUNA BROCCOLI CASSEROLE

1-1/2 (6 oz) cups uncooked small pasta shells
 1 pkg (10 oz) frozen broccoli cuts, thawed
 1 can (6 oz) tuna, drained
 1 can (10-3/4 oz) condensed cheddar cheese soup
 1 soup can milk
 1 cup crushed potato chips

Heat oven to 350 degrees. Grease 2 quart casserole. Mix all ingredients except potato chips in casserole. Sprinkle with potato chips. Bake, uncovered, 30 to 40 minutes or until hot and bubbly. Serves 4

OVERNIGHT MEATBALL AND PASTA CASSEROLE

1 - 14 oz jar spaghetti sauce
 1 - 10-3/4 oz can condensed cheddar cheese soup
 1 cup water
 6-1/2 oz (3 cups) uncooked mini lasagna noodles (Mafalda)
 1 cup frozen bell pepper and onion stir-fry, large pieces cut-up
 1 - 16 oz pkg frozen Italian meatballs (I get my meatballs from Costco)
 6 oz shredded mozzarella cheese
 2 tbs chopped fresh parsley

In ungreased 12 x 8 dish, combine spaghetti sauce, soup and water; mix well. Stir in uncooked noodles and bell pepper and onion stir-fry. Add meatballs; turn to coat with sauce (noodles should be completely covered with sauce). Cover tightly with foil; refrigerate at least 8 hours or overnight.

When ready, bake, covered, for 45 minutes at 350 degrees. Uncover dish, sprinkle with cheese and parsley. Bake, uncovered for 5 to 10 minutes longer. Serves 6.

FARMER'S CASSEROLE (GREAT BREAKFAST)



3 cups frozen shredded hashbrowns
 1 cup diced, fully cooked ham
 4 eggs
 1/4 tsp pepper
 3/4 cup shredded Monterey jack cheese
 1/4 cup chopped green onions
 1 - 12 oz can evaporated milk
 1/8 tsp salt

Place potatoes in an 8 inch square pan, sprinkle with cheese, ham and onions. Beat eggs, milk, salt and pepper; pour over all. Cover and refrigerate for several hours or overnight. Remove from refrigerator 30 minutes before baking. Bake, uncovered, at 350 degrees for 55 to 60 minutes or until a knife inserted in the center comes out clean. Serves 6.

KITCHEN TIPS

To get the most juice out of fresh lemons, bring them to room temperature and roll them under your palm against the kitchen counter before squeezing.

If you accidentally over-salt a dish while it's still cooking, drop in a peeled potato; it absorbs the excess salt for an instant "fix me up."

To determine whether an egg is fresh, immerse it in a pan of cool, salted water. If it sinks, it is fresh; if it rises to the surface, throw it away.

Church Directory

VERNONIA FOURSQUARE CHURCH

Pastor Paul Pastor
 850 Madison Avenue
 Vernonia, 503 429-1103

Sunday Worship Service: 10:30 a.m.
 Children's Sunday School

Wednesdays 7:00 p.m.
 Evening Service
 Youth Ministry
 Children's Ministry
 Nursery Available

Men's Ministry 7:45 a.m.
 3rd Saturday each month

VERNONIA COMMUNITY CHURCH

Grant Williams, Pastor
 957 State Avenue
 Vernonia, 503 429-6790

Sunday School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Children's Church w/Nursery
 Sunday 6:00-7:30 p.m.
 Jr. & Sr. High, AWANA, Adult Study
 Nursery provided
 Prayer Meeting, Wed. 7:00 p.m.
 Women's Bible Study, Thurs. 7:00 p.m.

GRACE REFORMED BAPTIST CHURCH

D.J. Dickey, Pastor
 Grant & North Streets
 Vernonia, 503 429-1919

Sunday Services: Adult Prayer & Children's Sunday School 9:45 a.m.
 Morning Worship 11:15 a.m.
 Evening Worship 5:00 p.m.

Wednesday Service:
 All Family Bible Study, 7:00 p.m.

ASSEMBLY OF GOD

Darwin Harvey, Pastor
 662 Jefferson
 Vernonia, 503 429-4615

Sunday School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 6:00 p.m.

Bible Study, Wednesday 7:00 p.m.
 Youth & Kids, Thursday 7:00 p.m.

FIRST BAPTIST CHURCH

John Cahill, Pastor
 359 "A" Street
 Vernonia, 503 429-1161

Sunday School 9:45 a.m.
 Morning Worship 11:00 a.m.

Evening Worship
 Saturday, 6:00 p.m.

NEHALEM VALLEY BIBLE CHURCH

500 California Ave
 Vernonia, 503 429-5378

Sunday School 10:00 a.m.
 Morning Worship 11:00 a.m.

Nursery available
 Wednesday Service 7:00 p.m.

ST. MARY'S CATHOLIC CHURCH

Pastoral Associate
 Juanita Dennis
 960 Missouri Avenue
 Vernonia, 503 429-8841

Mass Schedule
 Sunday 12:00 Noon
 Religious Education
 Sunday 10:30 a.m.

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

Lee Knowlton, Branch President
 1350 E. Knott Street
 Vernonia, 503 429-7151

Sacrament Meeting, Sunday 10 a.m.
 Sunday School & Primary 11:20 a.m.

Relief Society, Priesthood and Young Women, Sunday 12:10 p.m.

SEVENTH DAY ADVENTIST

Kevin Reiner, Pastor, 543-2254
 2nd Ave. and Nehalem St.
 Vernonia, 503 429-8301

Sabbath School 9:15 a.m.
 Morning Worship, 11:00 a.m.
 Prayer Meeting, Wed. 7:00 p.m.

ST. AUGUSTINE (CANTERBURY) EPISCOPAL CHURCH

The Rev. Robert Grafe, Pastor
 375 North St. (Vernonia Grange Hall)
 Vernonia, 503 429-3700

Sunday Services 10:00 a.m.

CHRISTIAN CHURCH

Joel Stith, Pastor
 410 North Street
 Vernonia, 503 429-6522

Sunday School 9:30 a.m.
 Morning Worship 11:00 a.m.

Every Wednesday:
 Ladies' Bible Study 9:15 a.m.
 Children's Choir 3:00 p.m.
 Family Bible Study 6:30 p.m.

Women's Fellowship, 2nd & 4th Wednesdays, 1:30 p.m.