

Vernonia Cares earns Fred Meyer Foundation grant

Vernonia Cares has received a community grant totaling over \$2,200 from The Fred Meyer Foundation.

"The Fred Meyer Foundation was particularly impressed by the successful track record of Vernonia Cares and its pro-

grams," Mary Loftin, vice president of community relations for Fred Meyer and executive director of The Fred Meyer Foundation, said. "We hope this community grant will help Vernonia Cares continue the important work it is doing to enrich the health of the community. We are proud to be part of the Vernonia community and are committed to helping where we can."

The Foundation's community grant program is driven by 32 local Advisory Committees made up of local Fred Meyer employees who research nonprofit organizations in their communities and then award community grants. Deb Giberson is the advisory committee member from the Scappoose store.

The Fred Meyer Foundation assists nonprofit organizations dedicated to helping children and reducing hunger in communities served by Fred Meyer stores.

For more information, call 1-800-858-9202, ext. 5605.



Deb Giberson, left and the director of the Scappoose Fred Meyer, hand-delivered a generous \$2200 donation to Joel Stith and Sandy Welch, president and director, respectively, of Vernonia Cares.



Have a delightful holiday season that's filled with laughter and fond feelings for all.

From all the crew at
BRIDGE STREET MINI MART
Matt & Celice, Aaron, Alauna, Alice, Amy, Anna, Crystal, Janice, Mary, Melinda, Sue, Toni, Wendy

'Tis the season to be jolly, so take a few precautions to keep your holidays happy!



Don't let that glow in the sky be your home. Play it safe with these precautions. Remember, fire only needs a chance — don't give it one.

- Keep matches well out of reach of children.
- Be sure your smoke alarm is working properly.
- Don't place your tree near a fireplace or heater.
- Makeshift ladders are the number one cause of injury during the holiday season. Be careful what you stand on.

- Check your Christmas lights for frayed or exposed wires, loose connections or broken sockets before you put them up.
- Make sure your tree is securely anchored in a tree stand and kept well watered.
- Don't use indoor Christmas lights or extension cords outside.
- Don't overload circuits or have too many plugs in one socket.
- Turn off and unplug all Christmas lights, indoors and out, before going to bed.
- Use flame-resistant or non-flammable decorations. If they are not labeled flame-resistant, don't buy them!
- Have a fire extinguisher in your home at all times.



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